জাতীয় শিক্ষাক্রম ২০১২

ইসলাম ও নৈতিক শিক্ষা

ষষ্ঠ-দশম শ্রেণি

জাতীয় শিক্ষাক্রম ও পাঠ্যপুস্তক বোর্ড

জাতীয় শিক্ষাক্রম ২০১২

ইসলাম ও নৈতিক শিক্ষা

ষষ্ঠ-দশম শ্রেণি

জাতীয় শিক্ষাক্রম ও পাঠ্যপুস্তক বোর্ড

জাতীয় শিক্ষাক্রম ২০১২

উন্নয়ন ও তত্ত্বাবধান

জাতীয় শিক্ষাক্রম ও পাঠ্যপুস্তক বোর্ড
৬৯-৭০ মতিঝিল বাণিজ্যিক এলাকা, ঢাকা ১০০০।

আর্থিক ও কারিগরি সহযোগিতা

সেকেন্ডারি এডুকেশন সেক্টর ডেভেলপমেন্ট প্রজেক্ট
মাধ্যমিক ও উচ্চশিক্ষা অধিদপ্তর, শিক্ষাভবন, ঢাকা ১০০০।

প্রকাশকাল
ডিসেম্বর ২০১২

মুদ্রণে : নাহিদ এড. এন্ড প্রিন্টিং, ৯৯৩/৯৯৪ নয়াপল্টন, মতিঝিল, ঢাকা- ১০০০

w`b e`‡ji A½xKvi ciY Ges 2021 mv‡ji g‡a¨ evsjv‡`k‡K GKwU ga¨g Av‡qi †`‡k cwiYZ Kivi cavb Dcvq `ÿ Rbkw³ ˆZwi Kiv| wkÿvi gva¨‡g Zv m¤e weavq miKvi gvbm¤úb wkÿv wbwðZ Kivi j‡ÿ¨ megn‡ji wbKU MnY‡hvM¨ GK hMvšKvix wkÿvbxwZ cYqb K‡i| RvZxq wkÿvbxwZ 2010 ev¯evq‡bi mewaK ¸iæZcY c`‡ÿc n‡"Q G wkÿvbxwZ Abmv‡i †`‡ki wkÿve¨e¯vi ¸YMZ cwieZb mvab| G †cwÿ‡Z RvZxq wkÿvµg I cvV¨c¯K †ewW cPwjZ wkÿvµg Dbq‡bi D‡`¨vM MnY K‡i|

wkÿvµg Dbqb GKwU Pjgvb cwµqv| ivóxq `kb I Av`k, BwZnvm I ms¯wZ, mgKvjxb Rxe‡bi Pwn`v, weÁvb I chw³ BZ¨w` †ÿ‡Î Ávb I `ÿZv AR‡bi avivewnKZv eRvq ivL‡Z wkÿvµg cwigvRb I Dbqb K‡i wkÿv e¨e¯vq MwZ mÂvi Ki‡Z nq| gva¨wgK ¯‡ii cPwjZ wkÿvµg 1995 mv‡j cYxZ nq| G `xN mg‡q RvZxq Rxe‡bi wewfb †ÿÎ Ges Ávb-weÁv‡bi RM‡Z e¨vcK cwieZb mwaZ n‡j I wkÿvµg Dbqb bv nIqvq Gi cwZdjb Avgv‡`i wkÿv e¨e¯vq Av‡m wb| ZvB wkÿvµg Dbqb mg‡qi `we|

RvZxq wkÿvbxwZ 2010 Gi wfwË‡Z wkÿvµ‡gi i¡c‡iLv cYqb Kiv nq| wkÿvµg i¡c‡iLv PovšKi‡Yi j‡ÿ¨ †`‡ki cw_Zhkv wkÿwe`, ew×Rxex I Ab¨vb¨ DcKvi‡fvMx‡`i mgš‡q GKwU RvZxq Kgkvjvi Av‡qvRb Kiv nq| G Kgkvjvq cvß gZvgZ I mcwi‡ki Av‡jv‡K Ges c‡qvRbxq ms‡kvab mv‡c‡ÿ RvZxq wkÿvµg mgšq KwgwU (Gbwmwmwm) KZK wkÿvµg i¡c‡iLv Ab‡gw`Z nq| wkÿvµ‡gi Ab‡gw`Z i¡c‡iLv Abhvqx wkÿvµg Dbqb cwµqvi wewfb avc AbmiY K‡i lô †_‡K Aóg †kwYi 17wU Ges beg I `kg †kwYi 27wU wel‡qi wkÿvµg Dbqb Kiv n‡q‡Q| wkÿvµg Dbq‡bi Rb¨ welqwfwËK KwgwU MVb Kiv nq| G mKj KwgwU‡Z welq we‡klÁ, wkÿK cwkÿK, †kwYwkÿK I wkÿvµg we‡klÁMY KvR K‡i‡Qb|

mv¤úwZK Kv‡ji A‡bK ¸iæZcY welq I welqe¯, †hgb: Z_¨ I †hvMv‡hvM chw³, Kg I RxebgLx wkÿv, K¨wiqvi wkÿv, Rjevq cwieZb I Avgv‡`i KiYxq, eqtmwÜKvj I cRbb ¯v¯¨, bvix Dbqb bxwZgvjv BZ¨w` wkÿvµ‡g Ašf³ Kiv Kiv n‡q‡Q| cwigvwRZ wkÿvµ‡gi †PZbvi g‡a¨ avivi Kiv n‡q‡Q gnvb gw³h‡×i †ciYv, Av`k I gj¨‡eva| wkLb-†kLv‡bv Kvhµg I avivewnK gj¨vq‡bi †ÿ‡Î I cwieZb Avbv n‡q‡Q| gL¯ Kivi cwie‡Z ÔK‡i †kLvÕi Dci †Rvi †`Iqv n‡q‡Q| mRbkxjZv weKv‡ki cvkvcwk wkÿv_x‡`i ˆbwZK gj¨‡eva, mZZv, †`k‡cg I †bZ‡Zi ¸Yvewj AR‡bi Dci ¸iæZv‡ivc Kiv n‡q‡Q| m‡evcwi G ¯‡ii wkÿv‡K Rxe‡bi c‡ek Øvi wnmv‡e we‡ePbv K‡i KgRxe‡b c‡e‡k c‡qvRbxq †hvM¨Zv AR‡bi Dc‡hvMx K‡i wkÿvµg Dbq‡bi cqvm Pvjv‡bv n‡q‡Q|

†m‡KÛwi GW‡Kkb †m±i †W‡fjc‡g›U c‡R± wkÿvµg Dbq‡b Aww_K I KwiMwi mn‡hwMZv c`vb Kivq cKí KZcÿ‡K ab¨ev` Rvbw"Q| wkÿvµg Dbq‡b welqwfwËK wkÿvµg Dbqb KwgwU Qvov I Gbwmwmwm, c‡dkbvj KwgwU, †UKwbK¨vj KwgwU, †fwUs KwgwU Ges mwweK mgšq KwgwU wbijmfv‡e KvR K‡i‡Qb| G mKj KwgwUi mKj m`m¨‡K RvbvB AvšwiK KZÁZv|

Avkv KiwQ, DbqbKZ wkÿvµg ev¯evq‡bi gva¨‡g †`‡k Ávb, weÁvb I chw³‡Z `ÿ, GKB m‡½ ˆbwZK gj¨‡eva, RbM‡Yi cwZ k×vkxj I `vqe× Ges gw³h‡×i †PZbvq DØ× GK bZb cRb¥ M‡o DV‡e| G bZb cRb¥ †`‡ki Dbqb I AMMwZ‡Z ZvrchcY Ae`vb ivL‡Z mÿg n‡e e‡j Avkv KiwQ|

c‡dmi †gvt †gv¯dv KvgvjDwÏb
†Pqvig¨vb
RvZxq wkÿvµg I cvV¨c¯K †ewW, XvKv|

mwPcÎ

µg	welqe¯	côv b¤i
1.	gLeÜ	i
2.	mPbv	1
3.	wkÿvµg Dbq‡bi †hŠw³ KZv	1
4.	wkÿvµg Dbq‡b AbmZ g‡Wj	2
5.	wkÿvµg Dbq‡b AbmZ cwKqv	2
6.	RvZxq wkÿvµg 2012 Gi ˆewkó¨	7
7.	wkÿvµ‡gi i¡c‡iLv	7
8.	wkLb †kLv‡bv c×wZ I †KŠkj	10
9.	wkÿv_x gj¨vqb	15
10.	wkÿvµg Dbq‡b mswkó KwgwU	19
11.	Bmjvg I ˆbwZK wkÿv wkÿvµg	61

1. mPbv

1.1 h‡_wPZ cecwiKíbv cYqb Ges Gi mô ev¯evq‡bi Dci wbfi K‡i †h‡Kv‡bv Kvhµ‡gi mdjZv| wk¶v Kvhµ‡gi Gi¡c ce-cwiKíbvB wk¶vµg| wk¶v_x‡`i AvMn, ceYZv, mvg_¨, AwfÁZv I wkLb Pwn`vi mv‡_ Ges mgvR, †`k I AvšRwZK cwiw¯wZ we‡ePbvq †i‡L cYxZ nq wb‡`ó wk¶vµg| †K, †Kb, Kx, wKfv‡e, Kvi mn‡hvMZvq, Kx w`‡q, †Kv_vq, KZ mgq a‡i wkL‡e Ges hv wkLj wKfv‡e Zv hvPvB Kiv hv‡e Gme c‡ki DËi wk¶vµ‡g _v‡K| wk¶vi j¶¨, D‡Ïk¨, wkLbdj, welqe¯, wkLb-†kLv‡bv Kvhµg I gj¨vqb wb‡`kbv-GmeB wk¶vµ‡gi cwZcv`¨ welq| wk¶vµ‡gi wfwË‡ZB cYxZ nq cvV¨c¯K I Ab¨vb¨ wkLb-†kLv‡bv mvgMx Ges cwiPwjZ nq wkLb-†kLv‡bv Kvhµg| Gme cYq‡bi wb‡`kbvI _v‡K wk¶vµ‡g| wk¶vµg‡K wk¶v Kvhµg ev¯evq‡bi bxj-bKkv ejv n‡q _v‡K|

1.2 wk¶vµg GKwU Pjgvb cwµqv| G cwµqvq avivewnK cwiex¶‡Yi gva¨‡g Pjgvb wk¶vµ‡gi mejZv-`ejZv I Dc‡hvMZv wbYq Kiv nq| mg‡qi mv‡_ mgv‡Ri cwieZb NU‡Q, ZvQvov Ávb-weÁvb I chw³i `‡Z cwieZb n‡"Q| Gm‡ei d‡j wkLb Pwn`vI cwiewZZ n‡"Q| G Rb¨ c‡qvRbxq cwigvRb I bevq‡bi gva¨‡g wk¶vµg h‡Mvc‡hvMx ivLv Avek¨K| Avevi Ggb mgq Av‡m hLb c‡iv‡bv wk¶vµg cwigvRb K‡i mg‡qi Pwn`v ciY m¤e nq bv, ZLb bZb wk¶vµg cYqb Ki‡Z nq| RvZxq wk¶vbxwZ ev¯evq‡bi Rb¨I bZb wk¶vµg Dbqb Ki‡Z nq| G cwi‡cw¶‡Z RvZxq wk¶vµg 2012 cYq‡bi c`‡¶c MnY Kiv n‡q‡Q|

2. wk¶vµg Dbq‡bi †hŠw³KZv

2.1 gva¨wgK ¯‡ii eZgvb wk¶vµg 1995 mv‡j cYxZ| Gici `xN mg‡q RvZxq I AvšRwZK cwigÊ‡j mvgwRK, mvs¯wZK, A_‰bwZK I ivR‰bwZK wewfb †¶‡Î we‡kl K‡i Ávb-weÁvb, Z_¨ I †hvMv‡hvM chw³i †¶‡Î e¨vcK cwieZb N‡U‡Q| cwieZ‡bi mv‡_ mv‡_ wk¶v_x‡`i wkLb-Pwn`v `‡Z cwiewZZ n‡"Q| G Pwn`vbhvqx wk¶v‡K h‡Mvc‡hvMx Kivi Rb¨ wk¶vµg Dbqb Acwinvh n‡q `wo‡q‡Q|

2.2 gva¨wgK ¯‡ii cPwjZ wk¶vµ‡gi Dci **Ôgva¨wgK ¯‡ii wk¶vµg gj¨vqb I Pwn`v wbi¡cYÕ** kxlK cwiPwjZ M‡elYvi djvd‡j wk¶vµ‡gi A‡bK `ejZv, Am½wZ I mgm¨v wPwýZ n‡q‡Q| G wk¶vµg AwZgvÎvq ZË I Z_¨ msewjZ hv wkÿv_x‡K gL¯ Ki‡Z DrmwnZ K‡i| cPwjZ wkÿvµ‡g AbmÜvb, mgm¨v mgvav‡bi †hvM¨Zv ARb, nv‡Z-Kj‡g KvR K‡i †kLvi Ges mRbkxj I D™vebx ¶gZv weKv‡ki m‡hvM mxwgZ| wk¶v_x‡`i ˆbwZK I gvbweK ¸Yvejx weKv‡ki m‡hvMI Kg| c‡qvRbxq welq Ges welqe¯ †hgb- Z_¨ I †hvMv‡hvM chw³, Rjevqi cwieZb I KiYxq, eqtmwÜKvj I cRbb ¯v¯¨, Rvjwb wbivcËv BZ¨vw`i cwZdjb LeB mxwgZ| ZvQvov gvZfvlv evsjv Ges AvšRwZK fvlv Bs‡iwR wkLb-†kLv‡bvi †¶‡Î †kvbv, ejv, cov, †jLv Gme `¶Zv wkL‡bi Rb¨ wkÿvµ‡g ¸‡Z c`vb Kiv n‡jI ev¯evq‡b G¸‡jv h_vh_ ¸‡Z cvq wb| wkÿv_x‡`i‡K KggLx Kivi †ÿ‡Î wkÿvµ‡gi Ae`vb m‡švlRbK bq| bevqbKZ wk¶vµ‡gi Gme mxgve×Zv KwU‡q DVvi c‡Póv †blqv n‡q‡Q|

2.3 RvZxq wk¶vbxwZ 2010 evsjv‡`‡ki wk¶v‡¶‡Î GKwU gvBjdjK| RvZxq wk¶vbxwZ 2010 Abmv‡i wk¶vi gva¨‡g h‡Mvc‡hvMx Rbkw³ Dbq‡bi Rb¨ c‡qvRb wk¶vµ‡gi Dbqb Ges Gi h_vh_ ev¯evqb| RvZxq wk¶vbxwZ 2010 Gi ev¯evq‡bi mewaK ¸iæZcY c`‡¶c n‡"Q G wk¶vbxwZ Abmv‡i wk¶ve¨e¯vi ceZb Ges Gi Rb¨ c‡qvRb †m Abmv‡i wk¶vµg Dbqb|

2.4 evsjv‡`‡ki i¡cKí 2021 Gi j¶¨ n‡"Q wWwRUvj evsjv‡`k M‡o †Zvjv Ges †`k‡K ga¨g Av‡qi †`‡k cwiYZ Kiv| wWwRUvj evsjv‡`k Mov Ges ga¨g Av‡qi †`‡k cwiYZ Kivi cavb Dcvq n‡"Q wk¶vi gva¨‡g h‡_vch³ Rbkw³ mwó Kiv| Avi wk¶vi gva¨‡g Zv Kivi Rb¨ c‡qvRb Dc‡hvMx wk¶vµg|

2.5 GKwesk kZvãxi wk¶vi Rb¨ MwVZ AvšRwZK wk¶v Kwgkb wi‡cvU 'Learning: The Treasure Within' G gva¨wgK wk¶v‡K Rxe‡b c‡ekØvi 'gateway to life' wnmv‡e wPwýZ Kiv n‡q‡Q| Gi A_ KgRxe‡b c‡e‡ki c‡qvRbxq †hvM¨Zv gva¨wgK wk¶vi gva¨‡g ARb| G †hvM¨Zv AR‡bi Rb¨ cwZ‡e`‡b wk¶vi PviwU ¯¤ wPwýZ Kiv n‡q‡Q| ¯¤mgn n‡"Q-Rvbvi Rb¨ †kLv, KvR Kivi Rb¨ †kLv, wg‡jwg‡k _vKvi Rb¨ †kLv Ges weKwkZ nIqvi Rb¨ †kLv| Gme ¯¤ ev¯evq‡bi gva¨‡g GKwesk kZvãxi Dc‡hvMx Rbkw³ mwói Rb¨ c‡qvRb †m Abmv‡i wk¶vµg Dbqb|

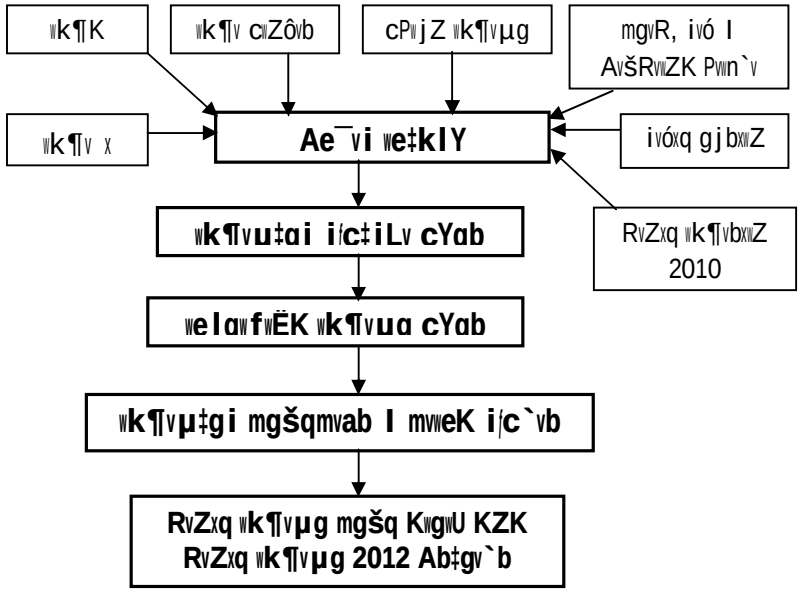
3. wk¶vµg Dbq‡b AbmZ g‡Wj

D‡Ïk¨-wkLbdj g‡Wj (Objective Model) Abmv‡i RvZxq wk¶vµg 2012 Dbqb Kiv n‡q‡Q| GwU‡K djwfwËK g‡Wj I (Product Model) ejv nq| G g‡Wj Abmv‡i wk¶vi j¶¨ I mvaviY D‡Ïk¨ wbaviY **K‡i D‡Ïk¨ ARb Dc‡hvMx welq I welqwfwËK D‡Ïk¨ wbaviY Kiv nq|** welqwfwËK D‡Ïk¨ AR‡bi Rb¨ ¯iwfwËK cwšK wkLbdj wbaviY Kiv nq| cwšK wkLbdj‡K †kwYwfwËK wkLbd‡j wefvRb Kiv n‡q‡Q| †kwYwfwËK wkLbdj‡K e×eËxq, Av‡eMxq I g‡bv‡cwkR-G wZb fv‡M wefvRb Kiv n‡q‡Q| †kwYwfwËK wkLbdj‡K wfwË K‡i †kwY Dc‡hvMx welqe¯, wkLb-†kLv‡bv Kvhµg I gj¨vqb †KŠkjmn hveZxq wk¶v Kvhµg wbaviY Kiv nq| AvR‡Ki we‡k eû †`k D‡Ïk¨wfwËK g‡Wj Abmi‡Y wk¶vµg Dbqb K‡i _v‡K|

4. wk¶vµg Dbq‡b AbmZ cwµqv

†m‡KÛwi GW‡Kkb †m±i †W‡fjc‡g›U c‡R± (GmBGmwWwc) Gi KwiMwi I Aw_K mnvqZvq Ges RvZxq wk¶vµg I cwV¨c¯K †ewW (GbwmwUwe) Gi mwPeK ZËveav‡b GmBGmwWwc Gi wk¶vµg we‡klÁe›`, GbwmwUwe-Gi wkÿvµg kvLvi KgKZve›` Ges wbewPZ RvZxq chv‡qi wk¶vµg we‡klÁ, welq we‡klÁ, wk¶vwe`, wk¶K wk¶vq we‡klÁ I AwfÁ †kwYwk¶‡Ki mgš‡q MwVZ wewfb KwgwU wk¶vµg Dbqb K‡ib| wk¶vµg Dbq‡b †bZZ I wb‡`kbv c`vb K‡ib GmBGmwWwci RvZxq wk¶vµg civgkK| wk¶vµg Dbqb cwµqvi wewfb chv‡q m¤úwK`Z Kv‡Ri msw¶ß weeiY Dc¯vcb Kiv n‡jv:

cevn wP‡Î RvZxq wk¶vµg Dbqb cwµqv



4.1 Ae¯vi we‡klY

4.1.1 gva¨wgK ¯‹‡ii cPwjZ wk¶vµg chv‡jvPbv

GmBGmWwci wk¶vµg we‡klÁe›` 2008 mv‡j gva¨wgK ¯‹‡ii (wbg-gva¨wgK I gva¨wgK) wk¶vµg chv‡jvPbv K‡ib| †hŠw³K chv‡jvPbvi gva¨‡g wk¶vµ‡gi Îæw¨U-weP¨wZ Ges wk¶v_x‡`i wkLb Pwn`v ci‡Y wk¶vµ‡gi Dc‡hvMZv hvPvB Kiv nq| GB chv‡jvPbvi djvdj bZb wk¶vµg Dbq‡b we‡ePbvq ivLv nq|

4.1.2 cPwjZ wk¶vµ‡gi gj¨vqb

GmBGmWwci wk¶vµg we‡klÁMY Ôgva¨wgK ¯‹‡ii wk¶vµg gj¨vqb I Pwn`v wbi¶cY mgx¶v 2010Õ kxlK GKwU M‡elYv cwiPvjbv K‡ib| G mgxÿvi gva¨‡g wk¶vµ‡gi mej I `ej w`K, ev¯evq‡bi cwZeÜKZv I cwigvR‡bi †¶Îmgn wPwýZ Ges wk¶v_x‡`i wkLb-Pwn`v wbi¶cY Kiv nq|

4.1.3 RvZxq wk¶vbxwZ 2010

RvZxq wk¶vbxwZ 2010-G D‡jwLZ wk¶v msµvš bxwZmgn we‡kl K‡i gva¨wgK wk¶v m¤úwKZ avivmgn chv‡jvPbv K‡i bZb wk¶vµg Dbq‡bi wfZ ˆZwi Kiv nq| wk¶vbxwZi wfwË‡ZB cPwjZ mKj avivi (mvaviY, gv`vmv, Bs‡iwR) wk¶v‡K wbw`ó chvq chš mgwšZ I GKgLx wk¶vµ‡gi AvIZvq Ašf³ Kivi c`‡¶c †blqv nq| G e¨e¯vq me ai‡bi wk¶v cwZôv‡b c_g †_‡K Aóg †kwY chš GKB wk¶vµg Abmv‡i wk¶v Kvhµg cwiPwjZ n‡e|

4.1.4 AvšRwwZK chv‡qi wk¶vµg chv‡jvPbv

mgmvgwqK we‡ki wbewPZ K‡qKwU †`‡ki- fviZ, kxj¼v, gvj‡qwkqv, wm½vci, A‡÷wjqv (A½ivR¨), h³ivR¨ (A½ivR¨) Ges KvbWvi (A½ivR¨) wk¶vµg chv‡jvPbv Kiv nq| Gme †`‡ki wk¶ve¨e¯vi we‡kl K‡i wk¶vµ‡gi we‡kl w`Kmgn chv‡jvPbv K‡i evsjv‡`‡ki cwiw¯Z‡Z G‡`i Dc‡hvMZv hvPvB Kiv nq|

4.1.5 cvmw½K cwZ‡e`b, ceÜ I gZvgZ chv‡jvPbv

†`‡k-we‡`‡k cKwkZ wk¶v m¤úwKZ we‡kl K‡i wk¶vµg welqK cwZ‡e`b, ceÜ I gZvgZ chv‡jvPbv Kiv nq| G¸‡jvi g‡a¨ D‡jL‡hvM¨ K‡qKwU n‡"Q- GKwesk kZvãxi wk¶v m¤úwKZ AvšRwwZK wk¶v Kwgk‡bi cwZ‡e`b UNESCO (1996) ÔLearning: The Treasure Within; O'Neill, Geraldine (2010) 'Programme Design: Overview of Curriculum Models'; Marsh, C.J (1997) 'Perspective Key Concepts for Understanding Curriculum'; Sheehan, John (1986) Curriculum Models: Product versus Process, Smith, P.L (1993) Instructional Design, Macmillan; RvZxq wk¶vµg I cvV¨c¯K †ewW cwiPwjZ (2012) wbggva¨wgK, gva¨wgK I D"Pgva¨wgK chv‡qi wk¶vµg, wk¶K cwk¶Y wk¶vµg I cvV¨c¯‹K †RÛvi ms‡e`bkxjZv chv‡jvPbv kxlK cwZ‡e`b, Rjevq cwieZb I `‡hvM, ZvgvK wbqšY, UNICEF (2009) cwiPwjZ ÔRxeb `¶ZwfwËK wk¶vÕ|

ZvQvov evsjv‡`‡ki wewfb cKí, miKwi I †emiKwi cwZôvb Ges ms¯v wk¶vµ‡g Ašf³i Rb¨ 31wU cwZ‡e`b Rgv †`q| Gme cwZ‡e`b chv‡jvPbv K‡i mswkó wel‡q c‡qvRbxq cvmw½K welqe¯ ms‡hvR‡bi e¨e¯v †blqv nq| 31wU cwZ‡e`‡bi g‡a¨ D‡jL‡hvM¨ K‡qKwU n‡"Q- Rjevq cwieZb, Z_¨ cwßi AwaKvi, Lv`¨-cwó, cRbb ¯v¯¨, GBPAvBwf-GBWm, we‡kl Pwn`vm¤úb wkï BZ¨vw`|

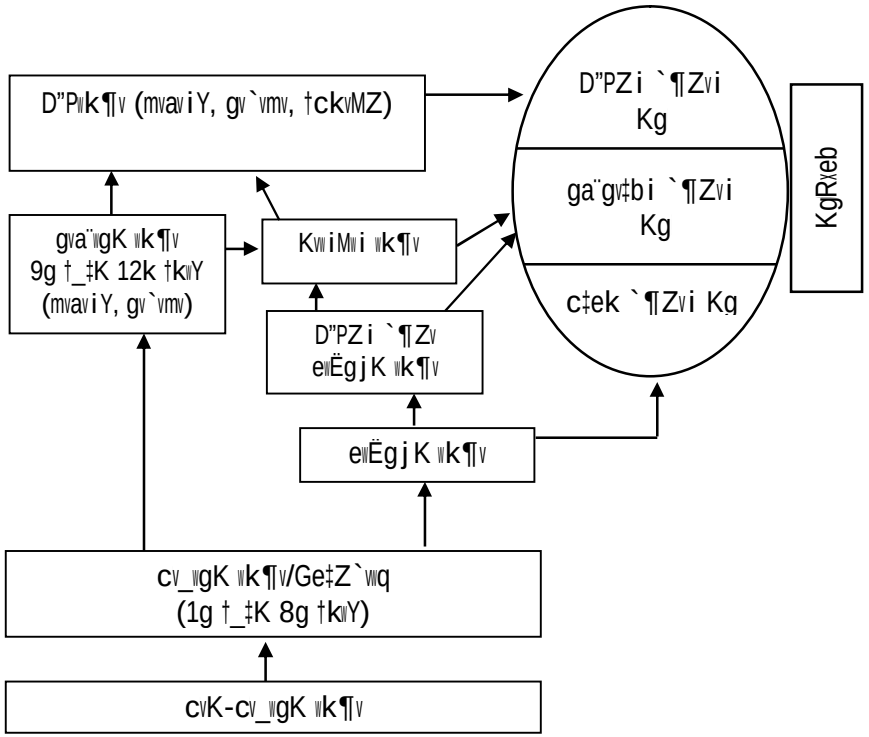
4.2 wk¶vµ‡gi i¶c‡iLv cYqb

Ae¯vi we‡klY †_‡K jä AwfÁZv I djvd‡ji wfwË‡Z GmBGmWwci wk¶vµg we‡klÁe›` RvZxq civgk‡Ki wb‡`kbvq wk¶vµg Dbq‡bi bxwZgvjv Ges wewfb chv‡qi wk¶v Kvhµg mgvßKvix‡`i wk¶vq AMmiY cevn wPÎ wbavi Y K‡ib| Gm‡ei Dci wfwË K‡i wk¶vµ‡gi i¶c‡iLv cYqb Kiv nq|

4.2.1 wk¶vµg Dbq‡bi bxwZgvjv

- gnvb fvlv Av‡›`vjb I gw³h‡×i †PZbv Ges Amv¤c`wqK gj¨‡ev‡ai wfwË‡Z †`k‡cg weKv‡ki m‡hvM mwó
- ˆbwZKZv I gvbweK gj¨‡eva weKv‡ki Dci ¸iæZ c`vb
- Abmwürmv, mRbkxj I D™vebx ¶gZv e×i m‡hvM c`vb
- weÁvbgb¯‹ I KggLx Kivi Dci ¸iæZ Av‡ivc
- AvaywbK chw³ e¨envi‡ii †hvM¨Zv AR‡bi m‡hvM mwó
- ZwwËK Áv‡bi mv‡_ ev¯egLx I c‡qvMgLx wk¶vi m‡hvM e×
- Rxeb`¶Zv AR‡bi m‡hvM mwó
- me ai‡bi ˆelg¨ Aemv‡bi j‡¶¨ gvbewaKv‡ii Dci ¸iæZ c`vb
- wekvq‡bi Pwn`v Abmv‡i gvbem¤ú` mwói Dci ¸iæZ c`vb

4.2.2 **wk¶v Kvhµg mgvßKvix‡`i AMmiY cevn wPÎ**



RvZxq wk¶vbxwZ 2010 Gi wfwË‡Z Aw¼Z AMmiY cevn wPÎvbmv‡i 8eQi †gqw` eva¨ZvgjK I A‰eZwbK cv_wgK wk¶v †kl K‡i †gav I ceYZvi wfwË‡Z wk¶v_x‡`i GKwU Ask Pvi eQi †gqw` gva¨wgK wk¶vq Ges Ab¨ AskwU ewËgjK wk¶vq c‡ek Ki‡e| gva¨wgK wk¶v †k‡l Zviv D”P wk¶vq hv‡e| Z‡e gva¨wgK chv‡qi c_g `ÂeQi †k‡l †KD †KD KwiMwi wk¶vq hv‡e| ewËgjK wk¶v mgvßKvix‡`i GKwU Ask c‡ek `¶Zvi KgRxe‡b c‡ek Ki‡e, Ab¨iv D”PZi `¶Zvi ewËgjK wk¶v MnY Ki‡e| GB wk¶v †k‡l wKQ msL¨K wkÿv_x KwiMwi wk¶vq hv‡e Ges Ab¨iv ga¨gv‡bi `¶Zvi KgRxe‡b c‡ek Ki‡e| KwiMwi wk¶v †k‡l †KD †KD D”P wk¶vq (c‡Kŝkj) hv‡e, †KDev ga¨gv‡bi `¶Zvi Kg Rxe‡b c‡ek Ki‡e| D”Pwk¶v †k‡l D”PZi `¶Zvi KgRxe‡b c‡ek Ki‡e| Gfv‡e wewfb Ávb I `¶Zv wb‡q Zviv KgRxeb ïi“ Ki‡e|

4.2.3 wk¶vµg Dbq‡bi wbawiZ bxwZgvjv I wk¶v Kvhµg mgvßKvix‡`i wk¶vq AMmiY wPÎ‡K mwµq we‡ePbvq †i‡L wk¶vµ‡gi Lmov i¡c‡iLv cYqb Kiv nq| Lmov i¡c‡iLwU RvZxq wk¶vµg civgkK I wk¶vµg we‡klÁM‡Yi †ek KqwU Af¨šixY mfvq chv‡jvPbv I cwigvRb Kiv nq| Gfv‡e cwigvRZ i¡c‡iLv `ÛwU RvZxq †mwgbv‡i (25 AvM÷ 2010 Ges 23 †de«qvwi 2011) Dc¯vcb I chv‡jvPbv Kiv nq| Gme †mwgbv‡i RvZxq chv‡qi wk¶vµg we‡klÁ, welq we‡klÁ, wk¶vwe`, wk¶K-wk¶vq we‡klÁ, wk¶v ckvmK, †kwYwk¶K AskMnY K‡ib| G †mwgbv‡i gnvb RvZxq msm‡`i K‡qKRb gvbbxq msm` m`m¨ I RvZxq chv‡qi †ek K‡qKRb †bZe› mwµq AskMnY K‡i gZvgZ c`vb K‡ib| †mwgbvi †_‡K cvß mcwik we‡ePbvq †i‡L i¡c‡iLwU cwigvRb Kiv nq| cwigvRZ i¡c‡iLwU RvZxq wk¶vµg I cvV¨c¯K †ewW Ges RvZxq wk¶vµg mgšq KwgwU KZK Ab‡gw`Z nq| (wk¶vµg i¡c‡iLv 6b¤i Ab‡”Q‡` ms‡hvwRZ)

4.2.4 wk¶vµ‡gi i¡c‡iLvq Ašf³ welqmgn n‡”Q wk¶vi j¶¨ I mvaviY D‡Ïk¨, ¯‹wfwËK wbewPZ welq, welqwfwËK b¤i I mvßvwnK wcwiqW msL¨v, wkÿve‡li Kgw`em I QwUi ZwjKv, wcwiq‡Wi e¨vwß, RvZxq w`emmg‡n KiYxq BZ¨w`|

4.3 **welqwfwËK wk¶vµg Dbqb**

wk¶vµ‡gi i¡c‡iLvi wfwË‡Z cwZwU wel‡qi wk¶vµg Dbq‡bi Rb¨ RvZxq chv‡qi wk¶v we‡klÁ, welq we‡klÁ, AwfÁ †kwYwk¶K I Gbwmwe‡Z KgiZ we‡klÁM‡Yi mgš‡q cwZwU wel‡qi Rb¨ 5 †_‡K 8 m`m¨ wewkó GKwU K‡i Kwgwk¶v gšYvjq KZK MVb Kiv nq| cwZwU welq Kwgw‡Z mgšqKvix wnmv‡e `wqZ cvjb K‡ib GmBGmwWci GKRb wk¶vµg we‡klÁ|

4.3.1 welqwfwËK wk¶vµg Dbqb Kwgwmgn‡K wZbwU `‡j fvM K‡i cwZ `j‡K wk¶vµg Dbqb wel‡q wbweo cwk¶Y †`lqv nq| cwk¶‡Yi cavb wZbwU †¶Î n‡"Q (K) wk¶vµ‡gi i¡c‡iLv cwiPwZ I wk¶vµg Dbq‡bi bwZgvjv (L) wk¶vµg Dbqb cwµqv Ges wk¶vµg Dbq‡bi wbawiZ QK I Gi e¨envi (M) QKwfwËK nv‡Z Kj‡g bgbv wk¶vµg Dbqb Ges chv‡jvPbv|

4.3.2 cwk¶‡Y cvi¯úwiK Avjvc-Av‡jvPbvi gva¨‡g welqwfwËK wk¶vµg Dbq‡b wbgwjwLZ †mvcvb Abmi‡Yi wm×vš †blqv nq:
(K) fwgKv (wel‡qi ms¶ß cwiPq) (L) D‡Ïk¨ (mvaviY D‡Ïk¨vewji Av‡jv‡K wel‡qi D‡Ïk¨vewj) (M) cwšK wkLbdj (welqwfwËK D‡Ïk¨vewj ARb Dc‡hvMx wbawiZ ¯i †k‡l ARb‡hvM¨ wkLbdj|) QK-1 G cwšK wkLbd‡ji †kwYwfwËK wefvRb Ges QK-2 G †kwYwfwËK wkLbdj, Aa¨vq I wciqvW msL¨v, Aa¨vqwfwËK welqe¯, wkLb-†kLv‡bv wb‡`kbv, gj¨vqb wb‡`kbv I cvV¨c¯K cYqb wb‡`kbv| †h‡nZ beg-`kg †kwY I GKv`k-Øv`k †kwY A‡e"Q`¨ †kwY, †m‡nZ G `ÛwU chv‡qi wk¶vµg Dbq‡b QK-1 G †kwYwfwËK wkLbdj wefvR‡bi c‡qvRb nq wb|

4.3.3 cwZwU welqwfwËK Kwgwk¶v wbe¨vcx wbawiZ msL¨K mfvq wgwjZ n‡q wbawiZ Q‡K wk¶vµ‡gi Lmov cYqb K‡ib| Gici GKB ai‡bi welq¸‡"Qi welqwfwËK Kwgwkmgn I wk¶vµg civgk‡Ki †hŠ_ mfvq Lmov wk¶vµg Dc¯vcb I chv‡jvPbv Kiv nq| welq Kwgwk¶v †m Abmv‡i wk¶vµg cwigvRb K‡ib|

4.3.4 GKB ai‡bi welqmgn wb‡q PviwU `j MVb K‡i cwZwU `‡ji AvewmK Kgkvjv Kwgjv ev‡W (BARD) AbwôZ nq| welq Kwgwki m`m¨e›`, mswkó †fwUs Kwgwk¶v I m¤úv`bv Kwgwki m`m¨e›`, wk¶v gšYvjq KZK MVZ wk¶vµg Dbqb welqK †UKwbK¨vj Kwgwki m`m¨e›` G Kgkvjvq AskMnY K‡ib| G Kgkvjvq welqwfwËK wk¶vµg Dc¯vcb I chv‡jvPbv Kiv nq| chv‡jvPbvi Av‡jv‡K mswkó Kwgwk¶v wkÿvµ‡gi c‡qvRbxq cwigvRb K‡ib|

4.3.5 cieZx‡Z mKj wk¶vµ‡gi Rb¨ mvaviY Ask ˆZwi Kiv nq| G Askwk¶v c‡e c¯ZKZ wk¶vµ‡gi i¡c‡iLv I welqwfwËK wk¶vµgmg‡ni mv‡_ mgšq K‡i cY½ i¡c`vb Kiv nq|

4.3.6 Gici cYxZ wk¶vµg wefvMxq Kgkvjvq Dc¯vcb I chv‡jvPbv Kiv nq| Kgkvjvq welq-wk¶KMY `jMZfv‡e ¯ ¯ wel‡qi wk¶vµg wbweofv‡e chv‡jvPbv K‡i mwb`ó mcwik iv‡Lb| Kgkvjvi G mcwi‡ki Av‡jv‡K welq Kwgwk¶v cwigvRb K‡i mwweK i¡c`vb K‡ib|

4.3.7 mwweK wk¶vµgwU †UKwbK¨vj Kwgwk¶v KZK cwigvR‡bi ci wk¶v gšYvjq KZK MVZ c‡dkbvj Kwgwk¶v I RvZxq wk¶vµg I cvV¨c¯K †ewW KZK Ab‡gv`b jv‡fi ci wk¶vµgwU ÔRvZxq wk¶vµg 2012Õ wnmv‡e MnxZ nq|

4.4 **wk¶vµg Dbq‡b we¯fb chv‡qi Kvhµg**

chvq	Kvhµg	Dbqb/cYqbKvi xe›`
1. Ae¯vi we‡klY	1.1 gva¨wgK ¯‡ii cPwjZ wk¶vµg chv‡jvPbv 1.2 gva¨wgK ¯‡ii wk¶vµg gj¨vqb I Pwn`v wbi¦cY mgx¶v 2010 cwiPvjbv 1.3 RvZxq wk¶vµg 1995-96 we‡klY 1.4 AvšRwZK chv‡qi wk¶vµg chv‡jvPbv 1.5 cvmw½K cwZ‡e`b, ceÜ I gZvgZ chv‡jvPbv	1.1 GmBGmwWwci wk¶vµg we‡klÁe›` 1.2 GmBGmwWwci wk¶vµg we‡klÁe›` 1.3 GmBGmwWwci wk¶vµg we‡klÁe›` 1.4 GmBGmwWwci wk¶vµg we‡klÁe›` Ges RvZxq wk¶vµg civgkK 1.5 GmBGmwWwci wk¶vµg we‡klÁe›` Ges RvZxq wk¶vµg civgkK
2. wk¶vµ‡gi i¦c‡iLv cYqb	2.1 wk¶vµg Dbq‡bi bxwZgvjv wbavi Y 2.2 wk¶v Kvhµg mgvßKvix‡`i AMmiY cevn wPÎ cYqb 2.3 wk¶vµ‡gi i¦c‡iLv cYqb	2.1 wk¶vµg civgk‡Ki wb‡`kbvq GmBGmwWwci wk¶vµg we‡klÁe›` 2.2 wk¶vµg civgk‡Ki wb‡`kbvq GmBGmwWwci wk¶vµg we‡klÁe›` 2.3.1 wk¶vµg civgk‡Ki wb‡`kbvq GmBGmwWwci wk¶vµg we‡klÁe›` 2.3.2 `ÖwU RvZxq †mwgbv‡i AskMnYKvixe›`

chvq	Kvhµg	Dbqb/cYqbKvi xe›`
3. welqwfwËK wk¶vµg Dbqb	3.1. wk¶vµg Dbq‡bi Dci wbweo cwk¶Y c`vb 3.2. welqwfwËK wk¶vµg Dbqb	3.1. wk¶vµg civgkK I †UKwbK¨vj Kwgwu 3.3.1 wk¶v we‡klÁ, welq we‡klÁ, AwfÁ †kwY wk¶K, Gbwmwu we GmBGmwWwci we‡klÁM‡Yi mgš‡q MwVZ welqwfwËK wk¶vµg Dbqb Kwgwu, wb‡`kbvq RvZxq wk¶vµg civgkK 3.3.2 wefvMxq Kgkvjvq AskMnYKvix welq wk¶K I GmBGmwWwci wk¶vµg we‡klÁe›` 3.3.3 †UKwbK¨vj Kwgwu
4. wk¶vµ‡gi mgšq mvab I Ab‡gv`b	4.1. wk¶vµ‡gi mvgwMKfv‡e c‡hvR¨ Ask ˆZwi I mKj As‡ki mgš‡q RvZxq wk¶vµg 2012 i¦c`vb Ges 4.2. wk¶vµg Ab‡gv`b	4.1.1 wk¶vµg civgkK I GmBGmwWwci wk¶vµg we‡klÁe›` 4.1.2 †UKwbK¨vj Kwgwu 4.1.3 †fwUs Kwgwu 4.1.4 c‡dkbvj Kwgwu 4.1.5 Gbwmwu we 4.2 RvZxq wk¶vµg mgšq Kwgwu

5. RvZxq wk¶vµg 2012 Gi ^ewkó¨

5.1 mvavi Y, gv`vmv I Bs‡iwR wk¶vavivmn mKj avivi wk¶vi Rb¨ Aóg †kwY chš GKgLx I Awfb wk¶vµg cYqb|

5.2 Z_¨ I †hvM‡hvM chw³, Kg I RxebgLx wk¶v Ges K¨wiqvi wkÿv ms‡hvR‡bi cvkvcwk cPwjZ mvgwRK weÁvb wel‡qi cwie‡Z evsjv‡`k I wekcwiPq welq ms‡hvRb|

5.3 Rjevq cwieZb, cRbb ¯v¯¨, Z_¨ AwaKvi, AwURg BZ¨w` welqe¯ ms‡hvRb|

5.4 6ô †_‡K 10g †kwY‡Z Hw"QK welq wnmv‡e Ô¶` b‡MvôxI fvlv I ms¯wZô welq ms‡hvRb|

5.5 h‡Mi Pwn`vbmv‡i mKj ¯‡ii cPwjZ welqw`i welqe¯ AvaywbKvqb Ges GKv`k-Øv`k †kwY‡Z Hw"QK welq wnmv‡e U¨wiRg GÛ nmwcUvwjU bZb welq ms‡hvRb|

5.6 ag wk¶vmn mKj wel‡q ^bwZK wk¶vi Dci ¸i‡Z c`vb|

5.7 fvlv Av‡›`vjb I gw³h‡×i †PZbv Ges Amv¤c`wqK †PZbv weKv‡ki gva¨‡g †`kvZ‡eva I RvZxq HK¨ weKv‡ki Dci ¸i‡Z c`vb| †`kvZ‡eva weKv‡ki gva¨‡g AvšRwZKZv‡eva miói cqvm|

5.8 weÁvbgb¯‹, hw³ev`x, KggLx I `¶ Rbkw³ miói Dci ¸i‡Z Av‡ivc|

5.9 gvZfvlv evsjv Ges AvšRwZK fvlv Bs‡iwR wk¶vq welqe¯ gL¯ Kivi cwie‡Z †kvbv, ejv, cov I †jLv G PviwU `¶Zv †kwYK‡ÿ Abkxj‡bi gva¨‡g †kLvi m‡hvM mió Ges AwRZ `ÿZv gj¨vq‡bi c×wZ ceZb|

5.10 wkLb-†kLv‡bv †KŠk‡ji gva¨‡g wkÿv_x‡`i‡K mRbkxj Kiv A_vr we‡klYgjK, wPšv DÏxcK I mRbkxj c‡kvËi I KvR Abkxj‡bi gva¨‡g mRbkxj I D™vebx ¶gZvi weKv‡ki m‡hvM c`vb|

5.11 †hme wel‡q e¨enwiK KvR Av‡Q †hgb- weÁvb, c`v_weÁvb, imvqb, RxeweÁvb, Kwlwk¶v, Mvn¯‹weÁvb, kvixwiK wkÿv I ¯v¯¨, Kg I RxebgLx wkÿv, Z_¨ I †hvMv‡hvM chw³, Pvi‡ I Kvi‡Kjv wel‡qi ZwËK I e¨enwiK As‡ki g‡a¨ mgšq mvab Ges wk¶v‡K Rxeb I ev¯egLx Kivi cqvm| A_vr cwZwU ZË, mÎ I bwZ wk¶vi mv‡_ mv‡_ e¨enwiK Kivi m‡hvM c`vb|

5.12 nv‡Z Kj‡g K‡i †kLv I `jMZ Av‡jvPbv K‡i †kLvi Dci ¸i‡Z c`vb|

5.13 †kwY Kvhµ‡g chw³i e¨envi ew×|

5.14 wk¶v‡K Rxeb I ev¯egLx Kivi cqvm Ges †`kxq †cÿvc‡U Dbqbÿg Rbkw³ miói Dci ¸i‡Z c`vb|

5.15 Aa¨vq †_‡K Kx Kx Ávb, `¶Zv, gj¨‡eva I `wófw½ ARb Ki‡e Zv ew×ewËK, g‡bv‡cwkR I Av‡eMxq wkLbdj wnmv‡e cwZwU Aa¨v‡qi ï¡‡Z ms‡hvRb|

5.16 wk¶vi gva¨‡g mecKvi ^elg¨ `i K‡i mgZv wea‡bi m‡hvM mió| wj½, ag, eY, RwZ, †ckvMZ I A_‰bwZK ^elg¨ `i Kivi j‡¶¨ GKxfZ wk¶vq ¸i‡Z c`vb|

5.17 wekvq‡bi Pwn`v Abmv‡i gvbem¤ú` miói cqvm|

5.18 cwZ wcwiq‡Wi e¨wß ew×, Aa¨vqwfwËK wcwiqW wbaviY, wkÿve‡I Kgw`e‡mi msL¨v ew×|

5.19 RvZxq w`emmg‡n ¯‹j †Lvjv †i‡L w`em D`hvc‡bi e¨e¯v ceZb|

5.20 avivewnK gj¨vq‡bi (MVbKvjxb gj¨vqb) gva¨‡g wkLb `ejZv wPwýZ K‡i wbivgqgjK †mevi gva¨‡g wkLb wbwðZKiY|

5.21 cPwjZ e¨enwiK cixÿv i ms¯wi mva‡bi gva¨‡g AwZwi³ b¤Ÿi c`v‡bi m‡hvM eÜ Kiv|

5.22 mvgwóK gj¨vqb/mvgwqK cix¶v I cvewjK cix¶v c×wZi ms¯vi|

6. wk¶vµg i‡c‡iLv

6.1 **lô-Øv`k †kwYi wk¶vi j¶¨ I D‡Ïk¨**

j¶¨

wk¶v_xi mwieK weKv‡ki gva¨‡g gvbweK, mvgwRK I ^bwZK ¸Ym¤úb Ávbx, `¶, hw³ev`x I mRbkxj †`k‡cwgK Rbm¤ú` mió|

D‡Ïk¨

K. wk¶v_xi mß cwZfv I m¤vebv weKv‡ki gva¨‡g mRbkxjZv, Kíbv I AbmwÜrmv ew×‡Z mnvqZv Kiv|

L. wk¶v_xi g‡a¨ gvbweK ¸Yvewj, †hgb- ^bwZK gj¨‡eva, mZZv, Aa¨emvq, mwnòZv, k•Ljv, AvZ‡ekvm, m`vPvi, A‡b¨i cwZ k×v‡eva, bv›`wbKZv‡eva, †mŠnv`¨cY m¤úK I b¨vqwePvi‡eva m`pfv‡e Mw_Z Kiv|

M. gnvb fvlv Av‡›`vjb, gw³h‡×i †PZbv I Amv¤c`wqK gj¨‡ev‡ai Av‡jv‡K wk¶v_xi g‡a¨ †`k‡cg, RvZxqZv‡eva I MYZwšK gj¨‡eva RvMZ Kiv Ges m¤vebvgq bvMwiK wnmv‡e †e‡o DV‡Z mnvqZv Kiv|

N. wk¶v_xi g‡a¨ evsjv‡`k m¤ú‡K mmsnZ Áv‡bi wfZ iPbv Z_v Gi BwZnvm, HwZn¨, ms¯wZ, Av_-mvgwRK I MYZwšK ivR‰bwZKPPvi cwZ AvMn I †hvM¨Zv miói gva¨‡g ^ewkK †c¶vc‡U †`‡ki cMwZ I Dbq‡b Ae`vb ivL‡Z m¶g K‡i M‡o †Zvjv|

O. k‡gi ghv`v, Kv‡Ri Af¨vm I KvR Ki‡Z AvMnx nIqvi cwZ BwZevPK g‡bvfve weKwkZ Kiv hv‡Z wk¶v_x e¨w³MZ Ges `jMZ Dfq ai‡bi KvR m¤úv`‡b ^bwZKZv I `wqZkxjZvi cwiPq w`‡Z cv‡i|

P. mKj †¶‡Î KvhKi †hvM‡hvM i¶vq wk¶v_xi cwgZ evsjv fvlvi `¶Zv m`p I mmsnZ Kiv Ges wbqwgZ cvVvf¨vm M‡o †Zvjv|

Q. evsjv mwn‡Z¨i AšÍbwnZ bv›`wbK †mŠ›`h, k•Ljv Ges mL¨ Dc‡fvM I D`NvU‡b wk¶v_xi †hvM¨Zv weKwkZ Kiv|

R. AvaywbK Kg‡¶Î, D”Pwk¶vmn mKj †¶‡Î KvhKi †hvMv‡hv‡Mi c‡qvR‡b Bs‡iwR fvlvi †gŠwjK `¶Zvmgn AR‡bi gva¨‡g wk¶v_x‡K †hvM¨ K‡i M‡o †Zvjv|

S. wk¶v_x‡K MwYwZK hw³, c×wZ I `¶Zvi mv‡_ cwiwPZ Kiv‡bv Ges RxebNwbô I we‡ki cwicwkK mgm¨v mgvav‡bi Rb¨ MwY‡Zi cv‡qvwMK `¶Zv weKwkZ Kiv|

T. wk¶v_x‡K chw³i cwZ AvMnx K‡i †Zvjv Ges Z_¨ I †hvMv‡hvM chw³ e¨envi‡i AvZ¥ekvmx, Drcv`bkxj Ges mRbkxj wnmv‡e ˆZwi Kiv|

U. wk¶v_x hv‡Z Rxebgvb Dbq‡bi Rb¨ RxebNwbô we‡fb mgm¨v AbmÜvb I mgvav‡b ˆeÁvwbK cwµqv I c×wZ c‡qvM Ki‡Z cv‡i †m j‡¶¨ ˆeÁvwbK `wófw½ I †hvM¨Zv AR‡b mnvqZv Kiv|

V. †`‡k Ges ewnwe‡ki cvKwZK I mvgvwRK cwi‡ek Ges Rjevqi cwieZ‡bi Dci ¸i‡Zv‡ivc K‡i cwi‡ekMZ Dcv`vb m¤ú‡K wk¶v_x‡`i cwiwPZ Kiv| GKB mv‡_ mswkó mK‡ji Kj¨v‡Yi Rb¨ H mKj Dcv`vb‡K wbqšÍ I e¨envi Kivi †hvM¨Zv AR‡b mnvqZv Kiv|

X. Lv`¨ I cwó, kvixwiK m¶gZv, †ivM-e¨wa, cRbb ¯v¯¨ Ges e¨w³MZ wbivcËv BZ¨vw`i Dci ¸i‡Zv‡ivc K‡i wk¶v_x‡K ¯v¯¨m¤§Z RxebhvcbœZ c‡qvRbxq Ávb, Rxeb`¶Zv I `wófw½ AR‡b mnvqZv Kiv|

W. wk¶v_xi g‡b wbR wbR agxq wekvm I gj¨‡eva RvMZ Kivi cvkvcvwk Ab¨ ag I agvej¤x‡`i cwZ k×vkxj n‡Z mnvqZv Kiv|

Y. wk¶v_xi g‡a¨ evOvwj Ges ¶` RwZ-†MvôxbvixcixI, eY, †MvÎ, fvlv, ms¯wZ, wewfb †kwY I †ckvi gvb‡li cwZ åvZZ I k×v‡eva mwó Kiv|

Z. wk¶v_xi ^`wnK I gvbwmK weKv‡ki j‡¶¨ mnwk¶vµwgK Kvhvewj- †Ljvajv, kixiPPv, ms¯wZK KgKvÊ, Pvix I Kvix‡Kjv Abkxj‡bi wbqwgZ Af¨vm M‡o †Zvjv|

_. Rxebe¨vcx wk¶vq AvMnx I †hvM¨ Kivi Rb¨ wk¶v_xi e¨w³MZ I mvgvwRK Rxeb, AvaywbK Kg‡¶Î Ges ¯-Kgms¯v‡bi Rb¨ c‡qvRbxq Ávb, `¶Zv I `wófw½ m`p Kiv|

`. mn‡hvMZvgjK KvR Kivi gva¨‡g wk¶v_xi †bZZ, mn‡hvMZv I †hvMv‡hvM `¶Zv weKv‡k mÿg Kiv|

6.2 **welq KvVv‡gv:**

lô †_‡K Aóg †kwYi welq KvVv‡gv, b¤i I mgq eÈb

	mKj avivi Avewk¨K welq (mvaviY wk¶v, gv`vmv wk¶v I Bs‡iwR wk¶v aviv)	cix¶vi b¤i	mgqeÈb (Kvm wcwiqW)		
			mvßvwnK	mvgwqK	ewlK
1.	evsjv	150	5	87	174
2.	Bs‡iwR	150	5	87	174
3.	MwYZ	100	4	70	140
4.	evsjv‡`k I wekcwiPq	100	3	53	106
5.	weÁvb	100	4	70	140
6.	Z_¨ I †hvMv‡hvM chw³	50	2	35	70
	†gvU	**650**	**23**	**402**	**804**
	mvaviY wk¶v avivi Avewk¨K welq				
7.	**ag I ˆbwZK wk¶v:** Bmjvg I ˆbwZK wk¶v/wn›`ag I ˆbwZK wk¶v/wLóag I ˆbwZK wk¶v/te‰×ag I ˆbwZK wk¶v	100	3	53	106
8.	kvixwiK wk¶v I ¯v¯¨	50	2	35	70
9.	Kg I RxebgLx wk¶v	50	2	35	70
10.	Pvix I Kvix‡Kjv	50	2	35	70
	†gvU	**250**	**9**	**158**	**316**
	mvaviY avivi Hw”QK welq (GKwU †blqv hv‡e)				
11.	¶` b‡MvôxbvixcixI, ms¯wZ/Kwlwk¶v/ Mvn¯¨weÁvb/Avivwe/ms¯‹Z/cwj	100	2	35	70
	me‡gvU	**1000**	**34**	**595**	**1190**

`óe¨:

- c_g wcwiq‡Wi e¨vwß 60wgwbU I Ab¨vb¨ wcwiq‡Wi e¨vwß 50wgwbU|
- kwbevi †_‡K eaevi cwZw`b 6wcwiqW Ges en¯úwZevi 4wcwiqW|
- ^`wbK cvwb¤K mgv‡ek (Assembly) Gi †gqv` 15wgwbU Ges 3q wcwiqW ci ga¨vý wewZ 45wgwbU|
- `B wkd‡U cwiPwjZ cwZôv‡b me †¶‡Î 5wgwbU K‡i mgq Kg n‡e Ges ga¨vý wewZ 25wgwbU|

6.3 **mvavi Y wk¶v avivi beg-`kg †kwYi welq-KvVv‡gv, b¤i I mgq eÈb**

wel‡qi aib	welq	ci¶vi b¤i	mgqeÈb (Kvm wcwiqW)		
			mvßvwnK	mvgwqK	ewlK
Avewk¨K	1. evsjv	200	5	80	160
	2. Bs‡iwR	200	5	80	160
	3. MwYZ	100	4	64	128
	4. ag I ^bwZK wk¶v (Bmjvg I ^bwZK wk¶v/ wn›`ag I ^bwZK wk¶v/ wLóag I ^bwZK wk¶v/ †eŠ×ag I ^bwZK wk¶v)	100	2	32	64
	5. Z_¨ I †hvMv‡hvM chw³	50	2	32	64
	6. K¨wiqvi wkÿv	50	1	16	32
	7. kvixwiK wk¶v, ¯v¯'weÁvb I †Ljvajv	100	2	32	64
	†gvU	**800**	**21**	**336**	**672**
kvLvwfwËK welq					
weÁvb kvLvi Rb¨ Avewk¨K welq	8. c`v_weÁvb	100	3	54	108
	9. imvqb	100	3	54	108
	10.RxeweÁvb/D"PZi MwYZ	100	3	54	108
	11.evsjv‡`k I wekcwiPq	100	3	54	108
weAvb kvLvi Hw"QK welq (GKwU †blqv hv‡e)	12. RxeweAvb/D"PZi MwYZ/ ¶`b‡MvôxifvIv I ms¯'wZ/KwlwK¶v/ Mvn¯'weÁvb/ f‡Mvj I cwi‡ek/ Pvi‡ I Kvi‡Kjv/ msMxZ/†ewmK †UW/ kvixwiK wkÿv I µxov*	100	3	54	108
	me‡gvU	**1300**	**36**	**606**	**1212**
e¨emvq wkÿv kvLvi Rb¨ Avewk¨K welq	8. e¨emvq D‡`¨vM	100	3	54	108
	9. wnmveweAvb	100	3	54	108
	10.wdb¨vY I e¨vswKs	100	3	54	108
	11. weÁvb	100	3	54	108

wel‡qi aib	welq	ci¶vi b¤i	mgqeÈb (Kvm wcwiqW)		
			mvßvwnK	mvgwqK	ewlK
e¨emvq wk¶v kvLvi Hw"QK welq (GKwU †blqv hv‡e)	12. f‡Mvj I cwi‡ek/ evsjv‡`k I wekcwiPq/ KwlwK¶v/Mvn¯'weÁvb/ ¶`b‡MvôxifvIv I ms¯'wZ/Pvi‡ I Kvi‡Kjv/ msMxZ/†ewmK †UW	100	3	54	108
	me‡gvU	**1300**	**36**	**606**	**1212**
gvbweK kvLvi Rb¨ Avewk¨K welq	**7.** evsjv‡`‡ki BwZnvm I wekmf¨Zv	100	3	54	108
	9. f‡Mvj I cwi‡ek	100	3	54	108
	10. A_bxwZ/†cŠibxwZ I bvMwiKZv	100	3	54	108
	11. weÁvb	100	3	54	108
gvbweK kvLvi Hw"QK welq (GKwU †bqv hv‡e)	12. A_bxwZ/†cŠibxwZ I bvMwiKZv/Pvi‡ I Kvi‡Kjv/KwlwK¶v /Mvn¯'weÁvb/¶` b‡MvôxifvIv I ms¯'wZ/ Avivwe/ms¯'wZ/cwj/ msMxZ/†ewmK †UW /kvixwiK wkÿv I µxov*	100	3	54	108
	me‡gvU	**1300**	**36**	**606**	**1212**

`óe¨:

- weÁvb, gvbweK I e¨emvq wk¶v kvLv n‡Z †h‡Kv‡bv GKwU kvLv wbevPb K‡i wbevwPZ kvLvi Avewk¨K welqmgn wb‡Z n‡e|
- mßv‡n 6w`b ^`wbK 6wcwiqW Kvm n‡e|
- wcwiq‡Wi e¨wß I Ab¨vb¨ welq lô †_‡K Aóg †kwYi Abi¡c n‡e|
- * **kvixwiK wkÿv I µxov welqwU ïa evsjv‡`k µxov wkÿv cwZôv‡bi weÁvb kvLv I gvbweK kvLvi wkÿv_xiv Hw"QK welq wnmv‡e wb‡Z cvi‡e|**

7. wkLb-†kLv‡bv c×wZ I †KŠkj

wk¶vµ‡gi mô ev¯evq‡bi gva¨‡g wk¶v_xi wkLb wbwðZKiY A_vr wkLbdj ARb cavbZ `ÛwU wel‡qi Dci wbfikxj| me‡P‡q ¸i‡ZcYwU n‡"Q †kwYwk¶‡Ki mwµq mn‡hwMZv I h‡_vch³ wkLb-†kLv‡bv c×wZ I †KŠk‡ji mô c‡qvM Ges wØZxqwU n‡"Q gvbm¤§Z cvV¨c¯K I Ab¨vb¨ wk‡¶vcKi‡Yi mwVK e¨envi| Dfq †¶‡ÎB wk¶‡Ki fwgKv AZ¨š ¸i‡ZcY| GK K_vq wk¶v_xi wkLb wbwðZKi‡Yi †¶‡Î wk¶‡Ki †P‡q DËg Avi wKQ †bB| GLv‡b we‡klfv‡e D‡jL¨ †h, A‡bK KwVb I RwUj KvR hv Kivi Rb¨ A‡bK kg I mgq c‡qvRb Zv h‡_vPZ c×wZ I †KŠkj c‡qv‡M mn‡R I Kg mg‡q mwVKfv‡e m¤úb Kiv m¤e| wk¶v_xi wkLb wbwðZKi‡Yi †¶‡Î I G wbqg c‡hvR¨| wk¶K ce c¯wZ wb‡q Kg cwik‡g Ges A‡c¶vKZ Kg mg‡q h‡_vPZ c×wZ I †KŠkj c‡qv‡M wk¶v_xi wkLbdj ARb wbwðZ Ki‡Z cv‡ib|

7.1 wk¶v_xi wkLb wbwðZ Kivi wel‡q K‡qKwU K_v

7.1.1 wkLb-†kLv‡bv cwµqvq wk¶v_xi mwµqZv LeB ¸i‡ZcY| mwµqZvi `ÛwU †¶Î-gvbwmK mwµqZv I ^`wnK mwµqZv| gvbwmK mwµqZv A_vr wk¶YxqwelqwK mnR I gZ K‡i Dc¯vcb K‡i welqwU‡K ¯úó aviYv †`lqv hvq| GKwU †QvU MvQ †kwY‡Z c`kb K‡i Mv‡Qi wewfb Ask ev gwëwgwWqvq mhMnY †`Lv‡j hZ mn‡R mwVK aviYv jvf m¤e Ab¨ †Kv‡bvfv‡e Zv m¤e bq| gwëwgwWqv e¨envi‡Yi m‡hvM bv _vK‡j P›`, cwiex I m‡hi Awfbq ev PvU e¨envi Kiv hvq|

7.1.2 gvbl GK ai‡bi Kv‡R `xN mg‡q g‡bv‡hvM w`‡Z cv‡i bv| wkï‡`i †¶‡Î g‡bv‡hvM †`lqvi e¨wß eq¯‹‡`i †P‡q Kg| wewfb M‡elYvq †`Lv †M‡Q, 12 †_‡K 16 eQi eqmx wkï‡`i †¶‡Î G e¨wß 8 †_‡K 10 wgwbU, ZvI Avevi wbfi K‡i KvRwU KZUv AvKlYxq Ges Avb›``vqK| AZGe †kwY Kvhµg n‡e ^ewPÎ¨cY| Av‡jvPbv, `jMZ KvR, Mí, †jLv, AvKv, weZK, Awfbq, nv‡Z-Kj‡g KvR, c‡kvËi, c`kb BZ¨w` cv‡Vi mv‡_ m½wZ †i‡L c‡qvM Kiv n‡j wk¶v_xi g‡bv‡hvM a‡i ivLv m¤e|

7.1.3 c‡Z¨K e¨w³B ¯ZŠ (every individual is a unique)| wk¶v_x‡`i †¶‡Î Zv †ewk we‡ePbvi `we iv‡L| c‡Z¨K wk¶v_x Zvi wb‡Ri g‡Zv K‡i wbR MwZ‡Z †k‡L| ZvB e¨w³¯vZ‡š¨i K_v we‡ePbvq †i‡L h_vm¤e wk¶v_xi Dc‡hvMx Dcv‡q mn‡hwMZv †`lqv n‡j wk¶v_xi c‡¶ wk¶vjvf mnR nq|

7.1.4 wk¶v‡K ejv nq ÔeK cwµqvÕ| e‡Ki Dci eK ¯vcb K‡i weivU BgviZ ^Zwi Kiv nq| GKBfv‡e Rvbv AwfÁZv, Ávb, `¶Zvi Dci wfwË K‡i bZb Ávb, `¶Zv I gj¨‡eva AR‡b mn‡R mnvqZv †`lqv hvq| ZvB wk¶v_xi Rxeb †_‡K Dcgv, D`vniY w`‡q Ges cejä Ávb, `¶Zvi mv‡_ ms‡hvM ¯vcb K‡i bZb Ávb, `¶Zv AR‡b mnvqZv Kiv n‡j wk¶v jvf mnR nq|

7.1.5 wk¶v_xiv hv wkL‡e Zv e‡S wkL‡e| †Kv‡bv welq m¤ú‡K m¯úó aviYv jvf Ki‡e| bv e‡S gL¯ Kiv h_v_ wk¶v bq| G‡Z wkL‡bi mÂvjb nq bv| e‡S wkL‡j ev †Kv‡bv mgm¨v mgvav‡bi hw³ I c×wZ e‡S c‡qvM Ki‡j Abi¡c mgm¨vi mgvavb wb‡RB Ki‡Z cv‡i| ZvB gL‡¯i †P‡q eSvi Dci ¸i‡Z †`lqv c‡qvRb|

7.1.6 wk¶v jv‡f h_vh_ wk‡¶vcKi‡Yi mwVK e¨envi AZ¨š ¸i‡ZcY| me wel‡qB Kg-†ewk wk‡¶vcKiY e¨envi‡ii m‡hvM Av‡Q| wk‡¶vcKi‡Yi mvnv‡h¨ RwUj I wegZ welq‡K mnR I gZ K‡i Dc¯vcb K‡i welqwU‡K ¯úó aviYv †`lqv hvq| GKwU †QvU MvQ †kwY‡Z c`kb K‡i Mv‡Qi wewfb Ask ev gwëwgwWqvq mhMnY †`Lv‡j hZ mn‡R mwVK aviYv jvf m¤e Ab¨ †Kv‡bvfv‡e Zv m¤e bq| gwëwgwWqv e¨envi‡ii m‡hvM bv _vK‡j P›`, cwiex I m‡hi Awfbq ev PvU e¨envi Kiv hvq|

7.1.7 wkLb‡K ¯vqxKi‡Yi Rb¨ c‡qvRb Abkxj‡bi e¨e¯v| bZbfv‡e AwRZ Ávb, `¶Zv evievi Abkxjb Kiv n‡j GKw`‡K †hgb wkLb ¯vqx nq, Ab¨w`‡K wkLb mÂvj‡bi m‡hvM mwó nq|

7.1.8 wk¶v AR‡bi †¶‡Î wk¶v_xi cwZ wk¶‡Ki mnvbfwZcY AvPiY LeB ¸i‡ZcY| wk¶K-wk¶v_xi m¤úK Ggb n‡e †hb wk¶v_x ïa †jLvcov welqK mgm¨v bq, Zvi †h †Kv‡bv e¨w³MZ, cwiewiK mgm¨v webv ms‡Kv‡P wk¶‡Ki mv‡_ Av‡jvPbv K‡i| wk¶K mgm¨v mgvav‡b civgk w`‡eb Ges mva¨gZ mnvqZv Ki‡eb| wk¶K-wk¶v_xi gv‡S †Kv‡bv †`qvj _vK‡e bv| m¤úK n‡e †mn-k×vi Ges LeB NwbôI AvšwiK|

7.1.9 wk¶‡Ki wekvm _vK‡Z n‡e †h, Zvi mKj wk¶v_xB †kLvi mvg_¨ m¤úb| mevi †kLvi Dcvq I MwZi g‡a¨ cv_K¨ _vK‡Z cv‡i, Z‡e Dch³ cwi‡ek I mn‡hwMZv †c‡j mevB †k‡L| †Kvb wk¶v_xi cwZ wk¶‡Ki †bwZevPK g‡bvfve _vK‡j H wk¶K t_‡K wk¶v_xi DcKZ nIqvi m¤ú~b LeB Kg| ZvB cwZwU wk¶v_xi cwZ wk¶‡Ki D"P avi Yv _vKv evÃbxq| †Kvb wk¶v_x‡K KLbI Ôgv_vq †Mvei Õ, Ô†Zv‡K w`‡q wKQB n‡e bvÕ, ÔMvavÕ, ÔAc`v_Õ BZ¨w` †Kv‡bv ai‡bi †bwZevPK ev wbi¡rmvngjK K_v ejv hv‡e bv| †eZ e¨envi ev †Kv‡bv cKvi kvix wiK ev gvbwmK kw¯‹‡hvM¨ Aciva| Drmvn c`vb Kiv n‡j wk¶v_xi †kLvi AvMn A‡bKUvB †e‡o hvq|

8. wkLb gZev`

8.1 wk¶v weÁv‡bi AZ¨š¿ i‡ZcY welq wkLb gZev`| `xN©`b a‡i _bWvB‡Ki ôc‡Póv I fj ms‡kvabô gZev` (Trail and Error Theory of Thorndike); †cfj‡fi DÏxcK I cwZwµqwfwËK mv‡c¶ cwZeZev` (Conditioned Reflex Theory of Pavlov); †Kv‡njvi I KvdKv‡ii mgMZvev` (Gestalt Theory) wkL‡bi †¶‡Î AbmZ n‡q Avm‡Q| eqm‡f‡` wkï‡`i AeavivY ¶gZv wfb G wel‡q Theory of Cognitive Development of Piaget wk¶wÁv‡b mwe‡kl Ae`vb †i‡L P‡j‡Q| G gZev‡` AeavivY ¶gZv ev mvg‡_¨i ZviZg¨ Abmv‡i 1 †_‡K 16 eQi eq‡mi wkï Rxeb‡K PviwU ¯‡i fvM Kiv n‡q‡Q| fvM¸‡jv n‡"Q (K) 0-2 eQi ms‡e`b mÂvj‡bi ¯i (L) 2-7 eQi cwK-KvhKi ¯i (M) 7-11 eQi ev¯e KvhKi ¯i Ges (N) 11-16 eQi AvbôwbK KvhKi ¯i| wk¶vµg Dbqb I wkLb-†kLv‡bv Kvhµg cwiPvjbvq wkïi AeavivY ¶gZv ev mvg‡_¨i welq we‡ePbvq ivLv LeB¿ i‡ZcY| †Kvb eq‡mi wkï KZUK avivi Ki‡Z cv‡i ev †Kvb eq‡m Kx Kx ai‡bi wegZ avivi jvf Ki‡Z m¶g †m m¤ú‡K m¯úó avivi _vKv AZ¨vek¨K| wkL‡bi DwjwLZ c‡Z¨KwU gZev` gjZ AvPiYev`| wKš eZgvb we‡k mewaK Av‡jvP¨ wkLb gZev`wU avivi MVb m¤úwKZ hv MVbev` bv‡g cwiwPZ|

8.2 **MVbev` (Constructivist Theory)**

wk¶v_x wKfv‡e †k‡L G m¤ú‡K wk¶v g‡bweÁvbx‡`i Ae¨vnZ c‡Póvi d‡j D™Z mevawbK ZË n‡"Q MVbev`| j¨vwUb kã Constrvere †_‡K Construct kãwUi DrcwË hvi A_ web¨vm Kiv ev MVb †`lqv| ZvB G Z‡Ëi gjK_v n‡jv avivi MVbB wkLb| cwZ gn‡Z B»`q Mvn¨ Z_¨ Øviv Avgv‡`i wPš‡bi g‡a¨ †h wbqwgZ MVb Ges cwieZb n‡"Q Zvi gva¨‡gB wkLb cwµqv N‡U| c‡Z¨K wk¶v_x wb‡Ri AwfÁZv Ges cwicwkKZv Aba¨vb K‡i wb‡Ri g‡Zv GKKfv‡e bZb Ávb I avivi MVb K‡i| e¨w³ bZb wKQi m¤§Lxb n‡j †m GUv‡K Zvi cejä Ávb I AwfÁZvi Av‡jv‡K hvPvB K‡i MnY K‡i| Gfv‡eB e¨w³ bZb avivi ev Ávb ARb K‡i| hvPvB‡q bZb welq‡K Aevši g‡b n‡j GUv‡K †m ewZj K‡i †`q| wkL‡bi †ÿ‡Î Jerome Bruner cwi‡ek I fvlv weKv‡ki Dci †ewk cvavb¨ w`‡q‡Qb| Zvi g‡Z, ÁvbweKv‡ki †ÿ‡Î cwi‡e‡ki fwgKv †ewk Ges ÁvbweKv‡ki wewfb ¯‡i wkï Áv‡bi AvlZvf³ wewfb mgm¨vi mgvavb wewfbfv‡e †`q| GUv wbfi K‡i wkïi ce AwfÁZv I Áv‡bi Dci|

David Jonassen g‡b K‡ib MVbev‡` wk¶‡Ki fwgKv n‡e bZb avivi MV‡b wk¶v_x‡K mnvqZv Kiv| ïa ZË I Z_¨ mieivn Kiv bq| wk¶K mgm¨v-mgvavb ev AbmÜv‡bi wb‡`kbv w`‡eb, wk¶v_xiv hv‡Z wb‡RivB AbwgZ avivi ^Zwi I cix¶v K‡i wm×vš wb‡Z cv‡i Ges `jMZ wkLb cwi‡e‡k Ab¨‡`i‡K Zv Rvbv‡Z cv‡i| G cwµqvq Ávb jv‡fi gva¨‡g wk¶v_xiv wKfv‡e DcKZ n‡"Q Zv D`NvUb Ki‡Z wk¶K wk¶v_x‡`i Drmwn‡Z K‡ib| Jonassen Avil g‡b K‡ib †h, wk¶v_xiv wb‡Riv wb‡R‡`i‡K ck K‡i Ges Zv‡`i e¨eüZ c×wZ †KŠk‡ji h_vZv hvPvB K‡i wb‡RivB µ‡g µ‡g AwfÁ wk¶v_x‡Z cwiYZ nq, wKfv‡e wkL‡Z nq (How to learn) Zv Zviv AvqË K‡i †d‡j| Gfv‡e Zviv Rxebe¨vcx wk¶v_x‡Z (Life-long learners) cwiYZ nq|

MVbev`wfwË‡Z wk¶vµ‡gi web¨vm n‡e kw•Lj (spiral)| G e¨e¯vq wk¶v_x AwRZ avivi, Ávb I `wófw½i Dci wfwË K‡i µgvMZfv‡e bZb bZb avivi, Ávb I `wófw½ ARb Ki‡e|

David Jonassen Gi gZvbmv‡i MVbev`x †kwYK‡¶ wkLb n‡e-

- **MwVZ (Constructed) :** wk¶v_xiv Zv‡`i ceÁvb, avivi I AwfÁZvi mv‡_ bZb Ávb I AwfÁZvi mgšq K‡i Aba¨v‡bi gva¨‡g wb‡Ri gv‡S bZb avivi MVb Ki‡e|
- **mwµq (Active) :** wk¶v_xiv wb‡RivB wb‡R‡`i avivi mwó Ki‡e| wk¶K Zv‡`i‡K c‡qvRbxq wb‡`kbv w`‡eb Ges wk¶v_x‡`i‡K cix¶v Ki‡Z, DcKiYw` e¨envi Ki‡Z, ck Ki‡Z I c‡Póv Pvjv‡Z m‡hvM K‡i w`‡eb| wk¶v_x‡`i‡K wb‡R‡`i j¶¨ I Kgcšv wbavi‡Y mnvqZv w`‡eb|
- **Aba¨vbgjK (Reflective) :** wk¶K wk¶v_x‡`i‡K Zv‡`i wbR wbR wkLb cwµqvi Dci ck Kivi Ges Aba¨vb Kivi m‡hvM ^Zwi Ki‡eb| G KvR wk¶v_xiv GKKfv‡e ev `jMZfv‡e Ki‡Z cv‡i| wk¶K wk¶v_x‡`i Rb¨ Ggb me KvR w`‡eb hv‡Z wk¶v_xiv wb‡R‡`i Kv‡Ri chv‡jvPbv K‡i gj¨vqb Ki‡Z cv‡i|

- **mn‡hwMZvgjK (Collaborative)** : MVbev`x †kvY Kvhµg n‡e mn‡hwMZvgjK| wk¶v_xiv `‡ji c‡Z¨‡Ki †_‡K c‡Z¨‡K wkL‡e Ges G‡K Ab¨‡K wkL‡Z mn‡hwMZv Ki‡e| hLb wk¶v_xiv mg‡eZfv‡e wkLb cwµqv chv‡jvPbv I Abaïvb K‡i ZLb Zviv G‡K Ab¨ †_‡K djcmwU MnY Kivi m‡hvM cvq|
- **AbmÜvb ev mgm¨vwfwËK (Inquiry or Problem-Based)**: MVbev‡`i gjK_v n‡"Q mgm¨vi mgvavb| G †¶‡Î wk¶v_xiv AbmÜvbgjK c×wZi gva¨‡g ck K‡i, †Kv‡bv wKQi mÜvb K‡i Ges mgvavb ev DËi cvIqvi Rb¨ wewfb c×wZ I †KŠkj c‡qvM K‡i|
- **weKvkgvb (Evolving)**: wk¶v_xiv Zv‡`i chv‡jvPbv I Abaïv‡bi gva¨‡g c‡e AwRZ †Kv‡bv Ávb‡K AmZ¨ I Am¤úY g‡b Ki‡Z cv‡i| †m‡¶‡Î Zviv AbmÜv‡bi gva¨‡g bZb wm×v‡š †cŠQv‡e| c‡Póv Pwj‡q hv‡e Ges bZb Ávb I AwfÁZwfwË‡Z cejä wm×vš cbms¯‹vi Ki‡e|

8.3 MVbev‡`i mv‡_ mgMZvev‡`i (Gestalt Theory) †ek wgj Av‡Q| Gestalt Rvgvb kã hvi A_ Structure ev MVb| wkLb cwµqvq avivYv MVb c_K c_K Dcv`v‡bi Dci bq, mvgwMK fv‡e Dcv`vb¸‡jvi Dci wbfi K‡i| MVbev‡`i I gj K_v avivYv MVb hv wbfi K‡i wkÿv_xi cejä avivYv, Ávb, AwfÁZv I cwicwkK Ae¯vi Dci| mgMZvev` Abhvqx †PvL, Kvb, ZK BZ¨w` B»`q¸‡jv Øviv Avgiv †h Z_¨¸‡jv cvB †m¸‡jv‡K Avgiv g‡b g‡b cY½ i¡c †`B, Avi MVbev‡`i g‡Z Avgiv Gme B»`qMvn¨ Z_¨¸‡jv w`‡q c‡Z¨K ¯Zš GKwU gvbwmK wPÎ ^Zwii gva¨‡g AwfÁZv ARb Kwi| Gfv‡e AwRZ AwfÁZv GKwUi Dci GKwU mwR‡q wkLb m¤úb Kwi|

9. wkLb-†kLv‡bv Kvhµg cwiPvjbvi KwZcq c×wZ I †KŠkj

wk¶v_xi wkLb A‡bKvs‡k wbfi K‡i wk¶K KZK cwiPwjZ c×wZ I †KŠk‡ji Dci| wk¶v_x‡`i ¶gZv I ceYZv Ges cv‡Vi ^ewk‡ó¨i wfwË‡Z c×wZ I †KŠkj wbevPb Kiv c‡qvRb| c×wZ I †KŠkj mwVK n‡j Ges h_vh_fv‡e c‡qvM Kiv n‡j wk¶v_x mn‡R wkL‡Z cv‡i| GLv‡b K‡qKwU c×wZ I †KŠk‡ji msw¶ß cwiPq †`Iqv n‡jv:

9.1 ck-DËi c×wZ (Question-Answer Method)

ck-DËi GKwU eûj cPwjZ I KvhKi c×wZ| G c×wZi mwVK c‡qv‡Mi gva¨‡g wk¶v_x‡K mwµq †i‡L wkL‡b mn‡hwMZv Kiv hvq| wewfb D‡Ï‡k¨ ck Kiv n‡q _v‡K| †kLvi Rb¨ ck, wkLbdj ARb cwigv‡ci Rb¨ ck, †Kvb we‡kl K‡gi Dc‡hwMZv hvPvB Kivi Rb¨ ck, BZ¨w` †ek K‡qKwU aib i‡q‡Q|

9.2 ck Kivi iwZ

- mg¯ †kwY‡K D‡Ïk¨ K‡i ck Kiv| c_‡g †Kv‡bv wk¶v_x‡K wbw`ó K‡i Zv‡K ck Kiv n‡j †kwYi Ab¨ wk¶v_xiv wbw®‹q _v‡K, Ag‡bv‡hvMx n‡Z cv‡i| mevB‡K mwµq ivLvi Rb¨ mg¯ †kwY‡K ck Ki‡Z nq|
- wPšv K‡i DËi wVK Kivi Rb¨ wKQUv mgq †`Iqv|
- DËi `v‡b k•Ljv eRvq ivLv| cviM wk¶v_xiv nvZ DVv‡e| mevi GKmv‡_ DËi †`Iqvi Af¨vm Z¨vM Kiv‡Z n‡e|
- wk¶v_x‡K wbw`ó K‡i DËi w`‡Z ejv| GKB wk¶v_x‡K evi evi DËi †`Iqvi m‡hvM bv w`‡q chvqµ‡g mevB‡K m‡hvM †`Iqv| c‡qvR‡b DËi `v‡b Bw½Z w`‡q mnvqZv Kiv| DËi mwVK bv n‡j Ab¨ wk¶v_x‡K DËi w`‡Z ejv|
- mwVK DËi cbivewË Kiv|
- Gici c‡e nvZ DVvq wb Ggb AcviM wk¶v_x‡K GKB c‡ki DËi w`‡Z ejv|
- c‡qvR‡b AbmÜvbx ck (probing question) Kiv| GKwU c‡ki DËi †_‡K †h ck Rv‡M Zv‡K AbmÜvbx ck ejv nq|

9.3 c‡ki aib

- c‡ki fvlv n‡e mnR I †kwY Dc‡hvMx|
- ck n‡e wk¶v_xi wPšv DÏxcK I †civYv mwóKvix| ÔI†KbÕ, ÔwKfv‡eÕ, ÔKviY KxÕ, Ôe¨vL¨v KiÕ, Ôwe‡klY KiÕ, ÔZjbv KiÕ BZ¨w` Øviv ck Kiv n‡j wPšv K‡i DËi †ei Ki‡Z nq|

- †hme c‡ki DËi ôn¨vô ev ôbvô Ggb ck bv KivB fvj| ¯§wZ wbfi ck †hgb ôKxô, ôt Kô, ôt Kv_vqô, ôKqwUô ev ôKv‡K e‡jô BZ¨w` ck hZUv m¤e cwinvi Kiv|
- chvqµ‡g Ggbfv‡e ck Kiv †hb ckmg‡ni DËi †_‡K welqe¯ m¤ú‡K ¯úó aviYv jvf Kiv hvq| c‡qvR‡b c‡kvË‡ii gv‡S gv‡S Av‡jvPbv Kiv|
- AbmÜvbgjK ck (probing question) A_vr GKwU c‡ki DËi †_‡K D™Z ck K‡i wel‡qi cYZv Avbv c‡qvRb| †hgb-

  gj ck: we`¨vj‡q wkÿv_x‡`i Mo Dcw¯wZ KZ?

  DËi : mvaviY mg‡q 85%, we‡kl mg‡q 50%

  AbmÜvbgjK ck: we‡kl mg‡q Kg †Kb?

  DËi : avb †ivcY I avb KvUvi †gŠm‡g †Q‡j‡g‡q‡`i A‡b‡K KwIKv‡R Awf fveK‡K mnvqZv K‡i ZvB Zviv we`¨vj‡q Av‡m bv|

9.4 wk¶‡Ki KiYxq

- mwVK DË‡ii Rb¨ wk¶v_x‡K Drmvn c`vb
- fj DË‡ii Rb¨ wb‡`kbv I wkL‡Z Ab‡ciYv †`lqv
- mwVK DË‡ii cm½ †U‡b Av‡jvPbvi gva¨‡g aviYv jv‡f mnvqZv Kiv
- wk¶v_x‡K ck Ki‡Z m‡hvM †`lqv, DrmwnZ Kiv Ges wk¶v_xi c‡ki DËi †`lqv

10. `jMZ mn‡hvMZvgjK wk¶v c×wZ

`jMZ mn‡hvMZvgjK c×wZ GKwU mdj wkLbc×wZ| G c×wZ‡Z GKB eqtµ‡gi ev GKB chv‡qi wk¶v_xiv ci¯úi wg_¯‹qvi gva¨‡g wk¶v jvf K‡i| G‡¶‡Î wk¶‡Ki fwgKv c‡iv¶ wKš¿ i‡ZcY| `jMZ Kv‡Ri gva¨‡g cwZwU wk¶v_xi ïa Ávb-`¶ZvB ew× cvq bv, mv‡_ mv‡_ †ek wKQ gvbweK ¿Yvewji weKvk N‡U| K_v †kvbvi I K_v ejvi k•Ljv AbmiY, cigZ mwnòZv, †bZZ, mg‡SvZv BZ¨w` ¿Yvewji weKvk N‡U|

10.1 `j MVb

wewfbfv‡e `j MVb Kiv hvq| mg-mvg‡_¨i wk¶v_x‡`i `j, wgk mvg‡_¨i wk¶v_x‡`i `j, welqwfËK `j, AÂjwfwËK `j BZ¨w`| A‡bK †¶‡Î wgk mvg‡_¨ `‡ji mwnavi Ab¨‡`i †P‡q wKQUv †ewk| cwZ cv‡Vi Rb¨ ev cwZ wel‡qi Rb¨ bZb K‡i `j MVb Ki‡Z †M‡j A‡bK mgq jv‡M| ZvB †kwYwk¶K (whwb c_g wcwiq‡W Kvm †bb) `j MVb Ki‡eb| c‡qvR‡b GK gvm Aši Aši bZb K‡i `j MVb Ki‡eb| G‡Z wk¶v_x‡`i wg_¯‹qvi cwimi ew× cvq| GKB †kwYi wewfb wel‡qi wk¶KMY †kwYwk¶K KZK MwVZ `j¸‡jv‡KB `jMZ Kv‡R wb‡qwRZ Ki‡eb| cwZwU `‡ji AvKvi 6Rb †_‡K 8Rb n‡j fvj, Z‡e 10R‡bi †ewk nlqv evÃbxq bq| c‡Z¨K `‡ji GKwU K‡i bvg _vK‡j mwnav nq| dj, dj, cwL, b`x ev is Gi bv‡g `‡ji bvg ivLv hvq|

10.2 `jMZ Kv‡Ri Avmb web¨vm

`jMZ Kv‡Ri Avmb web¨vm Ggb n‡e hv‡Z `‡ji mKj wk¶v_x g‡LvgwL em‡Z cv‡i| †kwYK‡¶i AvKvi eo n‡j Ges chvß AvmevecÎ _vK‡j, cwZ `j †Mvj †Uwe‡ji Pvicv‡k em‡e| Gi¡c AvmevecÎ bv _vK‡j cvKv †g‡S‡Z gv`‡il †Mvj n‡q em‡Z cv‡i| bZev c_g †e‡Âi wk¶v_xiv N‡i wØZxq †e‡Âi g‡LvgwL em‡e, Gfv‡e ZZxq †eÂ N‡i PZ_ †e‡Âi g‡LvgwL| G‡¶‡Î cwZ `‡ji wk¶v_x‡`i‡K ci ci `ôte‡Â em‡Z n‡e| wk¶K `jMZ KvR ewS‡q †`lqvi mv‡_ mv‡_B `je×fv‡e e‡m `jMZ KvR ïi¿ Ki‡Z n‡e| AvmevecÎ UvbvUwb K‡i mgq bó Kiv hv‡e bv|

10.3 `jMZ KvR Kivi cwµqv

- `‡j fvM nlqvi Av‡MB mg‡eZ Kv‡m wk¶K ¯úó K‡i `jMZ KvR ewS‡q w`‡eb|
- wk¶K `‡ji GKRb‡K GKwU Kv‡Ri Rb¨ `j‡bZv g‡bvbqb w`‡eb| chvqµ‡g `‡ji c‡Z¨K‡K `j‡bZvi `wqZ w`‡eb|
- wk¶v_xiv `‡j fvM n‡q em‡e| `‡ji c‡Z¨‡K welqwU wb‡q wPšv Ki‡e| Zvici Av‡jvPbv ïi¿ Ki‡e| GKRb K_v ejvi mgq Ab¨iv gb w`‡q ïb‡e| K_vi gv‡S †KD K_v ej‡e bv| Z‡e Av‡jvPbv Ah_v `xN ev cm½ ewnfZ n‡j `j‡bZv f`fv‡e wbqšY Ki‡e|
- `‡ji c‡Z¨‡K Av‡jvPbvq AskMnY Ki‡e|
- Av‡jvPbvi gva¨‡g ZË, Z_¨, hw³ Dc¯vcb I hw³ LÊb Ki‡e|
- Kv‡iv K_v AcQ› n‡j ev gbtcZ bv n‡j ^ah a‡i ïb‡Z n‡e, c‡i hw³ w`‡q LÊb Kiv hv‡e, ivM Kiv ev A‡kvfb AvPiY Kiv hv‡e bv|
- †Rvi K‡i Ab¨‡`i Dci wb‡Ri gZvgZ Pwc‡q †`lqvi †Póv Kiv hv‡e bv|

- Av‡jvPbvi djvdj `‡ji wm×vš wnm‡e wjL‡Z n‡e Ges mevB‡K †g‡b wb‡Z n‡e|
- cieZx‡Z mg‡eZ Kv‡m wk¶‡Ki wb‡`kvbmv‡i H Av‡jvPbvi `j‡bZv `‡ji cwZ‡e`b Dc¯vcb Ki‡e| Ab¨ `‡ji ck _vK‡j `‡ji c‡¶ †h †Kv‡bv GKRb DËi w`‡e|
- `jMZ KvR Pjvi mgq †Kv‡bv gZv‰bK¨ ev mgm¨v †`Lv w`‡j `j‡bZv nvZ Z‡j wk¶‡Ki wb‡`kbv PvB‡e|

10.4 `jMZ Kv‡Ri aib

`jMZ KvR cavbZ AbmÜvbgjK ev mgm¨vwfwËK n‡e| `jMZ Kv‡Ri welq wPšv DÏxcK, mRbkxj I we‡klYagx n‡e| mvaviY ZË, Z_¨ ev ÁvbgjK Rvbvi welq `jMZ Av‡jvPbvi welq nq bv| Zv‡Z AbmÜvb ev wPšv DÏxcK wKQ _v‡K bv|

10.5 `jMZ Kv‡Ri K‡qKwU D`vniY

K. evsjv‡`k †_‡K wewfb cRwZi cwL µgvMZ wejß nlqvi KviY I Zv‡`i i¶vi Dcvq AbmÜvb|

L. Mv‡gi wbi¶i gvbl‡K ¯v¯¨ m‡PZb Kivi †¶‡Î wk¶v_x‡`i KiYxq wbaviY|

M. cix¶‡Yi gva¨‡g wewfb cKvi gwUi ˆewkó¨ wPwýZKiY|

N. evsjv‡`‡ki wkï‡`i AwaKvi i¶vq miKvi, mgvR I Awffve‡Ki KiYxq wbaviY|

O. GKwU Ab‡”Q‡`i mvigg D`NvUb|

10.6 `jMZ Kv‡Ri welq wnmv‡e mwVK bq-

K. AbcvZmn evqi Dcv`vbmg‡ni bvg

L. evsjv‡`‡ki f-cKwZi eYbv

M. mvK †`kmg‡ni ivRavbx, RbmsL¨v I gv_wcQ Avq

N. cigvYi MVb eYbv

O. Z_¨ AwaKvi AvBb eYbv

10.7 `jMZ Kv‡Ri gva¨‡g wkLb `ejZvi Aemvb

wk¶v_x‡`i †KD †KD wewfb Kvi‡Y wbawiZ wkLbdj ARb Ki‡Z cv‡i bv| avivewnK gj¨vq‡bi gva¨‡g wkLb `ejZvm¤úb wk¶v_x‡`i wPwýZ K‡i Zv‡`i Rb¨ we‡kl `jMZ Kv‡Ri e¨e¯v Kiv hvq| G †¶‡Î GKB †kwYi GKRb wkLbdj ARbKvix †PŠKm wk¶v_x‡K `j‡bZv wnmv‡e `‡ji Ab¨‡`i‡K wkLb mn‡hwMZv Kivi `wqZ †`lqv nq| wkÿK `j‡bZv‡K c‡eB c‡qvRbxq wb‡`kbv w`‡q †`b| mgchv‡qi wk¶v_x Øviv Ab¨ wk¶v_x‡`i‡K wkLb mn‡hwMZv †`lqv‡K ÔPeer LearningÕ ejv nq|

10.8 `jMZ KvR PjvKvjxb wk¶‡Ki KiYxq

`jMZ KvR PjvKvjxb wk¶K N‡i N‡i c‡Z¨K `‡ji KvR ch‡e¶Y Ki‡eb| †hLv‡b hLb c‡qvRb wb‡`kbv I mnvqZv w`‡eb| cieZx‡Z `jMZ KvR Dc¯vc‡bi mgq fj-åwš ev Am¤úYZv _vK‡j awi‡q w`‡eb|

11 c`kb c×wZ (Demonstration Method)

c`kb c×wZi gjK_v n‡jv †Kv‡bv wKQ †`wL‡q GwU m¤ú‡K aviYv jv‡f wk¶v_x‡`i‡K mnvqZv Kiv| †Kv‡bv wKQ Dc¯vc‡b ïa eYbv ev Av‡jvPbvq mxgve× bv †_‡K Zv †`Lv‡bv n‡j aviYv jvf mnR nq Ges G‡Z wk¶v_x‡`i AvMn I Drmvn ew× cvq| G c×wZ‡Z cv‡Vi welq mswkó ev¯e e¯ ev cZ¨¶fv‡e cwµqv †`wL‡q eYbv, Av‡jvPbv ev ck-DË‡ii gva¨‡g aviYv jv‡f mnvqZv Kiv nq| †hgb- GKwU Rev d‡ji Ask¸‡jv †`wL‡q d‡ji Ask¸‡jvi m¤ú‡K aviYv AR‡b mnvqZv Kiv; †kwYK‡¶ wk¶v_x‡`i mvg‡b hšcwZ ms‡hvRb K‡i `¯vi mv‡_ cvZjv mvjwdDwiK GwmW wgwk‡q nvB‡Wv‡Rb c¯Z K‡i †`Lv‡bv BZ¨w`|

A‡bK †¶‡Î ev¯e e¯ ev NUbv mivmwi †`Lv‡bv m¤e nq bv| †m‡¶‡Î Aaev¯‡ei mvnv‡h¨ aviYv jv‡f mnvqZv Kiv hvq| †hgb- P›` ev mhMnY m¤ú‡K aviYv jv‡fi Rb¨ †kwYK‡¶ wmwW ev wWfwWi gva¨‡g gwwëwgwWqvq cw_ex I Pv‡`i wbR wbR K¶c‡_ NYb †`wL‡q MnY NUvi welqwU cwi®vi Kiv hvq| c‡R±i ev gwwëwgwWqv bv _vK‡j Pv‡Ui gva¨‡g †`Lv‡bv hvq| †ivj-†c c×wZ‡ZI †kLv‡bv hvq| †¶Î we‡k‡l wk¶v_x‡`i‡K †kwYK‡¶i evB‡i wb‡q ev¯e NUbv cZ¨¶fv‡e †`wL‡q wk¶v jv‡f mnvqZv Kiv hvq| †hgb- fwg¶‡qi KviY¸‡jv cZ¨¶ †`Lv‡bv hvq| m¤e n‡j HwZnwmK ¯v‡b wb‡q wewfb wb`kb †`wL‡q I eYbv K‡i aviYv jv‡f mnvqZv Kiv hvq| †hgb- Kwgjvi †KvUewo kvjeb wenv‡i cwi`k‡b wb‡q ZrKvjxb †eš×mf¨Zv m¤ú‡K Rvb‡Z mvnvh¨ Kiv|

c`kb c×wZ‡Z wk¶v_x‡`i AbmwÜrmv ew× cvq| mn‡R mwVK avivYv jvf Ki‡Z cv‡i| wkLb A‡c¶vKZ `xN¯vqx nq| c`kb c×wZ‡Z j¶ ivL‡Z n‡e †hb me wk¶v_x ¯úó †`L‡Z cvq|

12. AbmÜvbgjK Kv‡Ri aib

AbmÜvbgjK KvR gjZ Kg‡K»`K c×wZ| wWDBi mwµqZv Z‡Ëi wfwË‡Z cwiPwjZ G c×wZ‡Z wkÿv_xiv GKKfv‡e ev `jMZfv‡e wb‡R‡`i c‡Póvq wbqgZwšK c×wZ‡Z wkÿv jvf K‡i _v‡K| G c×wZ‡Z wkÿv_x †Kv‡bv welq ev NUbv ev mgm¨vi KviY, djvdj, cwZwµqv BZ¨vw` D`NvUb K‡i| bw_cÎ chv‡jvPbv, cwi`kb, ch‡e¶Y, mv¶vrKvi MnY bvbvfv‡e AbmÜvb KvR cwiPvjbv Kiv hvq|| D`vniY-

- hemgv‡Ri AvKvk ms¯wZi cwZ ceYZv ew×i KviY I djvdj
- wkí AÂ‡j evq `l‡Yi KviY I djvdj
- Lv`¨ Drcv`‡b AwZgvÎvq ivmvqwbK KxUbvkK `e¨ e¨envi‡ii cwZwµqv

12.1. AbmÜvbgjK c×wZ‡Z wkLb cwµqv

c‡Z¨KwU AbmÜv‡bi Rb¨ GKwU welq ev mgm¨v wbevPb Ki‡Z nq| G c×wZ‡Z hveZxq Kvhµg cavbZ cvPwU chv‡q cwiPwjZ nq| chvq¸‡jv n‡"Q-

K. mgm¨v/D‡Ïk¨ wbaviY
L. cwiKíbv cYqb
M. Z_¨ msMn
N. Z_¨ we‡klY
O. cwZ‡e`b cYqb

me c_‡g Kvhµ‡gi mgm¨v wPwýZ Kiv ev D‡Ïk¨ wbaviY Ki‡Z nq| wØZxq chv‡q mgM Kvhµ‡gi Rb¨ cwiKíbv cYqb Ki‡Z nq| D‡Ïk¨ AR‡bi Rb¨ Kx Kx Ki‡Z n‡e, †KvbwU wKfv‡e, Kx w`‡q, KLb Ki‡Z n‡e-G meB cwiKíbvq _v‡K| Z_¨ msMn AbmÜvbgjK Kv‡Ri GKwU ¸i‡ZcY ¯i| cvBgwi ev †m‡KÛvi Drm n‡Z Z_¨ msMn Ki‡Z n‡e| PZ_ chv‡q Z_¨ we‡klY I djvdj cYqb Ki‡Z n‡e| me‡kl wkÿv_x m¤úY AbmÜvbgjK Kv‡Ri Dci GKwU cwZ‡e`b cYqb Ki‡e|

13. wkLb- †kLv‡bv Kvhµg m¤ú‡K K‡qKwU K_v

wkLb-†kLv‡bv c×wZ I †KŠkj A‡bK ai‡bi| Gi K‡qKwU wk¶K‡Kw»`K Ges K‡qKwU wk¶v_x‡Kw»`K| wkLb-†kLv‡bv cwµqvq wk¶v_xi mwµq AskMnY wk¶vjv‡f mnvqK| me c×wZiB Kg‡ewk mweav I Amweav Av‡Q| Ggb †Kv‡bv c×wZ ev †KŠkj †bB †hwU mKj wk¶v_xi Rb¨ mgfv‡e Dc‡hvMx ev me ai‡bi welqe¯i Rb¨ Dc‡hvMx| wk¶‡Ki we‡fb c×wZ I †KŠk‡ji Dci `¶Zv Ges †kwY I cvV Dc‡hvMx c×wZ I †KŠk‡ji h_vh_ c‡qv‡Mi Dci wbfi K‡i wk¶v_xi wkLb mvdj¨| Ggb †Kv‡bv eva¨evaKZv †bB †h GKwU cvV cwiPvjbvq wk¶K‡K GKwU c×wZi Dci wbfi Ki‡Z n‡e| cvV‡K djcm Kivi Rb¨ wk¶K cwi¯wZ Abmv‡i GKwaK c×wZ I †KŠk‡ji mswgk‡Y wb‡Ri g‡Zv K‡i cvV cwiPvjbv Ki‡Z cv‡ib| cv‡Vi mvdj¨ wbfi K‡i wk¶‡Ki weP¶YZv, welqÁvb I wkLb c×wZi h_vh_ c‡qv‡Mi Dci| GRb¨ ejv nq wk¶KB m‡evrKó c×wZ| wk¶v_x‡Kw»`K wkLb-†kLv‡bv c×wZ eûwea| GLv‡b gvÎ K‡qKwU wk¶v_xmwµq c×wZ ms‡¶‡c Dc¯vcb Kiv n‡jv| Z‡e wk¶‡Ki AwaK msL¨K c×wZ I †KŠk‡ji Dci `¶Zv _vKv c‡qvRb| Zvn‡j wZwb †h †¶‡Î †h c×wZ Dc‡hvMx Zv c‡qvM Ki‡Z cv‡ib| c‡qvR‡b GKwaK c×wZi mswgk‡Y wb‡Ri g‡Zv K‡i cvV cwiPvjbv Ki‡Z cv‡ib| cvV cwiPvjbvi mgq wk¶K hw` eS‡Z cv‡ib †h c‡qvMKZ c×wZ wkÿv_x‡`i wkL‡b djcm n‡"Q bv ZLb wZwb c×wZ cwieZb Ki‡Z cv‡ib| ZvB wk¶K‡`i eû c×wZi Dci `¶Zv _vKv Avek¨K|

14. wkÿv_x gj¨vqb

mvaviY A‡_ wkÿv_xi gj¨vqb n‡jv wkÿv Kvhµg †_‡K wkÿv_xi AR‡bi gvÎv wbYq Kiv| A_vr wkÿvµ‡g D‡jwLZ ce wbawiZ wkLbdj wkÿv_x KZUv ARb K‡i‡Q Zv wbi¡cYB wkÿv_xi gj¨vqb| hw` I gj¨vqb K_wUi we¯wZ A‡bK e¨vcK| Avgiv wewfb mg‡q bvbvfv‡e wkÿv_xi gj¨vqb K‡i _wK| gj¨vq‡bi mgq I aib we‡ePbvq wkÿv_xi gj¨vqb cavbZ `B avivi: (K) MVbKvjxb ev avivewnK gj¨vqb Ges (L) mvgwóK gj¨vqb| Avgiv cvV PjvKvjxb ev wb‡`ó cvV¨vsk †_‡K wkÿv_xi ARb gj¨vqb K‡i _wK| G gj¨vqb avivewnK ev MVbKvjxb gj¨vqb| Avevi Avgiv wb‡`ó mgq †k‡l ev Kvhµg †k‡l mvgwqK cixÿv, ewlK cixÿv, GmGmwm cixÿv BZ¨vw` cixÿvi gva¨‡g gj¨vqb K‡i _wK| G ai‡bi gj¨vqb nj

mvgwóK gj¨vqb| avivewnK I mvgwóK Dfq avivi gj¨vq‡biB c‡qvRb Av‡Q| Z‡e avivewnK gj¨vq‡bi ¸i‡Z A‡bK †ewk| KviY-

- avivewnK gj¨vq‡bi gva¨‡g wkÿv_xi wPwýZ wkLb `ejZv Zvrÿ¨YK wb‡`kbv c`v‡bi Øviv wbivgqgjK e¨e¯v †blqv hvq|
- wkÿv_xi nv‡Z-Kj‡g e¨enwiK KvR Kivi cwµqv ch‡eÿ‡Yi gva¨‡g gj¨vqb K‡i wb‡`kbv †`lqv hvq|
- wkÿv_xi we‡kl wKQ `ÿZv, †hgb- †kvbv, ejv, cov BZ¨w` Kg mg‡q, Kg Li‡P I mn‡R cwigvc K‡i av‡c av‡c wb‡`kbv †`lqv I wbivgqgjK e¨e¯v †blqv hvq| mvgwóK gj¨vq‡bi gva¨‡g A‡bK †ÿ‡Î Gme ˆewk‡ó¨i gj¨vqb Kiv m¤e nq bv|
- wkÿv_xi Av‡eMxq w`Kmgn we‡kl K‡i e¨w³K I mvgwRK AvPiY Ges gj¨‡eva cZ¨ÿ ch‡eÿ‡Yi gva¨‡g gj¨vqb K‡i wb‡`kbv †`lqv hvq|
- G gj¨vq‡bi gva¨‡g wkÿK Zvi e¨eüZ wkLb †kLv‡bv c×wZ I †KŠk‡ji h_v_Zv I djcmZv wbaviY K‡i ev `ejZv wPwýZ K‡i c‡qvRbxq cwieZb Avb‡Z cv‡ib|

15. avivewnK gj¨vqb

avivewnK gj¨vq‡bi gva¨‡g wkÿv_xi `ejZv wPwýZ K‡i wb‡`kbv †`lqv hvq Ges c‡qvR‡b wbivgqgjK e¨e¯v MnY Kiv hvq|

evsjv‡`‡k 6ô †_‡K 10g †kwY chš wb¤wjwLZ `BwU †ÿ‡Î avivewnK gj¨vqb Kvhµg Pj‡e|

1.welqwfwËK ew×eËxq I g‡bv‡cwkR †ÿ‡Îi avivewnK gj¨vqb

2.Av‡eMxq †ÿ‡Îi avivewnK gj¨vqb

15.1. welqwfwËK ew×eËxq I g‡bv‡cwkR †ÿ‡Îi avivewnK gj¨vqb

- welqwkÿK welqwfwËK ew×eËxq I g‡bv‡cwkR †ÿ‡Îi avivewnK gj¨vqb Ki‡eb
- cwZwU wel‡q avivewnK gj¨vq‡bi Rb¨ eivÏKZ b¤i 20%

cwZwU wel‡q avivewnK gj¨vq‡bi †ÿÎ I b¤i eÈb :

†ÿÎ		b¤i
K. †kwYi KvR		10
L. ewoi KvR I AbmÜvbgjK KvR		05
M. †kwY Afxÿv		05
	†gvU	**20**

cwZ welq wkÿK KZK ¯ ¯ wel‡q cwZ wkÿv_x‡K 20% b¤‡ii wfwË‡Z avivewnK gj¨vqb K‡i wbawiZ Q‡K gj¨vqb †iKW msiÿY Kiv n‡e|

15.1.1. †kwYi KvR

- wkLb-†kLv‡bv Kvhµg PjvKvjxb wkÿv_x KZK m¤úvw`Z hveZxq KvR †kwYi KvR wnmv‡e we‡ewPZ| welq‡f‡` †kwYi Kv‡Ri ai‡b ZviZg¨ _vK‡Z cv‡i| AwaKvsk †ÿ‡ÎB c‡ki DËi ejv ev †jLv, AvKv (wPÎ/Qwe, mviwY, gvbwPÎ, †jLwPÎ), Av‡jvPbv I weZ‡K AskMnY, PwiÎ-Awfbq, e¨enwiK KvR-G ai‡bi me wKQB †kwYi KvR| evsjv I Bs‡iwR wel‡q †kvbv, ejv, cov, †jLv BZ¨w` †kwYi KvR wnmv‡e we‡ewPZ n‡e|
- cwZwU wel‡qi Rb¨ cwZ mvgwq‡K wZbwU †kwYi Kv‡Ri gj¨vqb †iKW msiÿY Kiv n‡e| †hme wel‡q e¨enwiK KvR Av‡Q (weÁvb, c`v_weÁvb, imvqb, RxeweÁvb, Kwlwkÿv, Mvn¨weÁvb, kviwiK wkÿv I ¯v¨, Kg I RxebgLx wkÿv BZ¨w`) Hme wel‡q GKwU e¨enwiK KvR I `ÛwU †kwYi Kv‡Ri †iKW ivLv n‡e|
- welqwkÿK KZK wbqwgZfv‡e c‡Z¨K wkÿv_x‡K gj¨vqb Kiv n‡e Ges cwZ `B gv‡m GKevi K‡i cwZ mvgwq‡K (Qq gv‡m) 3evi gj¨vqb †iKW msiÿY Kiv n‡e|

15.1.2. ewoi KvR

- wkÿv_x ewo‡Z wkÿvµgwfwËK †h KvR¸‡jv m¤úb K‡i ZvB ewoi KvR | ewoi KvR wkÿv_x GKKfv‡e m¤úb Ki‡e GUvB cZ¨wkZ| wkÿK wbwðZ n‡eb †h, wkÿv_x GKvB KvRwU m¤úb K‡i‡Q| ewoi Kv‡Ri gva¨‡g wkÿv_xi wPšb `ÿZv Ges e¨w³K AvPiY I gj¨‡eva gj¨vqb Kiv n‡e| ewoi KvR gj¨vqb K‡i wkÿK wkÿv_x‡`i‡K c‡qvRbxq wkLb mnvqZv w`‡eb| wkÿvµ‡gi wkLbd‡ji Pwn`vi Dci wfwË K‡i wkÿK ewoi KvR w`‡eb|
- jÿ ivL‡Z n‡e ewoi KvR †hb wkÿv_x‡K gL¯ Kivq DrmwnZ bv K‡i| ewoi KvR Ggb n‡Z n‡e †hb wkÿv_xi wPšb `ÿZv weKvk Ges mRbkxjZv cKv‡ki m‡hvM _v‡K|
- †kwYK‡ÿ AwRZ aviYvmgn wPšv I Kv‡R c‡qvM Kivi m‡hvM †hb ewoi Kv‡R _v‡K| ewoi KvR †hb wkÿv_x‡K mRbkxj c‡ki c¯wZ‡Z mvnvh¨ K‡i †mw`‡K ¸iæZ w`‡Z n‡e| wkÿvµg g¨wU‡· wkLb †kLv‡bv Kvhµg Kjv‡g c`Ë ewoi KvR bgbv wnmv‡e AbmiY Kiv †h‡Z cv‡i|
- cwZwU wel‡qi ewoi KvR¸‡jv Ggb n‡e hv wkÿv_x 20-25 wgwb‡Ui g‡a¨ m¤úv`b Ki‡Z cv‡i| wkÿK cwZ mvgwq‡K †kwY‡Z c‡qvRbxq msL¨K ewoi KvR w`‡eb| Z‡e †iKW msiÿ‡Yi Rb¨ lô †_‡K Aóg †kwY‡Z weÁvb, ewsjv‡`k I wekcwiPq, Z_¨ I †hvMv‡hvM chw³, Kg I RxebgLx wkÿv Ges K¨wiqvi wkÿv wel‡q cwZ mvgwq‡K `ÛwU ewoi Kv‡Ri gj¨vqb I †iKW msiÿY Kiv n‡e| lô †_‡K Aóg †kwYi Ab¨vb¨ wel‡qi Rb¨ 3wU ewoi Kv‡Ri gj¨vqb I †iKW msiÿY Kiv n‡e| beg I `kg †kwY‡Z Hw”QK welq Qvov mKj wel‡q cwZ mvgwq‡K `ÛwU ewoi Kv‡Ri gj¨vqb I †iKW msiÿY Kiv n‡e| †iKW msiÿ‡Yi Rb¨ m‡ev”P b¤i cvß ewoi KvR¸‡jv‡K we‡ePbv Ki‡Z n‡e| wkÿK †h †Kv‡bv b¤‡ii ewoi KvR w`‡Z cv‡ib| Z‡e G‡Z cvß b¤i‡K 5 Gi g‡a¨ cvß b¤‡i i¡cvši K‡i †iKW msiÿY Ki‡Z n‡e| i¡cvš‡ii ci fMvsk b¤i n‡j fMvsk b¤i wnmv‡e msiÿY Ki‡Z n‡e|

15.1.3. AbmÜvbgjK KvR

AbmÜvbgjK Kv‡Ri gva¨‡g wkÿv_xi mgm¨v mgvavb `ÿZv Ges wPšb `ÿZvi weKvk N‡U| AbmÜvbgjK Kv‡Ri Rb¨ K‡qK NÈv †_‡K K‡qK w`‡bi c‡qvRbxq n‡Z cv‡i| wkÿK welqwU wbaviY K‡i †`‡eb|

wbawiZ avc AbmiY K‡i AbmÜvbgjK KvR m¤úb Ki‡Z n‡e| lô †_‡K Aóg †kwY chš mgm¨v wPwýZ Kiv, cwiKíbv cYqb I Z_¨ msM‡ni ch‡eÿY Ujm/wmwDj/ckgvjv cYqb wkÿK K‡i w`‡eb| Z_¨ msMn AbmÜvb Kv‡Ri GKwU †gŠwjK ˆewkó¨ hv wkÿv_x wb‡Riv m¤úb Ki‡e| Z_¨ msMn hZ`i m¤e wkÿv_xi cwievi, cwZ‡ekx Ges wbKU GjvKvq mxgve× ivL‡Z n‡e| Z_¨ msM‡n wkÿv_xi wbivcËvi welqwU we‡ePbvq ivL‡Z n‡e| Z_¨ msM‡n wkÿv_x †hb weeZKi Ae¯vq bv c‡o wkÿK Zv wbwðZ Ki‡eb| weÁvb welqmg‡ni Rb¨ Z_¨msMn M‡elYvMv‡i cixÿ‡Yi gva¨‡g n‡Z cv‡i| AbmÜvbgjK KvR ïiæi mgM cwµqv wKfv‡e m¤úb Ki‡Z n‡e wkÿK Zv ewS‡q w`‡eb|

cvBgvwi I †m‡KÛvwi Drm n‡Z Z_¨ msMn Kiv hv‡e| wkÿv_x Z_¨ we‡kl‡Yi gva¨‡g djvdj cYqb Ges djvd‡ji Dci gZvgZ w`‡e| mgM Kvhµ‡gi Dci GKwU cwZ‡e`b iPbv Ki‡Z n‡e| cwZ‡e`‡b m¤úb Kv‡Ri eYbv _vK‡e| cwZ‡e`b cYq‡bi wb‡`kbv wkÿK w`‡eb| AbmÜvbgjK KvR wkÿv_xiv `jMZfv‡e m¤úb Ki‡e| Z‡e Z_¨ we‡klY, djvdj cYqb, djvd‡ji Dci gZvgZ c`vb Ges wi‡cvU cYqb wkÿv_x GKKfv‡e m¤úb Ki‡e| G Kv‡Ri gj¨vqb n‡e GKK gj¨vqb| beg I `kg †kwY‡Z wkÿv_xiv wkÿ‡Ki b¨bZg mvnvh¨ wb‡q AbmÜvbgjK KvR m¤úb Ki‡e| wkÿK †h †Kv‡bv b¤‡ii Rb¨ AbmÜvbgjK KvR w`‡Z cv‡ib| Z‡e G‡Z cvß b¤i‡K 5 Gi g‡a¨ cvß b¤‡i i¡cvši K‡i †iKW msiÿY Ki‡Z n‡e| i¡cvš‡ii ci fMvsk b¤i n‡j fMvsk b¤i wnmv‡e msiÿY Ki‡Z n‡e|

15.1.4. †kwY Afxÿv

cwZwU Aa¨vq †k‡l †kwY Afxÿv †blqv n‡e| Z‡e AwaK b¤icvß Afxÿvi b¤i †iKW ivLv n‡e| †kwY Afxÿvi DËicÎ wkÿv_x‡K †`Lvevi ci †diZ wb‡q msiÿY Kiv n‡e| †hme wel‡q e¨enwiK KvR Av‡Q Hme wel‡q `ÛwU e¨enwiK I GKwU wjwLZ Afxÿvi †iKW msiÿY Kiv n‡e| Ab¨vb¨ wel‡q wZbwU wjwLZ Afxÿvi †iKW ivLv n‡e| e¨enwiK Kv‡Ri gj¨vq‡bi gvb`Ê †kwY‡Z m¤úw`Z e¨enwiK Kv‡Ri Abifc n‡e| †kwY Afxÿv wjwLZ ev e¨enwiK n‡e| cwZwU †kwY Afxÿv ¯í mgq †blqv n‡e| wel‡qi Rb¨ wbawiZ Kvm wcwiq‡W †blqv n‡e| wbawiZ GK Kvm wcwiq‡Wi AwZwi³ mgq †blqv hv‡e bv| †kwY Afxÿvi w`b †kwYi Ab¨vb¨ wcwiq‡Wi ¯vfweK KvRKg h_vixwZ Pj‡e|

16. Av‡eMxq †ÿ‡Îi avivewnK gj¨vqb

wkÿvµ‡g wkÿv_xi e¨w³K Dbq‡bi Dci ¸i‡Z Av‡ivc Kiv n‡q‡Q| GKRb wkÿv_x ïa †gavex n‡jB n‡e bv Zv‡K fv‡jv gvbll n‡Z n‡e| fv‡jv gvb‡li ¸Yvewj ARb Ki‡Z n‡e| GKRb wkÿv_x fv‡jv gvbl wKbv Zv Rvb‡Z n‡j Zvi AvPiY I `wófw½ gj¨vqb Ki‡Z n‡e| avivewnK gj¨vq‡bi gva¨‡g wkÿv_xi e¨w³K AvPiY I mvgwRK gj¨‡eva gj¨vqb Kiv n‡e| we`¨vj‡q wkÿv_x‡`i AvPiY I mvgwRK gj¨‡eva †Kv‡bv GKwU NUbv ev Bm¨ w`‡q Zvrÿ¨YKfv‡e gj¨vqb Kiv hvq bv| we`¨vj‡q wkÿv_x †kwYi Kv‡Ri cvkvcwk cwZwbqZ eû KgKv‡Ê AskMnY Ki‡e| G¸‡jv n‡jv ^`wbK mgv‡ek, †Ljvajv I µxov, mvs¯wZK Kvhµg, wkÿv mdi I cwi`kb, RvZxq w`em D`hvcb, agxq Abôvb, weÁvb †gjv, MwYZ Awj¤úqvW, e‡qR ¯vDUm, MvjmMvBW, weGbwmwm Ges cwi‡ek msiÿ‡Yi Kvhµg BZ¨w`| wkÿv_x‡`i wewfb KgKv‡Êi ga¨ w`‡q `xN ch‡eÿ‡Yi gva¨‡g Zv‡`i AvPiY I gj¨‡eva m¤úK GKwU wbfi‡hvM¨ gj¨vq‡b Avmv hvq| wkÿvµ‡g Av‡eMxq †ÿ‡Îi wkLbdj gj¨vq‡bi AvIZvq Avbv n‡q‡Q| G †ÿ‡Î †h ¸Yvewj I gj¨‡eva cwigv‡ci AvIZvq Avbv n‡q‡Q †m¸‡jv nj- **wbqgvbewZZv, †`k‡cg, †bZZ, mZZv, k•Ljv, mn‡hvwMZv, mwµq AskMnY, mwnòZv, m‡PZbZv I mgqvbewZZv|**

†kwYwkÿK Ab¨vb¨ welqwkÿ‡Ki mv‡_ civgk K‡i Av‡eMxq †ÿ‡Îi gj¨vqb Ki‡eb I †iKW msiÿY Ki‡eb|

17. mvgwqK cixÿv I cvewjK cixÿv

RvZxq wkÿvµg 2012 Gi wb‡`kbv Abmv‡i we`¨vj‡qi wkÿvel Qq gvme¨vcx `ÛwU mvgwq‡K fvM Kiv n‡e| cwZ Qq gv‡m GK mvgwqK wnmv‡e cwZ wkÿv eQ‡i `ÛwU mvgwqK cixÿv Abwôz n‡e| cwZ mvgwqK cixÿv †k‡l avivewnK gj¨vq‡b cvß b¤i‡K GKwÎZ K‡i `ÛwU mvgwq‡K cixÿvq cvß b¤i Ges avivewnK gj¨vq‡b cvß b¤‡ii mgš‡q cwZ wkÿv_xi cieZx D"PZi †kwY ev Kvhµ‡g DbxZ Kivi welq we‡ePbv Kiv n‡e|

mvgwqK Ges cvewjK cixÿvi ckcÎ cYqb Ges DËicÎ gj¨vqb mRbkxj ckc×wZi wb‡`kbv Abmv‡i msMwVZ n‡e| wkÿv e‡li ïi‡Z welqwkÿK cavb wkÿ‡Ki mv‡_ civgk K‡i wkÿvµ‡g c`Ë Aa¨vqmgn‡K `ÛwU mvgwq‡Ki Rb¨ eÈb Ki‡eb| we`¨vj‡qi Kvhw`e‡mi cwigv‡Yi Dci wfwË K‡i Aa¨vqmgn‡K mvgwq‡K eÈb Ki‡Z n‡e| c_g mvgwq‡K gj¨vqbKZ Aa¨vqmgn‡K wØZxq mvgwq‡K gj¨vq‡bi Rb¨ e¨envi Kiv hv‡e bv| Z‡e Aóg I `kg †kwYi cvewjK cixÿvi (JSC, SSC) Rb¨ GB wb‡`kbv c‡hvR¨ bq| welqwkÿK †m Abmv‡i cvV Kvhµg cwiPvjbv Ki‡eb| mvgwqK †k‡l **Ab‡ôq cixÿv wkÿvµ‡g welq Ges c‡Îi Rb¨ eivÏKZ cY b¤‡i n‡e| wkÿvµg i‡c‡iLvi welqKvVv‡gvq wel‡qi cYb¤i †`lqv Av‡Q|**

mRbkxj ckc×wZi ckc‡Î `B ai‡bi ck _vK‡e| GKwU n‡"Q eûwbevPwb ck Ges AciwU n‡"Q mRbkxj ck| eûwbevPwb ckc‡Î wZb ai‡bi eûwbevPwb ck _vK‡e| G¸‡jv n‡"Q mvaviY eûwbevPwb ck, eûc`x mgwßmPK eûwbevPwb ck Ges Awfb Z_¨wfwËK eûwbevPwb ck| eûwbevPwb ckc‡Î wPšb `ÿZvi Pvi ¯‡ii ck Avbcwk¦Knv‡i _vK‡e| mKj Aa¨vq‡K cixÿvi AvIZvf³ Ki‡Z n‡e| ckcÎ cYq‡bi c‡e wb‡`kK QK ^Zwi Ki‡Z n‡e| cwZwU mRbkxj c‡k GKwU DÏxcK _vK‡e Ges DÏxc‡Ki mv‡_ 4wU ck _vK‡e| ck 4wU w`‡q wPšb `ÿZvi PviwU ¯i **(Ávb, Abaveb, c‡qvM Ges D"PZi `ÿZv)** hvPvB Kiv n‡e| b¤i c`vb wb‡`wkKv AbmiY K‡i DËicÎ gj¨vqb Ki‡Z n‡e|

wkÿv µg Dbq‡b msweavb Kwgw U

1. RvZxq wkÿv µg mgšq Kwgw U		
µwgK	bvg I c`we	Kwgw U‡Z c`we
1.	W. Kvgvj Ave`j bv‡mi †Pš'aix mwPe, wkÿv gšÝvjq, evsjv‡`k mwPevjq, XvKv|	mfvcwZ
2.	DcvPvh, RvZxq wekwe`¨vjq, MvRxcí|	m`m¨
3.	W. KvRx Ljx K¾vgvb Avng` †Pqvig¨vb, evsjv‡`k Dbqb cwil` I mfvcwZ, evsjv‡`k A_bxwZ mwgwZ|	m`m¨
4.	hM-mwPe (gva¨wgK), wkÿv gšÝvjq, evsjv‡`k mwPevjq, XvKv|	m`m¨
5.	gnvcwiPvjK, gva¨wgK I D"Pwkÿv Awa`ßi, XvKv|	m`m¨
6.	gnvcwiPvjK, RvZxq wkÿv e¨e¯vcbv GKv‡Wgx, avbgwÛ, XvKv|	m`m¨
7.	gnvcwiPvjK, evsjv‡`k KwiMwi wkÿv Awa`ßi, AvMviMvI, XvKv|	m`m¨
8.	cwiPvjK, AvBBAvi, XvKv wekwe`¨vjq, XvKv|	m`m¨
9.	c‡dmi †gvt †gv¯dv Kvgvj Dwïb †Pqvig¨vb, RvZxq wkÿv µg I cwV¨c¯K †evW, XvKv|	m`m¨
10.	†Pqvig¨vb, gva¨wgK I D"Pgva¨wgK wkÿv‡evW, XvKv|	m`m¨
11.	†Pqvig¨vb, evsjv‡`k KwiMwi wkÿv‡evW, XvKv|	m`m¨
12.	†Pqvig¨vb, evsjv‡`k gv`ivmv wkÿv‡evW, XvKv|	m`m¨
13.	m`m¨ (wkÿv µg), RvZxq wkÿv µg I cwV¨c¯K †evW, XvKv|	m`m¨
14.	c‡dmi W. gnv¤§` Rvdi BKevj wefvMxq cavb, Kw¤úDUvi mv‡qÝ GÛ BwÄwbqwis wefvM, kvnRvjvj weÁvb I chw³ wekwe`¨vjq, wm‡jU|	m`m¨
15.	W. †gvt wQwïKi ingvb cv³b Aa¨vcK I cwiPvjK, wkÿv I M‡elYv Bbw÷wUDU XvKv wekwe`¨vjq, XvKv|	m`m¨
16.	Aa¨vcK W. †gvt AwLZvi¾vgvb Bmjv‡gi BwZnvm I ms¯wZ wefvM, XvKv wekwe`¨vjq, XvKv|	m`m¨
17.	Aa¨vcK kvnxb gvneev Kexi Bs‡iwR wefvM Rvnv½xibMi wekwe`¨vjq, mvfvi, XvKv|	m`m¨
18.	m`m¨ (cv_wgK wkÿv µg), RvZxq wkÿv µg I cwV¨c¯K †evW, XvKv|	m`m¨
19.	m`m¨ (cwV¨c¯K), RvZxq wkÿv µg I cwV¨c¯K †evW, XvKv|	m`m¨
20.	cKí cwiPvjK, GmBGmwWc, gva¨wgK I D"Pwkÿv Awa`ßi, wkÿv feb, XvKv|	m`m¨
21.	Dc mwPe (gva¨wgK), wkÿv gšÝvjq, evsjv‡`k mwPevjq, XvKv|	m`m¨

2. c‡dkbvj Kwgw U		
µwgK	bvg I c`we	Kwgw U‡Z c`we
1.	c‡dmi †gvt †gv¯dv Kvgvj Dwïb †Pqvig¨vb, RvZxq wk¶v µg I cwV¨c¯K †evW, XvKv|	mfvcwZ
2.	gnvcwiPvjK, gva¨wgK I D"P wk¶v Awa`ßi, XvKv|	m`m¨
3.	gnvcwiPvjK, RvZxq wk¶v e¨e¯vcbv GKv‡Wgx, avbgwÛ, XvKv|	m`m¨
4.	cwiPvjK, AvBBAvi, XvKv wekwe`¨vjq,XvKv|	m`m¨
5.	gnvcwiPvjK, evsjv GKv‡Wgx, XvKv|	m`m¨
6.	gnvcwiPvjK, Bmjvwg K dvD‡Ûkb evsjv‡`k, XvKv|	m`m¨
7.	Rbve gbRix¨j Avnmvb ejej cavb m¤úv`K, ^ekvLx †Uwjwfkb wjwg‡UW, XvKv|	m`m¨
8.	cKí cwiPvjK, GmBGmwWc, gva¨wgK I D"P wk¶v Awa`ßi, wk¶v feb, XvKv|	m`m¨
9.	†Pqvig¨vb, gva¨wgK I D"Pgva¨wgK wk¶v‡evW, XvKv I mfvcwZ, evsjv‡`k Avšt †evW mgšq mve Kwgw U|	m`m¨
10.	†Pqvig¨vb, evsjv‡`k gv`ivmv wk¶v †evW, XvKv|	m`m¨
11.	†Pqvig¨vb, evsjv‡`k KwiMwi wk¶v †evW, XvKv|	m`m¨
12.	Aa¨vcK Avãjvn Ave mvqx` cwiPvjK, wekmwnZ¨ †K›`, XvKv|	m`m¨
13.	W. †gvt wQwïKi ingvb civgkK, GmBGmwWc, gva¨wgK I D"Pwkÿv Awa`ßi, XvKv|	m`m¨
14.	Aa¨vcK Kwdj Dïxb Avn‡g` civgkK, cv_wgK wk¶v µg DBs, Gbwmwe, XvKv|	m`m¨
15.	c‡dmi gnv¤§` Avjx cv³b m`m¨, wk¶v µg, Gbwmwe, XvKv| (evmv-ômßKÛ-tgwfm 8g Zjv (cwð̄g), 6/9, eK-wm, jvjgwUqv, XvKv-1207|	m`m¨
16.	Wxb, PviKjv Abl`, XvKv wekwe`¨vjq, XvKv|	m`m¨
17.	c‡dmi mvjgv AvLZvi AvBBAvi, XvKv wekwe`¨vjq, XvKv|	m`m¨
18.	Aa¨¶, wk¶K cwk¶Y K‡jR, XvKv|	m`m¨
19.	m`m¨ (wk¶v µg), RvZxq wk¶v µg I cwV¨c¯K †evW, XvKv|	m`m¨
20.	cavb wk¶K, Meb‡g›U j¨ve‡iUwi nvB ¯'j, avbgwÛ, XvKv|	m`m¨
21.	Rbve †gvkZvK Avn‡g` fBqv weZiY wbqšK, RvZxq wk¶v µg I cwV¨c¯K †evW, XvKv|	m`m¨-mwPe

3. †UKwbK¨vj Kwgw U		
µwgK	**bvg I c`we**	**Kwgw U‡Z c`we**
1.	c‡dmi †gvt Avwe`j ReŸvi cv³b cwiPvjK, bv‡qg, XvKv| (ewo bs-7, moK bs-11, †m±i bs-4, DËi v g‡Wj UvDb, XvKv-1230)	AvnevqK
2.	Aa¨vcK W. Avwe nwg` jwZd mcvi wbDgwi Aa¨vcK, AvBBAvi, XvKv wekwe`¨vjq, XvKv|	m`m¨
3.	c‡dmi Avwe`m menvb cv³b gnvcwiPvjK, cv_wgK wk¶v Awa`ßi (wm-8, evmv bs-52, †ivW bs-6/G, avbgwÛ AvewmK GjvKv, XvKv|)	m`m¨
4.	Aa¨vcK W. †Mvjvg imj wgqv cv³b Aa¨¶, wUPvm †Uwbs K‡jR, XvKv| (evmv bs-47, †ivW bs-02, †m±i-09, DËi v g‡Wj UvDb, XvKv-1230|)	m`m¨
5.	W. †gvt wQwÏKi ingvb civgkK GmBGmwWwc, gva¨wgK I D"Pwk¶v Awa`ßi, wk¶v feb, XvKv|	m`m¨
6.	c‡dmi W. †gvt bvRgj Kwig †P$ai x e¨e¯vcbv wefvM, XvKv wekwe`¨vjq, XvKv|	m`m¨
7.	W. Avãj gv‡jK Aa¨vcK, AvBBAvi, XvKv wekwe`¨vjq, XvKv|	m`m¨
8.	Rbve †gvnv¤§` RwKi †nv‡mb wk¶vµg we‡klÁ GmBGmwWwc, GbwmwUwe, XvKv|	m`m¨
9.	Rbve kvnxbviv †eMg we‡klÁ, GbwmwUwe, XvKv|	m`m¨
10.	Rbve †gvt †gvL‡jm Di ingvb we‡klÁ, GbwmwUwe, XvKv|	m`m¨
11.	Rbve †gvt dinv`j Bmjvg EaŸZb we‡klÁ, GbwmwUwe, XvKv|	m`m¨-mwPe

4. †fwUs Kwgw U		
µwgK	**bvg I c`we**	**Kwgw U‡Z c`we**
1.	**evsjv**	1. Aa¨vcK Avwe`jvn Avwe mvqx` cwiPvjK, wekmwwnZ¨ †K›`, XvKv|
		2. c‡dmi biRvnvb †eMg Aa¨¶, miKwi weÁvb K‡jR, XvKv|
2.	**Bs‡iwR**	1. c‡dmi Avwe`m menvb cv³b gnvcwiPvjK, cv_wgK wk¶v Awa`ßi, XvKv| (wm-8, evmv bs-52, †ivW bs-6/G, avbgwÛ AvewmK GjvKv, XvKv)
		2. c‡dmi †gvt kvgmj nK cv³b Wxb, evsjv‡`k Db¤³ wekwe`¨vjq, MvRxci (evmv bs-25, G¨vcvU‡g›U-we-5, †ivW bs 68G, ¸jkvb-2, XvKv-1212)
3.	**MwYZ**	1. c‡dmi W. †gvt Avãj gwZb MwYZ wefvM, XvKv wekwe`¨vjq, XvKv|
		2. c‡dmi W. †gvt Avãm Qvgv` MwYZ wefvM, XvKv wekwe`¨vjq, XvKv|
4.	**weÁvb**	1. c‡dmi W. †gvt AwRRi ingvb c`v_weÁvb wefvM, XvKv wekwe`¨vjq, XvKv|
		2. Rbve †gvnv¤§` b‡i Avjg wmwÏKx mn‡hvMx Aa¨vcK, AvBBAvi, XvKv wekwe`¨vjq, XvKv|
5.	**evsjv‡`k I wekcwiPq**	1. c‡dmi W. nvi‡b Di iwk` ivóweÁvb wefvM, XvKv wekwe`¨vjq, XvKv|
		2. W. ^mq` nwdRi ingvb mn‡hvMx Aa¨vcK, cwi‡ek weÁvb wefvM Rvnv½xibMi wekwe`¨vjq, mvfvi, XvKv|
6.	**Z_¨ I †hvMv‡hvM chw³**	1. c‡dmi W. gnv¤§` Rvdi Bkevj Kw¤úDUvi mv‡qÝ GÛ BwÄwbqwis wefvM kvnRvjvj weÁvb I chw³ wekwe`¨vjq, wm‡jU|
		2. Rbve †gvt mwdDj Avjg Lvb mnKvix Aa¨vcK, Z_¨ chw³ BÝwUwUDU, XvKv wekwe`¨vjq, XvKv|
7.	**cwi‡ek cwiPwZ**	1. c‡dmi W. G Gm Gg gvKm` Kvgvj fZË wefvM, XvKv wekwe`¨vjq, XvKv|
		2. c‡dmi W. †gvt LexiDÏxb cwi‡ek weÁvb wefvM, Rvnv½xibMi wekwe`¨vjq, mvfvi, XvKv|

5. wkÿvµg Dbqb KwgwU

welq : Bmjvg I ^bwZK wk¶v		†kwY: lô-`kg
µwgK	bvg I c`we	KwgwU‡Z c`we
1	W. †gvt AvLZvi¾vgvb Aa¨vcK, Bmjv‡gi BwZnvm I ms¯‹Z wefvM XvKv wekwe`¨vjq, XvKv|	**AvnevqK**
2	W. gnv¤§` Avãi ikx` Aa¨vcK, BmjwgK ÷wWR wefvM, XvKv wekwe`¨vjq, XvKv|	m`m¨
3	Rbve gnv¤§` BDmd Avjx †kL mn‡hvMx Aa¨vcK, BmjwgK ÷wWR wefvM †eMg e`i‡bmv miKwi gwnjv K‡jR, XvKv|	m`m¨
4	Rbve †gvt wmivRj Bmjvg mnKvix wk¶K, †k‡ievsjvbMi miKwi evjK D"P we`¨vjq, XvKv|	m`m¨
5	Rbve BKevj †gvt Rvnv½xi Avjg kixd mnKvix wk¶K, Rq‡`eci miKwi ewjKv D"P we`¨vjq, MvRxci|	m`m¨
6	Rbve †gvt AwbQi ingvb M‡elYv KgKZv, GbwmwUwe, XvKv|	m`m¨
7	Rbve †i‡eKv mjZvbv wjwc M‡elYv KgKZv, GbwmwUwe, XvKv|	m`m¨
8	W. Avevj Kvjvg †gvt iwdKjvn KwiKjvg we‡klÁ, GmBGmWwc, GbwmwUwe, XvKv|	m`m¨
9	Rbve †gvt wMqvmDÏxb KwiKjvg we‡klÁ, GmBGmWwc, GbwmwUwe, XvKv|	mgšqKvix

6. mvweK mgšq KwgwU		
µwgK	bvg I c`we	KwgwU‡Z c`we
1.	Rbve †gvnv¤§` RwiKi †nv‡mb KwiKjvg we‡klÁ I GmBGmWwc †dvKvj c‡q›U KwiKjvg †W‡fjc‡g›U BDwbU RvZxq wkÿvµg I cvV¨c¯K †ewW, XvKv|	mweK mgšqKvix
2.	Rbve †gvkZvK Avn‡g` fBqv weZiY wbqšK RvZxq wkÿvµg I cvV¨c¯K †ewW, XvKv|	mweK mgšqKvix

wkÿvµg

Bmjvg I ^bwZK wkÿv

Iô-Aóg †kwY

1. fwgKv

Avgv‡`i bZb cRb¨K ^bwZK gj¨‡eva, RvZxq HwZn¨ I gw³h‡×i †PZbvq DØ× K‡i Ávb I chw³‡Z `¶ gvbem¤ú` wnmv‡e M‡o †Zvjvi j‡¶¨ RvZxq wk¶vbxwZ 2010 cYqb Kiv n‡q‡Q| GB wk¶vbxwZ‡Z ag, weÁvb, Z_¨ I †hvMv‡hvM chw³ Ges KwiMwi wkÿv‡K cvavb¨ †`lqv n‡q‡Q| agwkÿv‡K ev¯eRxeb mswkó ^bwZK I gvbweK gj¨‡eva weKv‡k AwaKZi e¨envi Dc‡hvMx Kivi j‡¶¨ welqwU‡K ôag I ^bwZK wk¶vô bv‡g Awfwnz Kiv n‡q‡Q| G wel‡qi gj D‡Ïk¨ n‡jv wbR ag m¤ú‡K cwiwPwZ c`v‡bi gva¨‡g wkÿv_x‡`i AvPiYMZ DrKlmvab I ^bwZK gvbweK MYvewjmg× PwiÎ MVb| G we‡ePbvq cPwjZ ÔBmjvg wkÿvô welqwU‡K ÔBmjvg I ^bwZK wkÿvô bv‡g Awfwnz Kiv n‡q‡Q|

Bmjv‡gi gj bxwZ I weavbmgn kvkZ I AcwieZbxq, wKš mgq cwieZbkxj| cÿvš‡i cPwjZ Bmjvg wkÿvi wkÿvµg I cvV¨c¯¿K AvR †_‡K c‡bi eQi Av‡M (1995-1996) cYqb I ceZb Kiv nq| B‡Zvg‡a¨ mg‡qi Ave‡Z I cwiewZZ †cÿvc‡U wkÿv_x‡`i Pwn`v I `wófw½i e¨vcK cwieZb N‡U‡Q| GgZve¯vq, RvZxq wkÿvbxwZi D‡Ï‡k¨i Av‡jv‡K cwiewZZ mgvR e¨e¯v I wkÿv_x‡`i Pwn`v we‡ePbv K‡i ÔBmjvg I ^bwZK wkÿvô welqwUi wkÿvµg h‡Mvc‡hvMx K‡i †Zvjv Acwinvh n‡q c‡o‡Q|

Bmjvg GKwU cYv½ Rxeb weavb| GwU Rxe‡bi ag, K‡gi ag| wkÿv_x‡`i g‡b Zvlwn`, wimvjvZ, AwLivZ I Bmjv‡gi Ab¨vb¨ †gŠwjK wel‡qi cwZ hv‡Z AUj Av¯v I wekvm M‡o D‡V Ges Zv‡`i wkÿv †hb AvPvi me¯ bv n‡q Zv‡`i g‡a¨ Bmjv‡gi ggevYxi h_vh_ Dcjwã NUvq †mfv‡e Bmjvg I ^bwZK wkÿvi wkÿvµg ^Zwi Kiv n‡q‡Q|

Bmjvg ïa ciKvj me¯ ag bq| BnKvj Ges ciKvj Df‡qi cwZ Bmjvg mgvb ¸iæZ c`vb K‡i| wkÿv_xiv hv‡Z Kwjgv, bvgvh, †ivRv, nR, RvKvZ Ges Ab¨vb¨ Bmjvg AvPvi-Abôvb I ixwZbxwZ m¤ú‡K Ávb ARb, Miæ I Zvrch Dcjwã Ki‡Z Ges †mm‡ei ‰bwZK I gvbweK wkÿv ev¯e Rxe‡b AbmiY Kivi `ÿZv ARb Ki‡Z cv‡i †m jÿ¨‡K mvg‡b †i‡L G wkÿvµg cYqb Kiv n‡q‡Q|

Bmjvg gvbeZvi ag| Bmjvg gvb‡li e¨w³MZ, cwiewiK, mvgvwRK, ivóxq, RvZxq I AvšRwZK mKj †ÿ‡Î ^bwZK I gvbweK gj¨‡ev‡a D¾xweZ Rxebhvcb cZ¨vkv K‡i| ZvB G wkÿvµg cYq‡b wkÿv_x‡`i g‡a¨ †`k‡cg, mZZv, b¨vq-wbôv, mnbkxjZv, D`viZv, k‡gi ghv`v, cwievi I mgv‡Ri m`m¨‡`i cwZ KZe¨, mrKv‡R mn‡hvMZv, mvg¨, MYZwšK gj¨‡eva, åvZZ‡eva, †RÐvi mgZv, bvixi cwZ ghv`v‡eva, mgvR‡mev, mwói †mev, Amv¤ú`wqKZv I cMwZkxjZv BZ¨w` ^bwZK I mvgvwRK ¸Yvewj weKv‡ki cvkvcwk ^bwZK I mvgvwRK gj¨‡evawaewRZ ÿwZKi I Am`vPiYgjK KgKvÐ †_‡K weiZ _vKvi Dcvq¸‡jv Rvbv I Abmi‡Yi Ici ¸iæZ †`lqv n‡q‡Q|

wkïiv AbKiYwcq| GB gb¯wËK avivYv we‡ePbvq †i‡L Bmjwg gj¨‡evawfwËK Av`k Rxeb PwiZ wkÿvµ‡g Ašf³ Kiv n‡q‡Q| cZ¨vkv Kiv hvq, GB me gnvcix‡li Rxe‡bi gnr ¸Yvewji mv‡_ cwiwPZ n‡q Gi Av‡jv‡K wb‡R‡`i Rxeb‡K M‡o Zj‡Z AbcwYZ n‡e Ges e¨w³MZ, cwiewiK, mvgvwRK I ivóxq Rxe‡b BwZevPK fwgKv ivL‡Z mÿg n‡e|

lô, mßg I Aóg †kwYi Rb¨ ÔBmjvg I ^bwZK wkÿvô wkÿvµg cYq‡b cwšK wkLbdj, †kwYfwËK wkLbdj, welqe¯, wcwiqW, wkLb-†kLv‡bv Kvhµg I gj¨vqb †KŠk‡ji mgš‡q GKwU ÔwkÿvµgbKkvô (Curriculum Matrix) AbmiY Kiv n‡q‡Q| agxq Aviwe-dvwm kã I cwifvlv mnR‡eva¨ Kivi j‡ÿ¨ A‡bK †ÿ‡Î cPwjZ evsjv kã I Awfav e¨env‡ii Ici ¸iæZ †`lqv n‡q‡Q| Avkv Kiv hvq, wkÿv_xevÜe cvV¨c¯¿K iPbvq GB wkÿvµg cvV¨c¯¿K c‡YZvi Rb¨ h‡_ó mnvqK n‡e|

2. D‡Ïk¨

1. mekw³gvb GK Avjvni cwZ AUj Av¯v I wekvm M‡o †Zvjv, Zvi ivm‡ji cwZ wekvm I AvbM‡Z¨i avivYv jvf Ges G wekv‡mi Av‡jv‡K ˆbwZK I gvbweK gj¨‡ev‡a weKwkZ nIqv|
2. Bmjv‡gi †gŠwjK AwWK`v ev wekvm m¤‡Ü cwi”Qb avivYv jvf Ges G¸‡jvi gg Dcjwäi gva¨‡g ˆbwZK Rxeb MV‡b Drmvwn‡Z nIqv|
3. Bmjv‡gi †gŠwjK Bev`vZ¸‡jv m¤‡Ü mwe¯v‡i Rvbv Ges wbR Rxe‡b Bev`v‡Zi Af¨vm M‡o Zj‡Z AbcwYZ nIqv|
4. weï×fv‡e KiAvb cv‡V mÿg nIqv|
5. PwiÎ MVb, ˆbwZK I gvbweK gj¨‡eva m¤úwKZ KwZcq miv I nw`‡mi Av‡jv‡K Av`k Rxeb MV‡b AbcwYZ nIqv|
6. gnvb Avjvni ¸YvewjZ m¤ú‡K AewnZ nIqv Ges D³ ¸YvewjZ Rxeb‡K ¸YwšZ Ki‡Z DØ× nIqv|
7. m`vPiY PPvi gva¨‡g Av‡jwKZ gvbl wnmv‡e M‡o DV‡Z AvMnx nIqv|
8. ˆbwZK I gvbweK gj¨‡evam¤úb MYZšgbv, Amv¤ú`wqK, bvixi cwZ k×vkxj Ges †`k‡cwgK Av`k bvMwiK wn‡m‡e M‡o DV‡Z DØ× nIqv|
9. RwZ, ag, eY, wbwe‡k‡l mK‡ji cwZ mg‡SvZv, mn‡hwMZv, mngwgZv I mnbkxjZvi g‡bvfve ARb|
10. we`¨vj‡qi KgKv‡Ê mwµq AskMn‡Yi gva¨‡g wb‡Ri KZe¨ I `wqZ m¤ú‡K m‡PZbZv jvf|

3. **cwšK wkLbdj**

1. GKZev` ev ZvIwn`, Bgvb, wimvjvZ I AwLiv‡Zi ¸i‡Z I Zvrch we‡klY Ki‡Z cvi‡e Ges G¸‡jvi cwZ AUj wekvm ¯vcb K‡i ˆbwZK Rxeb MV‡b DØ× n‡e|
2. k•Ljv‡eva, mshg, mnbkxjZv, Z¨vM, mngwgZv I åvZZ‡eva weKv‡k Bev`‡Zi ¸i‡Z I Zvrch we‡klY Ki‡Z Ges ev¯—e Rxe‡b Zv Abkxjb Ki‡Z cvi‡e|
3. KiAv‡bi ¸i‡Z eYbv Ki‡Z cvi‡e Ges we‡ï×fv‡e KiAvb cvV I K‡qKwU miv I AvqvZ A_mn wkL‡Z mÿg n‡e|
4. ˆbwZK I Av`k Rxeb MV‡bi †ÿ‡Î KiAv‡bi fwgKv e¨vL¨v Ki‡Z cvi‡e Ges AwRZ wkÿv wbR Rxe‡b cwZdj‡b DØ× n‡e|
5. nw`‡mi cwiPq Rvb‡Z cvi‡e I A_mn KwZcq nw`m wk‡L gvbweK ¸Yvewj AR‡b mÿg n‡e|
6. m`vPi‡Yi ¸i‡Z e¨vL¨v Ki‡Z cvi‡e Ges m`vPiY Abkxjb K‡i wbR Rxeb MV‡b AvMnx n‡e|
7. Am`vPiY I mvgwRK Aciv‡ai Kdj e¨vL¨v Ki‡Z Ges †m¸‡jv cwinvi K‡i ˆbwZK Rxebhvc‡bi ¸i‡Z we‡klY Ki‡Z cvi‡e|
8. Av`k Rxe‡bi ¸i‡Z we‡klY Ki‡Z cvi‡e Ges gbxlxM‡Yi RxebPwiZ AbmiY K‡i e¨w³, cwievi, mgvR I ivóxq Rxe‡b BwZevPK fwgKv ivL‡Z Drmvnx n‡e|
9. MYZš, Amv¤ú`wqKZv, bvixi cwZ ghv`v I †`k‡cg m¤ú‡K Ávb jvf K‡i ˆbwZK I gvbweK gj¨‡evam¤úb gvbl wnmv‡e AvPiY c`k‡b DØ× n‡e|
10. we`¨vj‡qi KgKv‡Ê mwµq AskMn‡Yi gva¨‡g wbR `wqZ I KZe¨ cvj‡b DØ× n‡e|

4. cwšK wkLbd‡ji †kwYwfwËK wefvRb

c_g Aa¨vq : AvKvB` (†kwYwfwËK wkLbdj)			cwšK wkLbdj
lô †kwY	**mßg †kwY**	**Aóg †kwY**	
1. AvKvB‡`i avivYv eYbv Ki‡Z cvi‡e|	1. Zvlwn‡`i gg Dcjwä K‡i Gi Zvrch e¨vL¨v Ki‡Z cvi‡e|	1. Bgv‡bi cwiPq I Zvrch we‡klY Ki‡Z cvi‡e|	1. GKZev` ev Zvlwn`, Bgvb, wimvjvZ I AwfLiv‡Zi ¸i‡Z I Zvrch we‡klY Ki‡Z cvi‡e|
2. Zvlwn‡`i (GKZev`) avivYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	2. Kdi I wki‡Ki cwiPq, Kdj Ges ev¯—e Rxe‡b Gme cwinvi Kivi Dcvq eYbv Ki‡Z cvi‡e|	2. wbdv‡Ki (KcUZv) cwiPq I wbdv‡Ki Kdj e¨vL¨v Ki‡Z cvi‡e Ges wbdvK cwinvi Kivi Dcvq eYbv Ki‡Z cvi‡e|	2. Bmjvwg AvKvB` m¤ú‡K mg¨K Ávb jvf K‡i †m Abhvqx ^bwZK Rxebhvc‡bi c‡qvRbxqZv we‡klY Ki‡Z cvi‡e|
3. A_mn Kwjgv Zwq¨ev I Kwjgv kvnv`vZ ï× D”Pvi‡Y co‡Z I e¨vL¨v Ki‡Z cvi‡e|	3. Bgvb gdvmmvj(Bgv‡bi we¯—wiZ cwiPq) A_mn ï×fv‡e co‡Z I ej‡Z Ges Zvrch e¨vL¨v Ki‡Z cvi‡e|	3. Avjvni KwZcq ¸YevPK bv‡gi A_ e¨vL¨v Ki‡Z cvi‡e|	
4. Bgvb gRgvj (Bgv‡bi msweßß cwiPq) A_mn ï× D”Pvi‡Y co‡Z, ej‡Z I e¨vL¨v Ki‡Z cvi‡e|	4. Avjvni K‡qKwU ¸YevPK bv‡gi A_ e¨vL¨v Ki‡Z cvi‡e|	4. belq¨v‡Zi avivYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	
5. Avjvni K‡qKwU ¸YevPK bv‡gi A_ e¨vL¨v Ki‡Z cvi‡e|	5. wimvjv‡Zi Zvrch we‡klY Ki‡Z cvi‡e|	5. belq¨vZ I wimvjv‡Zi cv_K¨ e¨vL¨v Ki‡Z cvi‡e|	
6. wimvjv‡Zi avivYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	6. lwni cwiPq I Gi Dci wekvm ¯—vc‡bi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	6. kvdvqvZ, RvbvZ I Rvnvbvg Gi cwiPqmn cKvi‡f` eYbv Ki‡Z cvi‡e|	
7. AwfLiv‡Zi avivYv e¨vL¨v Ki‡Z cvi‡e|	7. AwfLiv‡Z wekv‡mi ¸i‡Z Ges wmivZ I wghv‡bi cwiPq eYbv Ki‡Z cvi‡e|	7. ^bwZK PwiÎ MV‡b Bgv‡bi fwgKv we‡klY Ki‡Z cvi‡e|	
8. ^bwZKZvi avivYv e¨vL¨v Ki‡Z cvi‡e|	8. ^bwZK Rxebhvc‡b Zvlwn‡`i ¸i‡Z we‡klY Ki‡Z cvi‡e|	8. Bmjv‡gi †gŠwjK wel‡q AUj wekvm (Bgvb) ¯—vc‡b I Abkxj‡b DØ× n‡e|	
9. ^bwZKZv Dbq‡b AvKvB` Gi ¸i‡Z we‡klY Ki‡Z cvi‡e|	9. ev¯—e Rxe‡b Kdi I wkiK cwinvi K‡i Pjvi Af¨vm MV‡b Ges ^bwZK Rxebhvc‡b AbcwYZ n‡e|	9. KcUZvgjK AvPiY cwinvi K‡i Pj‡Z AvMnx n‡e|	
10. Bmjv‡gi †gŠwjK wekv‡mi cwZ Av¯—v ¯—vc‡b Ges ‰bwZK Rxebhvc‡b AvMnx n‡e|	10. Avjvni ¸YevPK bv‡g weaZ ¸Y wbR AvPi‡Y cwZdj‡b AvMnx n‡e|	10. Avjvni ¸YevPK bv‡g weaZ ¸Y wbR AvPi‡Y cwZdj‡b AvMnx n‡e|	
11. Avjvni ¸Ymgn wbR Pwi‡Î cwZdjb NUv‡Z m‡Pó n‡e|	11. AwfLiv‡Z wekvm¯—vc‡bi gva¨‡g ^bwZK Rxebhvc‡b DØ× n‡e|		
12. AwfLiv‡Z wekv‡mi gva¨‡g mr Kgkxj n‡Z DØ× n‡e|			

wØZxq Aa¨vq: Bev`vZ (†kwYwfwËK wkLbdj)			
Iô †kwY	**mßg †kwY**	**Aóg †kwY**	**cwšK wkLbdj**
1. Bev`‡Zi avivYv I cKvi‡f` eYbv Ki‡Z cvi‡e|	1. RvgvAv‡Z mvjvZ Av`v‡qi ¸i“Z e¨vL¨v Ki‡Z cvi‡e|	1. RvKv‡Zi avivYv e¨vL¨v Ki‡Z cvi‡e|	1. cwe‡ÎZvi avivYv I Bev`‡Zi ¸i“Z e¨vL¨v Ki‡Z cvi‡e Ges ev¯e Rxe‡b Bev`vZ cvj‡b mÿg n‡e|
2. cwe‡ÎZv I Acwe‡ÎZvi avivYv I cwe‡Î _vKvi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	2. Bgvg I g³vw`i `wqZ I KZe¨ eYbv Ki‡Z cvi‡e|	2. RvKvZ dih nIqvi kZ I e¨‡qi LvZ eYbv Ki‡Z cvi‡e|	2. k•Lj v‡eva, mshg, mnbkxjZv, Z¨vM, mngwgZv I åvZZ‡eva weKv‡k Bev`‡Zi ¸i“Z I Zvrch we‡klY Ki‡Z Ges ev¯e Rxe‡b Zv Abkxjb Ki‡Z cvi‡e|
3. cwe‡Î nIqvi Dcvq eYbv Ki‡Z cvi‡e|	3. wewfb cKvi mvjv‡Zi (bvgv‡hi) cwiPq I c×wZ eYbv Ki‡Z cvi‡e|	3. RvKv‡Zi agxq, mvgwRK I A_‰bwZK ¸i“Z I Zvrch we‡klY Ki‡Z cvi‡e|	
4. mvjvZ (bvgvh) Av`v‡qi wbqg-Kvbb, mgqmwP, mvjv‡Zi dih, IqwRe, mbvZ, g¯vnve m¤ú‡K eYbv Ki‡Z cvi‡e|	4. R¤§v, C`jwdZi, C`j AvRnv bvgv‡hi ¸iZ I mvgwRK wk¶v eYbv Ki‡Z cvi‡e|	4. n‡Ri avivYv I cUfwg eYbv Ki‡Z cvi‡e|	
5. mvjvZ (bvgvh) f½ I gvKi¡n nIqvi KviY eYbv Ki‡Z cvi‡e|	5. bvgv‡hi Ava¨wZ‡K, ^bwZK, mvgwRK ¸iZ I Zvrch e¨vL¨v Ki‡Z cvi‡e|	5. n‡Ri wbqgvewji avivevwnK weeiY w`‡Z cvi‡e|	
6. wmR`v mvû I wmR`v wZjvIqv‡Zi avivYv I c‡qvRbxqZv eYbv Ki‡Z cvi‡e|	6. mvl‡gi (†ivhvi) avivYv e¨vL¨v Ki‡Z cvi‡e Ges wewfb cKvi †ivhv m¤ú‡K eYbv Ki‡Z cvi‡e|	6. n‡Ri dih, IqwRe I mbvZmgn eYbv Ki‡Z cvi‡e|	
7. ev¯e Rxe‡b k•Lj v‡eva, wbqgvbewZZv I mv‡g¨i avivYv mwó‡Z bvgv‡hi ¸i“Z we‡klY Ki‡Z cvi‡e|	7. †m‡nwi I BdZv‡ii cwiPq, mgqmwP Ges ¸i“Z eYbv Ki‡Z cvi‡e|	7. nR cvj‡bi ÎwU Ges Zv ms‡kva‡bi Dcvq eYbv Ki‡Z cvi‡e|	
8. Ih, †Mvmj I Zvqv¤§‡gi gva¨‡g cwe‡ÎZv AR‡bi Abkxjb Ki‡Z cvi‡e|	8. †ivhv (mvIg) f‡½i KviY Ges †ivhvi Kvhv I Kvddvivi avivYv eYbv Ki‡Z cvi‡e|	8. mvg¨ I wekåvZZ cwZôvq n‡Ri fwgKv we‡klY Ki‡Z cvi‡e|	
9. h_vh_fv‡e bvgvh Av`v‡q Abkxjb Ki‡Z cvi‡e|	9. BwZKv‡di cwiPq, wbqg, Zvrch, eYbv Ki‡Z cvi‡e|	9. Kiewbi avivYv, cUfwg I wbqgvewj eYbv Ki‡Z cvi‡e|	
10. wmR`v mvû I wmR`v wZjvIqvZ c`v‡bi Abkxjb Ki‡Z cvi‡e|	10. mv`vKvZj wdZ‡ii avivYv, Zvrch I Av`v‡qi wbqg eYbv Ki‡Z cvi‡e|	10. AwKKvi avivYv e¨vL¨v Ki‡Z cvi‡e|	
11. ev¯eRxe‡b k•Lj v‡eva I wbqgvbewZZv iÿv Ges mv‡g¨i bxwZ Abmi‡Y DØ× n‡e Ges mncvVx, eÜevÜe I cwiev‡ii m`m¨‡`i †m Abhvqx Pj‡Z AbcwYZ Ki‡e|	11. ev¯e Rxe‡b mshg, mngwgZv I mwnòZv Abkxj‡b †ivhvi ¸i“Z I Zvrch we‡klY Ki‡Z cvi‡e|	**11.** ev¯e Rxe‡b Z¨vM I D`viZv AR‡b Kiewb I AwKKvi ¸i“Z we‡klY Ki‡Z cvi‡e|	
12. memgq cwe‡Î I cwi”Qb _vK‡Z AvMnx n‡e|	12. we‡ï×fv‡e bvgvh I †ivhv Av`v‡q AvMnx n‡e Ges ev¯e Rxe‡b mshg, mngwgZv I mnbkxjZv c`k‡b Drmvnx n‡e|	12. ev¯e Rxe‡b Z¨vM I D`viZvi wkÿv MnY Ges mvgwRK `wqZ cvj‡b wbR‡K c¯Z Ki‡Z AvMnx n‡e|	
13. ï×fv‡e bvgvh Av`v‡q DØ× n‡e|	13. mncvVx I eÜevÜe‡`i bvgvh I †ivhv cvj‡b AbcwYZ Ki‡e|	13. mvgwRK I A_‰bwZK ^elg¨ nv‡m RvKv‡Zi fwgKv m¤ú‡K Av‡iv Ávb AR‡b Drmvnx n‡e|	
14. bvgvh I bvgv‡hi wkÿv welqK Av‡jvPbvq AskMnY Ki‡Z Ges ci¯úi‡K mn‡hwMZv Ki‡Z AvMnx n‡e|	14. mvl‡gi wkÿv Z_v mshg, mngwgZv I mwnòZv welqK `jxq Av‡jvPbvq wKsev †gŠwLK Dc¯vcbvq Drmvnx n‡e|	14. n‡Ri wkÿv Abhvqx mvg¨ I wekåvZZ‡ev‡a DØ× n‡e|	
	15. †ivhvi fwgKv we‡klY Ki‡Z cvi‡e|		

ZZxq Aa¨vq: KiAvb I nvw`m wkÿv (‡kvYwfwËK wkLbdj)			cwšK wkLbdj
Iô †kvY	mßg †kvY	Aóg †kvY	
1. Avj KiAv‡bi cwiPq eYbv Ki‡Z cvi‡e|	1. Avj KiAv‡bi ¸iæZ we‡klY Ki‡Z cvi‡e|	1. ZvRwe‡`i wbqgvewj eYbv Ki‡Z cvi‡e|	1. KiAv‡bi ¸iæZ eYbv Ki‡Z cvi‡e Ges weï×fv‡e KiAvb cvV I K‡qKwU miv I AvqvZ A_mn wkL‡Z mÿg n‡e|
2. ZvRwe` I gvLivR AvqË K‡i weï×fv‡e KiAvwb cvV Ki‡Z mÿg n‡e|	2. gv` I IqvKdmn ZvRwe` Abhvqx weï×fv‡e KiAvb cvV Ki‡Z cvi‡e|	2. cvPwU miv i cUfwg (kv‡bbhj) eYbv Ki‡Z cvi‡e|	2. ˆbwZK I Av`k Rxeb MV‡bi †ÿ‡Î KiAv‡bi fwgKv e¨vL¨v Ki‡Z cvi‡e Ges AwRZ wkÿv wbR Rxe‡b cwZdj‡b mÿg n‡e|
3. KiAv‡bi cvPwU miv A_mn gL¯ ej‡Z I gj e³e¨ e¨vL¨v Ki‡Z cvi‡e|	3. KiAv‡bi cvPwU miv A_mn gL¯ ej‡Z I gj e³e¨ e¨vL¨v Ki‡Z cvi‡e|	3. weï× D”Pvi‡Y KiAv‡bi cvPwU miv A_mn gL¯ ej‡Z Ges gj e³e¨ e¨vL¨v Ki‡Z cvi‡e|	3. nvw`‡mi cwiPq Rvb‡Z cvi‡e I A_mn KwZcq nvw`m wk‡L gvbweK ¸Yvejx AR‡b mÿg n‡e|
4. cvPwU miv i cUfwg (kv‡bbhj) e¨vL¨v Ki‡Z cvi‡e|	4. miv¸‡jvi cUfwg (kv‡bbhj) eYbv Ki‡Z cvi‡e|	4. AvqvZjKimx I miv nvk‡ii †kl wZb AvqvZ gL¯ ej‡Z Ges A_ wjL‡Z cvi‡e|	
5. gbvRvZgjK (cv_bvgjK) `BwU AvqvZ A_mn e¨vL¨v Ki‡Z cvi‡e|	5. gbvRvZgjK (cv_bvgjK) wZbwU AvqvZ A_mn e¨vL¨v Ki‡Z cvi‡e|	5. ˆbwZK I Av`k Rxeb MV‡bi †ÿ‡Î KiAv‡bi fwgKv e¨vL¨v Ki‡Z cvi‡e|	
6. nvw`‡mi cwiPq Ges ˆbwZK ¸Yvejx welqK `BwU nvw`m A_mn eYbv Ki‡Z cvi‡e|	6. nvw`‡mi ¸iæZ eYbv Ki‡Z cvi‡e|	6. ˆbwZK wkÿvi †ÿ‡Î nvw`‡mi ¸iæZ we‡klY Ki‡Z cvi‡e|	
7. nvw`‡mi Av‡jv‡K ˆbwZK I gvbweK gj¨‡ev‡ai cwiPq eYbv Ki‡Z cvi‡e|	7. cv_bvgjK wZbwU nvw`m A_mn gL¯ ej‡Z cvi‡e|	7. cv_bvgjK wZbwU nvw`m A_mn eYbv Ki‡Z cvi‡e|	
8. weï×fv‡e KiAvb cv‡V AvMnx n‡e|	8. ˆbwZK ¸Yvejx welqK wZbwU nvw`m A_mn e¨vL¨v Ki‡Z cvi‡e|	8. weï×fv‡e KiAvb cv‡V AvMnx n‡e|	
9. KiAvb I nvw`‡mi wkÿv Abhvqx ^`b»`b KgKvÊ cwiPvjbv Ki‡Z AvMnx n‡e|	9. nvw`‡mi Av‡jv‡K gvbe‡cg I cigZmwnòZvi ¸iæZ we‡klY Ki‡Z cvi‡e|	9. KiAvb I nvw`‡mi wkÿv Abhvqx mvgvwRK I ˆbwZK Rxebhvc‡b DØ× n‡e|	
	10. weï×fv‡e KiAvb cv‡V AvMnx n‡e|		
	11. KiAvb I nvw`‡mi wkÿv Abhvqx ˆbwZK Rxebhvc‡b Abcwi‡Z n‡e|		
	12. nvw`‡mi Av‡jv‡K gvbe‡cg I cigZ mwnòZvgjK AvPiY c`k‡b DØ× n‡e|		

PZ_ Aa¨vq : AvLjvK (†kwYwfwËK wkLbdj)			cwšK wkLbdj
Iô †kwY	**mßg †kwY**	**Aóg †kwY**	
1. AvLjv‡Ki (PwiÎ) aviYv eYbv Ki‡Z cvi‡e| 2. m`vPi‡Yi aviYv I KwZcq m`vPi‡Yi ¸iæZ Bmjv‡gi `wó‡Z e¨vL¨v Ki‡Z cvi‡e| 3. Am`vPi‡Yi aviYv eYbv Ki‡Z cvi‡e| 4. KwZcq Am`vPi‡Yi aviYv Ges G¸‡jv cwinv‡ii Dcvq e¨vL¨v Ki‡Z cvi‡e| 5. agcvb I gv`Kvmw³i aviYv I Kdj eYbv Ki‡Z cvi‡e| 6. Ÿv¯eRxe‡b m`vPvi‡Y AvMnx n‡e, Am`vPviY †_‡K wbR‡K weiZ ivL‡Z DØ× n‡e Ges wbKUZg e¨w³‡`i weiZ _vK‡Z AbcwYZ Ki‡e| 7. agcvb I gv`Kvmw³RwbZ mvgwRK ¶wZ Ges ¯v¯¨SwK Gwo‡q Pj‡Z AvMnx n‡e|	1. m`vPvi‡Yi aviYv I K‡qKwU m`vPvi‡Yi ¸iæZ e¨vL¨v Ki‡Z cvi‡e| 2. Am`vPi‡Yi aviYv I Kdj eYbv Ki‡Z cvi‡e| 3. Bmjv‡gi `wó‡Z BfwUwRs I wQbZvB-ivnvRvwbi †bwZevPK cfve Ges cwZKv‡ii Dcvq we‡klY Ki‡Z cvi‡e| 4. m`vPvi‡Yi ¸iæZ Abaveb K‡i Rxeb cwiPvjbvq AvMnx n‡e| 5. Am`vPviYgjK AvPiY †_‡K wbR‡K weiZ ivL‡Z Ges Ab¨‡K weiZ Ki‡Z DØ× n‡e| 6. e¨w³MZ Ges `jMZ Kv‡R m`vPviY Ges Am`vPviY wel‡q gZvgZ cKv‡k Drmvnx n‡e| 7. BfwUwRs I wQbZvB Gi AcKwiZv m¤ú‡K m‡PZb n‡e Ges G¸‡jv cwZ‡iv‡a Drmvnx n‡e|	1. m`vPi‡Yi aviYv I KwZcq m`vPi‡Yi ¸iæZ Bmjv‡gi `wó‡Z eYbv Ki‡Z cvi‡e| 2. Am`vPi‡Yi aviYv I G¸‡jv cwinv‡ii ¸iæZ e¨vL¨v Ki‡Z cvi‡e| 3. NI I †PŠhewËi aviYv I cwZKv‡ii Dcvq we‡klY Ki‡Z cvi‡e| 4. mšv‡mi aviYv I cwZKv‡ii Dcvq we‡klY Ki‡Z cvi‡e| 5. ev¯eRxe‡b ˆbwZK I mvgwRK ¸Yvewj Abkxj‡b AvMnx n‡e| 6. ˆ`bw›`b Kv‡R †`k‡cg c`k‡b DØ× n‡e| 7. Am`vPviYgjK AvPiY †_‡K wbR‡K weiZ ivL‡Z Ges Aci‡K weiZ Ki‡Z Drmvnx n‡e| 8. mšv‡mi ÿwZKi w`K Dcjw× Ki‡Z cvi‡e Ges Gi cwZ‡iv‡a DØ× n‡e|	1. m`vPi‡Yi ¸iæZ e¨vL¨v Ki‡Z cvi‡e Ges m`vPiY Abkxjb K‡i wbR Rxeb MV‡b mÿg n‡e| 2. Am`vPiY I mvgwRK Aciv‡ai Kdj e¨vL¨v Ki‡Z Ges †m¸‡jv cwinvi K‡i ˆbwZK Rxebhvc‡bi ¸iæZ we‡klY Ki‡Z cvi‡e|

cÂg Aa¨vq: Av`k RxebPwiZ (†kwYwfwËK wkLbdj)			cwšK wkLbdj
Iô †kwY	**mßg †kwY**	**Aóg †kwY**	
1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e|	1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e|	1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e|	1. Av`k Rxe‡bi ¸i‡Z we‡klY Ki‡Z cvi‡e Ges gbxlxM‡Yi RxebPwiZ AbmiY K‡i e¨w³, cwievi, mgvR I ivóxq Rxe‡b mwµq fwgKv ivL‡Z mÿg n‡e|
2. Bmjwg gbxlxM‡Yi Rxeb PwiZ eYbv Ki‡Z cvi‡e|	2. K‡qKRb gbxlxi Rxeb PwiZ eYbv Ki‡Z cvi‡e|	2. wewkó gbxlxM‡Yi RxebPwiZ eYbv Ki‡Z cvi‡e|	
3. gbxlxM‡Yi RxebPwi‡Z cùwUZ mgvR‡mev, mvgv¨, MYZwšK †PZbv‡eva, åvZZ‡eva, mngwgZv, cigZmwnòZv, †mŠnv`, wek¯Zv, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`wqK `wófw½, b¨vqwePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg, mkvmb cwZôv BZ¨w` ¸Yvewj, Zv‡`i Ae`vb I wkÿv e¨vL¨v Ki‡Z cvi‡e|	3. gbxlxM‡Yi RxebPwi‡Z cùwUZ mgvR‡mev, mv‡g¨i avivYv, MYZwšK †PZbv‡eva, åvZZ‡eva, mngwgZv, cigZmwnòZv, †mŠnv`cY m¤úK, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`wqK `wófw½, b¨vqwePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg, mkvmb cwZôv BZ¨w` ¸Yvewj, Zv‡`i Ae`vb I wkÿv e¨vL¨v I gj¨vqb Ki‡Z cvi‡e|	3. gbxlxM‡Yi RxebPwi‡Z cùwUZ mgvR †mev, mv‡g¨i avivYv, MYZwšK †PZbv‡eva, åvZZ‡eva, mngwgZv, cigZmwnòZv, †mŠnv`, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`wqK `wófw½, b¨vqwePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg I mkvmb cwZôv BZ¨w` ¸Yvewj, Zv‡`i Ae`vb I wkÿv e¨vL¨v I gj¨vqb Ki‡Z cvi‡e|	
4. ev¯eRxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b AvMnx n‡e|	4. ev¯eRxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b DØ× n‡e|	4. ev¯eRxe‡b gbxlxM‡Yi MYvewj AbmiY K‡i Av`k Rxeb MV‡b DØ× n‡e|	
5. `jMZ Kv‡R MYZwšK gj¨‡eva AR‡b Ges †bZZ c`v‡b AvMnx n‡e|	5. `jMZ Kv‡R MYZwšK gj¨‡eva iÿv Ges †bZZ c`v‡b AvMnx n‡e|	5. `jMZ Kv‡R MYZwšK gj¨‡eva iÿv Ki‡Z Ges †bZZ c`v‡b AvMnx n‡e|	

5. **Aa¨vq web¨vm**

Aa¨vq	†kwY I Aa¨v‡qi wk‡ivbvg		
	lô	**mßg**	**Aóg**
c_g Aa¨vq	AvKvB` (†gŠwjK wekvm)	AvKvB` (†gŠwjK wekvm)	AvKvB` (†gŠwjK wekvm)
wØZxq Aa¨vq	Bev`Z	Bev`Z	Bev`Z
ZZxq Aa¨vq	KiAvb I nvw`m wk¶v	KiAvb I nvw`m wk¶v	KiAvb I nvw`m wk¶v
PZ_ Aa¨vq	AvLjvK (PwiÎ)	AvLjvK (PwiÎ)	AvLjvK (PwiÎ)
cÂg Aa¨vq	Av`k RxebPwiZ	Av`k RxebPwiZ	Av`k RxebPwiZ

6. mgq eÈb

wkÿvµ‡g Bmjvg I ˆbwZK wkÿv wel‡qi cwZwU Kv‡mi Rb¨ 50 wgwbU mgq eivÏ ivLvi mcwik Kiv n‡q‡Q| mßv‡n `‡Uv Kvm Abwôz n‡e| Abkxj‡bi gva¨‡g `ÿZv Dbq‡bi Rb¨ A_ev ¸iæZcY wel‡q cvV`v‡bi Rb¨ wkÿK GKwaK wcwiqW GKmv‡_ †blqvi e¨e¯v Ki‡Z cv‡ib|

Aa¨vq	†kwY I ewlK wcwiqW msL¨v		
	lô	**mßg**	**Aóg**
c_g Aa¨vq	18	22	19
wØZxq Aa¨vq	24	23	18
ZZxq Aa¨vq	23	20	25
PZ_ Aa¨vq	22	21	22
cÂg Aa¨vq	19	20	22
†gvU	**106**	**106**	**106**

7. wkÿvµg QK

lô †kwY

c_g Aa¨vq: AvKvB` (†gŠwjK wekvm) (18 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. AvKvB‡`i avivYv eYbv Ki‡Z cvi‡e| 2. Zvlwn‡`i (GKZev`) avivYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 3. A_mn Kwjgv Zwq¨ev I Kwjgv kvnv`vZ ï× D"Pvi‡Y co‡Z I e¨vL¨v Ki‡Z cvi‡e| 4. Bgvb gRgvj (Bgv‡bi msweßcwiPq) A_mn ï× D"Pvi‡Y co‡Z, ej‡Z I e¨vL¨v Ki‡Z cvi‡e| 5. Avjvni K‡qKwU ¸YevPK bv‡gi A_e¨vL¨v Ki‡Z cvi‡e| 6. wimvjv‡Zi avivYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 7. AwLiv‡Zi avivYv e¨vL¨v Ki‡Z cvi‡e| 8. ˆbwZKZvi avivYv e¨vL¨v Ki‡Z cvi‡e| 9. ˆbwZKZv Dbq‡b AvKvB` Gi ¸i‡Z we‡klY Ki‡Z cvi‡e|	• AvKvB‡`i avivYv • Zvlwn‡`i A_ I c‡qvRbxqZv • A_mn Kwjgv Zwq¨ev I Kwjgv kvnv`vZ • Bgvb gRgvj (Bgv‡bi msweßcwiPq) • Avj-AvmgvDj ûmbv (Avjvni m›`i bvgmgn) gwjK, Kwig, Awjg, nwKg-A_ I e¨vL¨v	• a‡i †blqv hvq, cwieZwiK cwi‡e‡k wKsev g³‡e A_ev Ab¨ †Kv‡bv cwZôv‡b AwaKvsk wkÿv_x KiAvb cvV K‡i _vK‡Z cv‡i| ZvQvov cv_wgK ¯i †_‡K gmwjg wkÿv_xiv Avewk¨K welq wnmv‡e Bmjvg ag wel‡q covïbv K‡i Avm‡Q| ZvB Bmjvg I ˆbwZK wkÿv wel‡q AwaKvsk wkÿv_xi wKQ cv_wgK Ávb I AwfÁZv i‡q‡Q| wkÿ‡Ki `wqZ n‡"Q wkÿv_x‡`i wkLb cwKqvq mwKqfv‡e RwoZ K‡i AwfÁZv wewbg‡qi gva¨‡g Zv‡`i Ávb I AwfÁZv‡K mmsMwVZ Kiv| wkÿK wbw`ó wkLbdj AR‡bi j‡ÿ¨ welqe¯i Pwn`v Abhvqx †hme wkLb c×wZ I †KŠkj Aej¤b Ki‡Z cv‡ib Zv Av‡jvPbv Kiv n‡jv: **wkÿK hv Ki‡Z cv‡ib/wkÿv_x hv Ki‡Z cv‡i** • AvKvB` welqwU GB †kwYi Rb¨ bZb weavq wkÿK mivmwi AvKvB‡`i kwãK A_ ejvi Av‡M GK Avjvn, wimvjvZ, AwLivZ BZ¨w` m¤ú‡K **ck-DË‡ii** gva¨‡g AwfÁZvi wewbgq K‡i wkLb-‡kLv‡bv Kvhµg ki‡Z Ki‡Z cv‡ib| • wkÿK cvV¨c¯K I wb‡Ri AwfÁZvi Av‡jv‡K Ges ev¯e D`vniY e¨envi K‡i Zvlwn` ev GKZev‡`i avivYv‡K Av‡iv mmsnZ Ki‡Z cv‡ib (†hgb, GB m›`i cw_ex, Avgv‡`i Pvicv‡ki bvbv Zi¤jZv, ebebwb, cvnvoceZ, mvMi, gnvmvMi, Pv`, mi¤R Av‡iv AMwYZ Mn I bÿÎ BZ¨w` KZ wKQBbv Avgiv †`LwQ! Gme wKQ Kx Avcbv‡Z n‡q †M‡Q? Gm‡ei wcQ‡b wK †Kv‡bv kw³ ev mwóKZv †bB? GM‡jvi DÌvb-cZb, MwZ PjvPj Ggwb‡Z n‡"Q? Gi wcQ‡b Kx †Kv‡bv wbqšYKvix †bB? hw` †_‡KB _v‡K, Zvn‡j H mwóKZv wK GKbv GKwaK? hw` GKwaK n‡Zv Zvn‡j Kx NU‡Z cvi‡Zv mwó Avi Gi wbqš‡Yi †ÿ‡Î?)| • mwói G inm¨gq wel‡q wkÿv_x‡`i‡K **Av‡jvPbvq** AskMn‡Y DrmwnZ Ki‡eb Ges Bmjv‡gi †gŠwjK wekv‡mi cwZ AUj Av¯v ¯vc‡b DØ× Ki‡eb|	• c‡ki-DËi wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv, cvV¨c¯K c‡o UxKv c¯ZKiv BZ¨w` **†kwYi KvR** Ges ewo †_‡K gL¯ K‡i wb‡q Avmv KvR **ewoi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • wewfb Kwjgv, Avjvni ¸YevPK bvg BZ¨w` welq¸‡jv †gŠwLK Dc¯vcbvi gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡Z cv‡ib| • AwLivZ I wKqvg‡Zi cwZ wekvm I fxwZ gvbl‡K Kxfv‡e mrKgkxj n‡Z A_ev ˆbwZKZv Dbq‡b mnvqZv K‡i, Zv †kwY Afxÿvi gva¨‡g gj¨vqb Ki‡Z cv‡ib| • mwóKZv GKwaK n‡j Kx Kx Amweav n‡Zv, Zv **`jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
Av‡eMxq 10. Bmjv‡gi †gŠwjK wekv‡mi cwZ Av¯v ¯vc‡b Ges ‰bwZK Rxebhvc‡b AvMnx n‡e| 11. Avjvni ¸Ymgn wbR Pwi‡Î cwZdjb NUv‡Z m‡Pó n‡e| 12. AwLivZ wekv‡mi gva¨‡g mr Kgkxj n‡Z DØ× n‡e|	• wimvjvZ • AwLivZ: Kei, wKqvgZ I nvki • ˆbwZKZv I AvKvB`	• mwóKZv GKwaK n‡j Kx Kx Amweav n‡Zv Gi Ici **`jMZ KvR** w`‡Z cv‡ib| G j‡ÿ¨ †kwYi wkÿv_x‡`i GKwaK †QvU `‡j wef³ Ki‡eb| c‡Z¨K `j‡K wb‡R‡`i g‡a¨ Av‡jvPbv K‡i HKg‡Z¨i wfwË‡Z MnxZ gZvgZ GKRb‡K wjwce× Ki‡Z Ges KvR‡k‡l †kwY‡Z Dc¯vcb Ki‡Z ej‡eb| †kwY‡Z Dc¯vc‡bi mgq AwaKvs‡ki g‡Z MnxZ c‡qvU¸‡jv wkÿv_x‡`i‡K wbR wbR LvZvq wj‡L wb‡Z ej‡eb| `jxq KvR PjvKv‡j wZwb N‡i N‡i cwZwU `‡ji KvR ch‡eÿY Ki‡eb Ges c‡qvRbxq civgk w`‡eb| • Kwjgv Zwq¨ev, Kwjgv kvnv`vZ, Bgvb gRgvj I Avjvni ¸YevPK bvg¸‡jv ï× D”Pvi‡Y cvVmn A_ I e¨vL¨v (GKwaK cv‡V) **†kwY‡Z Dc¯vcb** Ki‡eb| G¸‡jv gL¯ Kivi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx GKwaK Kv‡m **†gŠwLK Dc¯vcbv** A_ev †kwY Afxÿvi Av‡qvRb Ki‡Z cv‡ib| • wimvjvZ, AwLivZ, Kei, wKqvgZ Ges nvki mswkó wel‡qi avivYv, wekv‡mi c‡qvRbxqZv I ¸i‡Z BZ¨vw` m¤ú‡K **Av‡jvPbv**, wkÿv_x‡`i **bxie cv‡Vi** Av‡qvRb Ki‡Z cv‡ib Ges **ck-DËi** wKsev Bm¨wfwËK Av‡jvPbvq ¸i‡ZcY c‡qvU wkÿv_x‡`i‡K w`‡q †ev‡W wjLv‡Z cv‡ib| • AwLivZ I wKqvg‡Zi cwZ wekvm I fwZ gvbl‡K Kxfv‡e mrKgkxj n‡Z A_ev ˆbwZKZv Dbq‡b mnvqZv K‡i Gi Dci **†gŠwLK Dc¯vcbv ev †kwY Afxÿv A_ev weZ‡Ki** Av‡qvRb Ki‡Z cv‡ib| weZ‡Ki welqe¯i D`vniY: welq: ÒGKgvÎ AwLiv‡Zi wekvm gvbl‡K mrKgkxj n‡Z DØ× K‡iÓ| cwZ `‡j AbwaK wZbRb wkÿv_x _vK‡Z cv‡i| Zviv wbawiZ Zwi‡L cieZx Kv‡m weZ‡K Ask wb‡e| ewo †_‡K weZ‡Ki Rb¨ †bvU ˆZwi K‡i c¯wZ wb‡q Avm‡Z ej‡eb| wkÿK weZ‡Ki wbqg Abmv‡i Abôvb wcwiPvjbv Ki‡eb| • ˆbwZKZv Dbq‡b AvKvB‡`i ¸i‡Zi Ici †kwYi KvR, †hgb-c‡ki DËi wjLv, †Kv‡bv Ab‡”Q` ev iPbv wjLv, cvV¨c¯K c‡o UxKv c¯Z Kiv BZ¨vw` KvR w`‡Z cv‡ib|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hvMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva wnmv‡e gj¨vqb Ki‡Z cv‡ib| • mvgwqK cixÿvq eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

wØZxq Aa¨vq: Bev`vZ (24 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Bev`v‡Zi avivYv I cKvi‡f` eYbv Ki‡Z cvi‡e|	• Bev`‡Zi avivYv	• Avkv Kiv hvq, **Av‡jvPbv, c‡kvËi I c‡qvRbxq wdWe¨vK** Gi gva¨‡g wewfb ai‡bi Bev`vZ m¤ú‡K wkÿv_xi ceeZx †kwY‡Z AwRZ avivYv‡K Av‡iv mmsnZ Ki‡eb|	• bvgv‡hi ¸i‡Zi welqwU **†gŠwLK Dc¯vcbv I †kwYi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib|
2. cweÎZv I AcweÎZvi avivYv I cweÎ _vKvi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e|	• cweÎZv I AcweÎZv • IR Zvqv¤§g I †Mvmj	• Bev`vZ I ¯v¯¨MZ Kvi‡Y cweÎ _vKvi c‡qvRbxqZv m¤ú‡K ev¯e I weÁvbwfwËK D`vniY c`vb Ki‡eb|	• m`vPiY Abkxj‡b bvgv‡hi fwgKv welqwU **†kwY Afxÿvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib|
3. cweÎ nlqvi Dcvq eYbv Ki‡Z cvi‡e|	• mvjvZ (bvgvh)	• Ih, †Mvmj I Zvqv¤§g Kxfv‡e Ki‡Z nq, Zv †`wL‡q w`‡eb Ges Abkxjb Kiv‡eb|	• bvgv‡hi wkÿv welqwU **`jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib|
4. mvjvZ (bvgvh) Av`v‡qi wbqg-Kvbb, mgqmwP, bvgv‡hi dih, IqwRe, mbvZ, g¯vnve m¤ú‡K eYbv Ki‡Z cvi‡e|	• bvgv‡hi mgqmwP • bvgvh Av`v‡qi wbqg • bvgv‡hi dih, IqwRe, mbvZ I g¯vnve	• bvgvh m¤ú‡K wkÿv_x‡K cvV¨c¯‡Ki mswkó Ask **bxie ev mie cv‡Vi** wb‡`kbv w`‡Z cv‡ib| c‡kvË‡ii gva¨‡g bvgv‡hi wbqgvewj m¤ú‡K wkÿv_xi AwfÁZv hvPvB K‡i Zv‡`i avivYv‡K Av‡iv mmsnZ Ki‡eb Ges bvgv‡hi dih, IqwRe, mbvZ I g¯vnvemgn h_vh_fv‡e cvj‡bi Rb¨ Drmwnz Ki‡eb|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgvwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib|
5. bvgvh f½ I gvKi¡n nlqvi KviY eYbv Ki‡Z cvi‡e|	• bvgh f½ I gvKi¡n nlqvi KviY	• bvgvh, wmR`v mvû I wmR`v wZjvlqvZ I bvgvh f‡½i KviY m¤ú‡K Av‡jvPbv‡š bvgvh, wmR`v mvû I wmR`v wZjvlqvZ **Abkxjb** Kiv‡eb Ges G mgq wkÿv_x‡`i bvgvh f½ ev gvKi¡n nlqvi †Kv‡bv KviY NU‡j Zv kbv³ Ki‡Z ej‡eb|	• **mvgwqK cixÿvq** eûbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|
6. wmR`v mvû I wmR`v wZjvlqv‡Zi avivYv I c‡qvRbxqZv eYbv Ki‡Z cvi‡e|	• wmR`v: wmR`v mvû I wmR`v wZjvlqvZ		

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
7. ev¯eRxe‡b k•Ljv‡eva, wbqgvbewZZv I mv‡g¨i avivYv mwó‡Z bvgv‡hi ¸i‡Z we‡klY Ki‡Z cvi‡e| **g‡bv‡cwkR** 8. Ih, †Mvmj I Zvqv¤§‡gi gva¨‡g cweÎZv AR‡bi Abkxjb Ki‡Z cvi‡e| 9. h_vh_fv‡e bvgvh Av`v‡q Abkxjb Ki‡Z cvi‡e| 10. wmR`v mvû I wmR`v wZjvIqvZ c`v‡bi Abkxjb Ki‡Z cvi‡e| **Av‡eMxq** 11. ev¯eRxe‡b k•Ljv‡eva I wbqgvbewZZv iÿv Ges mv‡g¨i bxwZ Abmi‡Y DØ× n‡e Ges mncvVx, eÜevÜe I cwiev‡ii m`m¨‡`i †m Abhvqx Pj‡Z AbcwYZ Ki‡e| 12. memgq cweÎ I cwi”Qb _vK‡Z AvMnx n‡e| 13. ï×fv‡e bvgvh Av`v‡q DØ× n‡e| 14. bvgvh I bvgv‡hi wkÿv welqK Av‡jvPbvq AskMnY Ki‡Z Ges ci¯úi‡K mn‡hwMZv Ki‡Z AvMnx n‡e|	• bvgv‡hi wkÿv : k•Ljv‡eva, wbqgvbewZZv I mvg¨	• bvgv‡hi ¸i‡Z m¤ú‡K wkÿv_x‡`i †cv÷vi wj‡L Avb‡Z ej‡Z cv‡ib Ges cieZx Kv‡m wkÿv_x KZK wjwLZ †cv÷vimgn †ev‡W Uwwb‡q Av‡jvPbv Kiv †h‡Z cv‡i| †ev‡W Uwwb‡q ivLv †cv÷vimg‡ni mvie¯ wkÿv_x‡`i‡K wbR wbR LvZvq wjL‡Z ej‡Z cv‡ib| • m`vPiY Abkxj‡b bvgv‡Ri fwgKv D‡jL K‡i bvgvh cvj‡b wkÿv_x‡K AvMnx K‡i Zj‡eb| G wel‡q †**kwY Afxÿvi** Av‡qvRb Ki‡Z cv‡ib|  • bvgvh Kxfv‡e Avjvni wb‡`k cvj‡bi cvkvcwk e¨w³MZ Rxe‡b k•Ljv, wbqgvbewZZv PPv I mvg¨ cwZôvq Ae`vb ivL‡Q Gi Ici **`jMZ KvR** w`‡Z cv‡ib| Gj‡ÿ¨ wkÿv_x‡`i GKwaK †QvU `‡j (6/7R‡bi) wef³ K‡i `jxq Av‡jvPbvi e¨e¯v Ki‡eb| `jxqfv‡e kbv³KZ welqmgn c‡Z¨K `‡ji GKRb‡K †kwYK‡ÿ Dc¯vcb Ki‡Z ej‡eb| Dc¯vc‡bi mgq mKj wkÿv_x‡K c‡qvRbxq †bvU ivL‡Z ej‡eb	G wel‡q GKwaK `jxq Av‡jvPbv n‡Z cv‡i	GQvov G wel‡q GKwaK weZK Abôv‡bi Av‡qvRb Kiv hvq| †hgb: weZ‡Ki welq n‡Z cv‡i ÒGKgvÎ bvgvh e¨w³MZ/mvgwRK/ivóxq Rxe‡b k•Ljv/wbqgvbewZZv/mvg¨ cwZôv Ki‡Z cv‡iÓ BZ¨vw`|  • bvgv‡hi ¸i‡Zi Ici †gŠwLK Dc¯vcbv ev †kwYi KvR †hgb- c‡kvËi wjLv, †Kv‡bv Ab‡”Q` ev iPbv wjLv, cvV¨c¯K c‡o UxKv c¯Z Kiv BZ¨vw` KvR w`‡Z cv‡ib|	

ZZxq Aa¨vq : KiAvb I nvw`m wk¶v (23 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Avj KiAv‡bi cwiPq eYbv Ki‡Z cvi‡e| 2. ZvRwe` I gvLivR AvqË K‡i we ï×fv‡e KiAvb cvV Ki‡Z mÿg n‡e| 3. KiAv‡bi wbawiZ cvPwU miv A_mn gL¯ ej‡Z I gj e³e¨ e¨vL¨v Ki‡Z cvi‡e| 4. wbawiZ cvPwU mivi cUfwg (kv‡bbhj) e¨vL¨v Ki‡Z cvi‡e| 5. gbvRvZgjK (cv_bvgjK ) `BwU AvqvZ A_mn ej‡Z cvi‡e| 6. nvw`‡mi cwiPq Ges ^bwZK ¸Yvewj welqK `BwU nvw`m A_mn eYbv Ki‡Z cvi‡e| 7. nvw`‡mi Av‡jv‡K ^bwZK I gvbweK gj¨‡ev‡ai cwiPq eYbv Ki‡Z cvi‡e| **Av‡eMxq** 8. we ï×fv‡e KiAvb cv‡V AvMnx n‡e| 9. KiAvb I nvw`‡mi wkÿv Abhvqx ^`b»`b KgKvÐ cwiPvjbv Ki‡Z AvMnx n‡e|	• KiAv‡bi cwiPq • KiAvb cVb: ZvRwe` I gvLivR • A_ I cUfwgmn (kv‡bbhj) KiAv‡bi K‡qKwU miv: ➢ miv Avj dwZnv ➢ miv Avb bvm ➢ miv Avj dvjvK ➢ miv Avj Avmi ➢ miv Avj ûgvhvn • gbvRvZ (cv_bv) • A_mn gbvRv‡Zi wZbwU AvqvZ • nvw`m • A_mn ^bwZK wk¶vgjK `wU nvw`m • A_mn cv_bvgjK `wU nvw`m • nvw`m: gvbweK wk¶v	• mg‡qi Pwn`v Abhvqx Avjvn ZvÕAvjv GB cw_ex‡Z †hme Avmgwb wKZve cwV‡q‡Qb †m m¤ú‡K **ck-DË‡ii** gva¨‡g wkLb-†kLv‡bv Kvhµg ki‡ Ki‡Z cv‡ib| • wkÿv_x‡`i DË‡ii wfwË‡Z Avmgwb wKZv‡ei **GKwU Zvwjkv †ev‡W** wjL‡eb Ges me‡kô I me‡kl wKZve wnmv‡e KiAvb Gi GKwU mswÿß cwiPq Z‡j ai‡eb| • cwV¨c¯K I wb‡Ri AwfÁZvi Av‡jv‡K ev¯e D`vniY (KiAvb I nvw`‡mi D×wZ) e¨envi K‡i we ï×fv‡e KiAvb cv‡Vi ¸i‡Z Z‡j ai‡eb| • wkÿK we ï×fv‡e KiAvb cvV Ki‡eb Ges wkÿv_x‡`i‡K g‡bv‡hvMmnKv‡i **AbKiY I Abkxj‡b (†kwYi KvR)** DØ× Ki‡eb| • we ï×fv‡e KiAvb cv‡Vi wbqgmgn (ZvRwe` I gvLivR) AvqË Ki‡Z Drmwn Z Ki‡eb Ges G‡ÿ‡Î mswkó **wmwW** (e¨envi‡ii mwea v cvlqv mv‡c‡ÿ) e¨envi‡ii civgk w`‡Z cv‡ib| • cUfwgmn mivi A_ I e¨vL¨v bxi‡e cvV Ki‡Z ej‡eb Ges **ck-DË‡ii** gva¨‡g wkÿv_x‡`i avivY v‡K Av‡iv mmsnZ Ki‡eb| • bvgv‡hi mwea v‡_ wbawiZ miv we ï× D”Pvi‡Y gL¯ Kivi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx GKwaK Kv‡m **†gŠwLK Dc¯vcbvi** Av‡qvRb Ki‡Z cv‡ib| • Kxfv‡e gbvRvZ Ki‡Z nq, Zv K‡i †`Lv‡eb Ges wkÿv_x‡`i‡K **AbKiY I Abkxjb** Ki‡Z ej‡eb| • ^bwZK I gvbweK gj¨‡eva AR‡bi †ÿ‡Î KiAvb I nvw`m Kxfv‡e mnvqZv Ki‡Z cv‡i Gi Ici **†kwYi KvR** †hgb- c‡ki DËi wjLv, †Kv‡bv Ab‡”Q` ev iPbv wjLv, cwV¨c¯K c‡o UxKv c¯Z Kiv BZ¨vw` KvR w`‡Z cv‡ib ev **`jMZ KvR** c`vb Ki‡Z cv‡ib A_ev **ewo †_‡K †cv÷v‡i wj‡L** G‡b †kwY‡Z Dc¯vcb I gZvgZ w`‡Z ej‡Z cv‡ib|	• †cv÷v‡i wj‡L Avbvi welq **ewoi KvR** wnmv‡e wbawiZ gvb`‡Ði Av‡jv‡K gj¨vqb Ki‡Z cv‡ib| • ewo †_‡K wbawiZ miv we ï× D”Pvi‡Y gL¯ Kivi KvR¸‡jv **†gŠwLK Dc¯vcbvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib| • ^bwZK I gvbweK gj¨‡eva AR‡bi ‡ÿ‡Î KiAvb I nvw`m Kxfv‡e mnvqZv Ki‡Z cv‡i Zv **†kwY Afxÿvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib| • wbawiZ gvb`‡Ði Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgvwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • **mvgwqK cixÿvq** eûbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

PZ_ Aa¨vq: AvLjvK (PwiÎ) (22 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. AvLjv‡Ki (PwiÎ) aviYv eYbv Ki‡Z cvi‡e| 2. m`vPi‡Yi aviYv I KwZcq m`vPi‡Yi ¸i‡Z Bmjv‡gi `ó‡Z e¨vL¨v Ki‡Z cvi‡e| 3. Am`vPi‡Yi aviYv eYbv Ki‡Z cvi‡e| 4. KwZcq Am`vPi‡Yi aviYv Ges G¸‡jv cwinv‡ii Dcvq e¨vL¨v Ki‡Z cvi‡e| 5. agcvb I gv`Kvmw³i aviYv I Kdj eYbv Ki‡Z cvi‡e|	• AvLjv‡Ki aviYv • m`vPiY (AvLjv‡K nwg`v) • KwZcq m`vPiY- o mZ¨ewU`Zv o wcZvgvZvi cwZ KZe¨ o AvZxq-¯R‡bi cwZ KZe¨ o cwZ‡ekxi cwZ KZe¨ o eo‡`i cwZ k×v I †QvU‡`i cwZ †¯n o mncvVx‡`i mv‡_ mØ¨envi • Am`vPiY (AvLjv‡K hwggv) • KwZcq Am`vPiY o wg_¨vPvi o wMeZ ev ciwb›`v o Mvwj †`Iqv • agcvb I gv`Kvmw³ : aviYv I Kdj	• cwV¨c¯K I wb‡Ri AwfÁZvi Av‡jv‡K AvLjvK m¤ú‡K wkÿv_x‡`i mv‡_ **AwfÁZv wewbg‡qi** gva¨‡g wkLb-†kLv‡bv Kvhµg ki‡ Ki‡Z cv‡ib| • **KiAvb I nvw`‡mi Av‡jv‡K ev¯e D`vni‡Yi** mvnv‡h¨ m`vPiY I Am`vPi‡Yi cv_K¨ Z‡j ai‡eb| • GKRb e¨w³i g‡a¨ †hme ¸YvMY _vK‡j **m`vPiY** Avi †hme **AcQ›`bxq Af¨vm** ev e`-Af¨vm _vK‡j Am`vPiY ejv hvq, Gi GKUv **ZwjKv †ev‡W A_ev †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb** K‡i Av‡jvPbvi Av‡qvRb Ki‡eb Ges wkÿv_x‡`i‡K Gi evB‡i Av‡iv ¸Yv¸Y h³ Ki‡Z ej‡eb| G‡ÿ‡Î gnr e¨w³‡`i `óvš Z‡j ai‡Z cv‡ib| • wkÿv_xi cvov ev gnjvq m`vPiY Kivi Kvi‡Y †KD †Kvb ¯xKwZ †c‡q _vK‡j Zv †kwY‡Z D‡jL Ki‡Z ej‡eb| • gmwjg gbxlxM‡Yi m`vPi‡Yi d‡j Agmwjg‡`i Bmjvg MnY A_ev Zv‡`i Rxe‡bi D‡jL‡hvM¨ †Kvb NUbv D‡jL K‡i wkÿv_x‡`i gZvg‡Zi Rb¨ †kwY‡Z Dc¯vcb Ki‡Z cv‡ib| • fv‡jv eÜ wbevP‡bi †ÿ‡Î m`vPiY we‡ePbv Kiv DwPZ- Gg‡g †kwY‡Z **ÔDcw¯Z e³ZvÕ (†gŠwLK Dc¯vcbv), ÔcwZ‡e`b wjLbÕ (ewoi KvR) A_ev `jMZ KvR** †`Iqv †h‡Z cv‡i| • Bmjv‡gi `ó‡Z **AvZ¥xq-¯Rb I cwZ‡ekxi cwZ KZe¨ -†kwYi KvR, ewoi KvR wKsev `jMZ KvR** †`Iqv †h‡Z cv‡i| • GKRb cwZ‡ekx, AvZ¥xq A_ev eo I †QvU‡`i mv‡_ †Kgb AvPiY Kiv DwPZ-Gi Dci **†kwY‡Z fwgKv AwfbœqiAv‡qvRb Kiv †h‡Z cv‡i|** • Bmjv‡gi `ó‡Z **ck-DË‡ii gva¨‡g AwfÁZv wewbgq** K‡i Am`vPiY I e`-Af¨v‡mi aviYv I Gm‡ei ÿwZKi w`K ev cwiYwZ e¨vL¨v Ki‡eb|	• AvZ¥xq-¯Rb I cwZ‡ekxi cwZ KZe¨ Gi Ici UxKv, ck-DËi †jLv ev iPbv †jLv I †cv÷vi ^Zwii cwZ‡hvMZv †kwYi KvR A_ev ewoi KvR wnmv‡e gj¨vqb Ki‡Z cv‡ib| • cwZ‡e`b wjLv ewoi KvR wnmv‡e gj¨vqb Kiv †h‡Z cv‡i| • ÔDcw¯Z e³ZvÕ †gŠwLK Dc¯vcbvi gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡Z cv‡ib| • agcvb I gv`Kvmw³i Awf_K, mvgwRK, ^bwZK, ¯v¯¨MZ Ges agxq Kdj I cwiYwZ †kwY Afxÿvi gva¨‡g gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
Av‡eMxq 6. Ÿv¯eRxe‡b m`vPi‡Y AvMnx n‡e Am`vPiY †_‡K wbR‡K weiZ ivL‡Z DØ× n‡e Ges wbKUZg e¨w³‡`i weiZ _vK‡Z AbcwYZ Ki‡e|  7. agcvb I gv`Kvmw³ RwbZ mvgwRK ¶wZ Ges ¯v¯¨SwK Gwo‡q Pj‡Z AvMnx n‡e|		• agcvb I gv`Kvmw³ i Aww_K, mvgwRK, ^bwZK, ¯v¯¨MZ Ges agxq Kdj I cwiYwZ m¤ú‡K **Zvwjkv, PvU ev †cv÷vi ^Zwii Rb¨ †kwYi KvR, evwoi KvR wKsev `jMZ KvR** †`lqv †h‡Z cv‡i| • **wek ZvgvK w`em D`hvcb Dcj‡ÿ we`¨vj‡q Av‡jvPbv Abôvb ev †cv÷vi wjLvi** cwZ‡hwMZvi Av‡qvRb Kiv †h‡Z cv‡i| †cv÷v‡ii welqe¯ n‡Z cv‡i: Ô**agcvb I gv`Kvmw³ i Kdj**Õ,Ô**agcvb I gv`Kvmw³ i ¯v¯¨SwK**Õ, Ô**G‡mv agcvb‡K ÒbvÓ ewj**Õ • cÎ-cwÎKvq cKwkZ A_ev †iwWI ev †Uwjwfk‡b cPwiZ agcvb ev gv`Kvmw³ m¤úwKZ Z‡_¨i Av‡jv‡K **cwZ‡e`b wjLvi KvR** †`lqv †h‡Z cv‡i|  • wg_¨v ejv, wMeZ ev ciwb›`v I Mwj †`lqvi Kvi‡Y eÜ ev †Ljvi mv_x‡`i mv‡_ Kx ai‡bi m¤ú‡Ki AebwZ NU‡Z cv‡i Gi Ici †**kwYi KvR (**thgb- c‡ki DËi wjLv, K‡_vcK_b wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv, cwV¨c¯K c‡o UxKv c¯ZKiv BZ¨w` KvR w`‡Z cv‡ib**), evwoi KvR ev `jMZ KvR** †`lqv †h‡Z cv‡i| • Ôagcvb I gv`Kvmw³ i Aww_K ÿwZ I ¯v¯¨SwKÕ m¤ú‡K GKwU **AbmÜvbgjK KvR** (Assignment) †`lqv †h‡Z cv‡i| wMeZ/ciwb›`v wel‡q K‡_vcK_‡bi bgbv: [wUwdb wcwiq‡W `B eÜ-bwdm I †njvj we`¨vj‡qi gv‡V e‡m Avjvc KiwQj wVK Gmgq Aci eÜ nwee Gi AvMgb] nweeÑ Avmmvjvg AvjvBKg, †`v¯ †Zvgiv †Kgb AvQ? bwdmÑ IqvAvjvBKg mvjvg, Avjnvg`wjjvn, Zwg fv‡jv †Zv? [†njvj †Kvb Reve bv w`‡q PcPvc e‡m _v‡K] nweeÑ [†njv‡ji Kv‡Q wM‡q wc‡V nvZ ewj‡q] Kx †`v¯ Zwg Pc †Kb? †Kv‡bv Kvi‡Y Kx †Zvgvi gb Lvivc? [Zvicil †njvj Pc _v‡K] bwdmÑ †njvj †Zvgvi Ici fxlY ivM K‡i‡Q| MZ evsjv‡`k ebvg I‡q÷ BwÛR wµ‡KU †Ljvq †Zvgv‡K wb‡q †`L‡Z bv hvIqvq wgbv I Awi‡di Kv‡Q Zwg Zvi m¤ú‡K wfwËnxb K_v (wMeZ) e‡jQ| Zv Zwg wVK K‡iwb| nweeÑ I†Zv Avgvi `xN w`‡bi eÜ| Avgv‡K †i‡L hvIqvUv †gv‡UB mn¨ Ki‡Z cwiwb| ZvB g‡bi `t‡L Av‡Rev‡R K_v e‡j †d‡jwQ| bwdmÑ Zwg Kx Rvb-bv GKR‡bi wei‡× wMeZ ejv Bmjv‡g wb‡la! m¨vi bv Kv‡m KiAv‡bi AvqvZ D‡jL K‡i e‡jwQ‡jb,Ò‡Zvgiv G‡K Ac‡ii wMeZ K‡iv| †Zvgv‡`i g‡a¨ wK †KD Zvi gZ fvB‡qi †MvkZ †L‡Z cQ›` Ki‡e? wbðq Zv †Zvgiv AcQ›` Ki‡e|Ó nweeÑ mwZ¨ Awwg `twLZ| [†njv‡ji nvZ a‡i]†`v¯, Avgv‡K ÿgv K‡i `vI| †Zvgv‡K A‡bK Kó w`‡qwQ| Avi Ggb n‡e bv| ‡njvjÑ wQt ZB Ggb K‡i ejwQm †Kb? Avgiv †Zv me mg‡qi eÜ| Avgvi I GKU fj n‡q‡Q| †Zvgv‡K Rvbv‡Z cwiwb| [Kv‡mi NÈv c‡o‡Q]Pj Kv‡m hvB|		• wbw`ó gvb`‡Êi Av‡jv‡K AbmÜvbgjK KvR wnmv‡e gj¨vqb Ki‡eb| • wg_¨v ejv, ciwb›`v I Mwj †`lqvi Kvi‡Y eÜ ev †Ljvi mv_x‡`i mv‡_ Kx ai‡Yi m¤ú‡Ki AebwZ NU‡Z cv‡i Zv `jMZ KvR wn‡m‡e wbaviY Ki‡Z †`lqv I gj¨vqb Kiv|

cÂg Aa¨vq: Av`k RxebPwiZ (19 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e| 2. Bmjwg gbxlxM‡Yi Rxeb PwiZ eYbv Ki‡Z cvi‡e| 3. gbxlxM‡Yi Rxeb Pwi‡Z cùwUZ mgvR‡mev, mvg¨, MYZwšK †PZbv‡eva, åvZZ‡eva, mngwgZv, cigZmwnòZv, †mŠnv`, wek¯Zv, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`wqK `wófw½, b¨vqwePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg, mkvmb cwZôv BZ¨w` ¸Yvewj Ges Zv‡`i Ae`vb I wkÿv e¨vL¨v Ki‡Z cvi‡e|  **Av‡eMxq**  4. ev¯eRxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b AvMnx n‡e| 5. `jMZ Kv‡R MYZwšK gj¨‡eva AR‡b Ges †bZZ c`v‡b AvMnx n‡e|	• K‡qKwU Av`k RxebPwiZ- o nhiZ gnv¤§v` (m) ➢ Rb¥ I esk cwiPq (msweÿß) ➢ Rb¥j‡M Avi‡ei mvgwRK Ae¯v ➢ gnvbwe (m) Gi Pwiw`K ˆewkó¨ I cv`x enxivi fwel¨r evYx ➢ kwš cwZôvq gnvbwe (m) ➢ beq¨vZ cwß I Avi‡ei †jvK‡`i cwZwµqv o nhiZ Ave eKi (iv) o nhiZ Dgi dvi‡K (iv) o nhiZ Lw`Rv (iv) o nhiZ Bgvg Ave nwbdv (i) o nhiZ Ave`j Kw`i wRjvbx (i)	• cvV¨c¯‡Ki mnvqZv wb‡q Av`k Rxeb Pwi‡Zi ˆewkó¨ m¤ú‡K **ck-DË‡ii** gva¨‡g wkLb-†kLv‡bv Kvhµg ki“ Ki‡Z cv‡ib| c‡qvR‡b wb‡R A_ev wkÿv_x‡`i‡K w`‡q †ev‡W Av`k Rxeb Pwi‡Zi ˆewkó¨mgn wjLv‡Z cv‡ib| • Av`k Rxeb Pwi‡Zi ˆewk‡ó¨i Av‡jv‡K wkÿv_x‡`i‡K Zv‡`i Rvbv Bmjwg gj¨‡evawfwËK gbxlxM‡Yi bvg **†ev‡W wjLvi** Rb¨ Avnevb Rvbv‡Z cv‡ib| • †kwY‡Z wkÿv_x‡`i GKwaK †QvU `‡j wef³ Ki‡Z cv‡ib| c‡Z¨K `j‡K we‡kl †Kv‡bv gbxlxi Rxe‡bi we‡kl we‡kl ¸Yvewji Ici `jMZ KvR w`‡Z cv‡ib| HKg‡Z¨i wfwË‡Z GKRb‡K gZvgZ¸‡jv wjwce× Ki‡Z Ges KvR‡k‡l †kwY‡Z Dc¯vcb Ki‡Z ej‡Z cv‡ib| †kwY‡Z Dc¯vc‡bi mgq AwaKvs‡ki g‡Z MnxZ c‡qvU¸‡jv mKj wkÿv_x‡K wbR wbR LvZvq wj‡L wb‡Z ej‡eb| `jxq KvR PjvKv‡j wZwb N‡i N‡i cwZwU `‡ji KvR ch‡eÿY Ki‡eb Ges c‡qvRbxq civgk c`vb Ki‡eb| • we‡kl †Kv‡bv gbxlxi RxebPwiZ fv‡jvfv‡e c‡o Avmvi Rb¨ ewoi KvR w`‡Z cv‡ib Ges cieZx Kv‡m **Dcw¯Z e³Zv (†gŠwLK Dc¯vcbv) A_ev †kwY Afxÿvi** Av‡qvRb Ki‡Z cv‡ib| • gbxlx‡`i Rxe‡bi we‡kl ˆewk‡ó¨i Ici †kwYi KvR †hgb- Ab‡"Q` ev UxKv wjLv A_ev iPbv cwZ‡hvwMZvi Av‡qvRb Kiv †h‡Z cv‡i (†hgbÑ †QvU‡`i nhiZ gnv¤§v` (m), nhiZ gnv¤§v` (m) Gi †`k‡cg, nhiZ Ave eKi (iv) Gi mZ¨ewY`Zv, nhiZ Dgi (iv) Gi b¨vqwePvi ev mkvmb, c_g gmwjg nhiZ Lw`Rv (iv), nhiZ Ave`j Kw`i wRjvbx (i) Gi gvZf³ BZ¨w`) • ev¯e Rxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b AvMnx Kivi D‡Ï‡k¨ we`¨vjq MšÍvMvi ev Ab¨ †Kv_vI †_‡K RxebxMš msMn K‡i Av`k Rxeb PwiZ covi civgk w`‡Z cv‡ib| • wkÿv_x‡`i‡K Bmjwg gj¨‡ev‡a DØ× Kivi j‡ÿ¨ HwZnwmK Bmjwg ¯vb, ¯vcbv/cwZôvb cwi`k‡bi e¨e¯v Kiv †h‡Z cv‡i|	• c‡ki DËi wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv, cvV¨c¯K c‡o UxKv c¯ZKiv BZ¨w` **†kwYi KvR ev ewoi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • gbxlxM‡Yi Rxe‡bi we‡kl ˆewkó¨ **†kwY Afxÿvi** gva¨‡g wkÿv_x‡`i AwRZ Ávb I `ÿZv hvPvB Ki‡Z cv‡ib| • wbawiZ gvb`‡Ði Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hvMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³ I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • mvgwqK cixÿvq eûwbewPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

8. wkÿvµg QK

mßg †kwY

c_g Aa¨vq: AvKvB` (†gŠwjK wekvm) (22 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Zvlwn‡`i gg Dcjwä K‡i Gi Zvrch e¨vL¨v Ki‡Z cvi‡e| 2. Kdi I wki‡Ki cwiPq, Kdj Ges ev¯e Rxe‡b Gme cwinvi Kivi Dcvq eYbv Ki‡Z cvi‡e| 3. Bgvb gdvmmvj(Bgv‡bi we¯wiZ cwiPq) A_mn ï×fv‡e co‡Z I ej‡Z Ges Zvrch e¨vL¨v Ki‡Z cvi‡e| 4. Avjvni K‡qKwU ¸YevPK bv‡gi A_ e¨vL¨v Ki‡Z cvi‡e| 5. wimvjv‡Zi Zvrch we‡klY Ki‡Z cvi‡e| 6. Iwni cwiPq I Gi Dci wekvm ¯vc‡bi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 7. AwLiv‡Z wekv‡mi ¸i‡Z Ges wmivZ I wghv‡bi cwiPq eYbv Ki‡Z cvi‡e| 8. ^bwZK Rxebhvc‡b Zvlwn‡`i ¸i‡Z we‡klY Ki‡Z cvi‡e|	• Zvlwn‡`i (GKZev`) ¸iZ I Zvrch • Kdi (A¯xKvi) • wkiK (Askxev`) • Bgvb gdvmmvj: A_, e¨vL¨v I Zvrch • AvmgvDj ûmbv (Avjvni m›`i bvgmgn): Avj-nvq¨, Avj-KvBq¨g, Avj-Avhxh, Avj-Lvexi, Avm-mvei Gi A_ I e¨vL¨v	• weMZ Kv‡mi Zvlwn` mswkó AwfÁZvi wewbgq (**ck-DË‡ii gva¨‡g**) K‡i wkLb-†kLv‡bv Kvhµg ki‡e Ki‡Z cv‡ib| • cvV¨c¯K I wb‡Ri AwfÁZvi Av‡jv‡K Zvlwn` ev GKZev‡`i Zvrch we‡klY Ki‡Z cv‡ib Ges G wel‡q RxebNwbô D`vniY e¨envi Ki‡Z cv‡ib| • Zvlwn` wel‡q **†kwYi KvR** †hgb-c‡ki DËi wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv Ges cvV¨c¯K c‡o UxKv c¯Z Kiv BZ¨vw` KvR w`‡Z cv‡ib| • Zvlwn` ev GKZev‡` wekv‡mi d‡j e¨w³ Rxeb I K‡g Kx Kx cwieZb Avm‡Z cv‡i Gi Ici **`jMZ KvR** w`‡Z cv‡ib Ges (m¤ve¨ †ÿ‡Î) Av‡jvPbvi djvdj gwëwgwWqvi mvnv‡h¨ †kwY‡Z Dc¯vcb Kiv †h‡Z cv‡i| • Kdi I wki‡Ki Kdj Ges ev¯e Rxe‡b Kdi I wkiK cwinvi Kivi Dcvq Gi Ici †gŠwLK Dc¯vcbv, **ZwjKv ev †cv÷vi** ^Zwii KvR w`‡Z cv‡ib| • Bgvb gdvmmvj I Avjvni ¸YevPK bvg¸‡jv ï× D"Pvi‡Y cvVmn A_ I Zvrch we‡klY K‡i †kwY‡Z Dc¯vcb Ki‡eb| Bgvb gdvmmvj gL¯ Kivi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx GKwaK Kv‡m **†gŠwLK Dc¯vcbv** A_ev **†kwY Afxÿvi** Av‡qvRb Ki‡Z cv‡ib|	• Zvlwn` wel‡q c‡ki DËi wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv Ges cvV¨c¯K c‡o UxKv c¯Z Kiv BZ¨vw` †kwYi KvR wnmv‡e KwZZ hvPvB Ki‡Z cv‡ib| • Kdi I wki‡Ki Kdj Ges ev¯e Rxe‡b Kdi I wkiK cwinvi Dcvq **†gŠwLK Dc¯vcbv ev †kwY Afxÿvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib| • wbawiZ gvb`‡Ði Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib|

c_g Aa¨vq: AvKvB` (†gŠwjK wekvm) **(22 wcwiqW)** **Pjgvb 2**

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
Av‡eMxq 9. ev¯eRxe‡b Kdi I wkiK cwinvi K‡i Pjvi Af¨vm MVb Ges ˆbwZK Rxebhvc‡b AbcwYZ n‡e| 10. Avjvni ¸YevPK bv‡gi weaZ ¸Y wbR AvPi‡Y cwZdj‡b AvMnx n‡e| 11. AwLiv‡Z wekvm ¯vc‡bi gva¨‡g ˆbwZK Rxebhvc‡b DØ× n‡e|	• wimvjvZ I Inx • AwLivZ: wmivZ I wghvb • Zvlwn` I ˆbwZK Rxeb	• wimvjvZ, Iwn I AwLiv‡Zi (wmivZ I wghvbmn) wekv‡mi c‡qvRbxqZv I Zvrch m¤ú‡K **Av‡jvPbv** I wkÿv_x‡`i **bxie cv‡Vi** Av‡qvRb Ki‡Z cv‡ib Ges **ck-DËi** wKsev **Bm¨wfwËK Av‡jvPbvq** ¸i‡ZcY c‡q›U wkÿv_x‡`i‡K w`‡q †ev‡W wjLv‡Z cv‡ib|  • Zvlwn‡` AUj wekvm gvbl‡K ˆbwZK Rxeb MV‡b mnvqZv K‡i Gi Dci **†gŠwLK Dc¯vcbv A_ev weZ‡Ki** Av‡qvRb Ki‡Z cv‡ib| weZ‡Ki welqe¯ n‡Z cv‡i- welq: Ò†agvÎ Zvlwn‡` AUj wekvm gvbl‡K ewjô I ˆbwZK PwiÎ Dcnvi w`‡Z cv‡iÓ cwZ `‡j AbwaK wZbRb wkÿv_x _vK‡Z cv‡i| Zviv wbawiZ Zwi‡L cieZx Kv‡m weZ‡K Ask wb‡e| ewo †_‡K weZ‡Ki Rb¨ †bvU ˆZwi K‡i c¯wZ wb‡q Avm‡Z ej‡eb| Ab¨vb¨ wkÿv_xiv †kvZv wnmv‡e _vK‡e| wkÿK weZ‡Ki wbqg Abmv‡i AbôvbwU cwiPvjbv Ki‡eb Ges weRqx‡`i ci¯ZZ Kiv †h‡Z cv‡i|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • mvgwqK cixÿvq eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

wØZxq Aa¨vq: Bev`Z (23 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. RvgvAv‡Z mvjvZ Av`v‡qi ¸i‡Z e¨vL¨v Ki‡Z cvi‡e| 2. Bgvg I g³vw` `vwqZ I KZe¨ eYbv Ki‡Z cvi‡e| 3. wewfb cKvi bvgv‡hi cwiPq I c×wZ eYbv Ki‡Z cvi‡e| 4. R¤§v, C`jwdZi, C`j AvRnv bvgv‡hi ¸iZ I mvgwRK wk¶v eYbv Ki‡Z cvi‡e| **5.** bvgv‡hi Ava¨wZ‡K, ^bwZK, mvgwRK ¸iZ I Zvrch we‡klY Ki‡Z cvi‡e| 6. mvl‡gi (†ivhvi) avivYv e¨vL¨v Ki‡Z cvi‡e Ges wewfb cKvi †ivhv m¤ú‡K eYbv Ki‡Z cvi‡e| 7. †m‡nwi I BdZv‡ii cwiPq, mgqmwP Ges ¸i‡Z eYbv Ki‡Z cvi‡e| 8. †ivhv f‡½i KviY Ges †ivhvi Kvhv I Kvddviv avivYv eYbv Ki‡Z cvi‡e|	• mvjvZ (bvgvh): RvgvAvZ, Bgvg, g³vw` • wewfb cKvi bvgvh: gvme‡Ki bvgvh, gmwd‡ii bvgvh, iM e¨w³i bvgvh, R¤§vi bvgvh, C`jwdZi I C`j AvRnvi bvgvh, Rvbvhvi bvgvh, Zviwe‡ni bvgvh, Zvnv¾‡`i bvgvh, Bkiv‡Ki bvgvh, Avlqwe‡bi bvgvh • bvgv‡hi ^bwZK I mvgwRK wk¶v	• Avkv Kiv hvq, ceeZx †kwY‡Z cvß welqe¯ m¤ú‡K wkÿv_x‡`i avivYv c‡kvË‡ii gva¨‡g Rvb‡eb Ges G avivYv mmsnZ Kivi j‡ÿ¨ Av‡jvPbv I c‡qvRbxq wdWe¨vK Gi lci wfwË K‡i Z_¨-DcvË c`v‡bi gva¨‡g bZb avivYvi AeZviYv Ki‡eb| • c‡kvË‡ii gva¨‡g RvgvAv‡Z bvgvh Av`v‡qi mdj m¤ú‡K Zv‡`i gZvgZ Rvb‡Z PvB‡eb| c‡qvR‡b wb‡Ri AwfÁZv ev¯e D`vni‡Yi mvnv‡h¨ e¨vL¨v Ki‡eb| • RvgvAv‡Z bvgvh Av`v‡qi ¸iZ m¤ú‡K **`jMZ Av‡jvPbvi** e¨e¯v Ki‡Z cv‡ib| wkÿv_x‡`i `jxq gZvgZ wjwce× Ki‡Z ej‡eb| `jxq gZvgZ `j‡bZv‡K Dc¯vcb Ki‡Z ej‡eb| Av‡jvPbv †k‡l `jxq Av‡jvPbvq cvß wm×všmgn †ev‡W wb‡R wjL‡eb ev wkÿv_x‡`i‡K w`‡q wjLv‡eb| cvß Z_¨ m¤ú‡K HKgZ¨ MV‡bi j‡¶¨ mK‡ji gZvgZ hvPvB Ki‡eb| AwZwi³ †Kv‡bv c‡qvRbxq Z_¨ ev gZvgZ †c‡j Zv wjwce× Ki‡Z ej‡eb|	• bvgv‡hi Ava¨wZ‡K, ^bwZK I mvgwRK ¸iZ **†kwYi KvR, ewoi KvR, †gŠwLK Dc¯vcbv I †kwY Afxÿvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib| • wbawiZ gvb`‡Ði Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hvMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
9. BwZKv‡di cwiPq, wbqg, Zvrch eYbv Ki‡Z cvi‡e| 10. mv`vKvZj wdZ‡ii avivYv, Zvrch I Av`v‡qi wbqg eYbv Ki‡Z cvi‡e| 11. ev¯eRxe‡b mshg, mngwgZv I mwnòZv Abkxj‡b †ivhvi ¸i‡Z I Zvrch we‡klY Ki‡Z cvi‡e| **Av‡eMxq** 12. weï×fv‡e bvgvh I †ivhv Av`v‡q AvMnx n‡e Ges ev¯e Rxe‡b mshg, mngwgZv I mnbkxjZv c`k‡b Drmvnx n‡e| 13. mncvVx I eÜevÜe‡`i bvgvh I †ivhv cvj‡b Abcwy Z Ki‡e|  14. mvl‡gi wkÿv Z_v mshg, mngwgZv I mwnòZv welqK `jxq Av‡jvPbvq wKsev †gŠwLK Dc¯vcbvq Drmvnx n‡e|	• mvlg (†ivhv) • mvnwi I BdZvi • †ivhvi Kvhv I Kvddviv • BwZKvd • mv`vKvZj wdZi • †ivhvi wk¶v: mshg, mngwgZv I mwnòZv	• c‡kvË‡ii gva¨‡g wewfb cKvi bvgv‡hi cwiPq m¤ú‡K Av‡jvPbv Ki‡Z cv‡ib Ges C`jwdZi I C`j AvRnvi bvgvh Abkxjb Ki‡Z ej‡eb| • bvgv‡hi Ava¨wZ‡K, ˆbwZK I mvgwRK ¸iZ Ges Zvrch m¤ú‡K †cv÷vi wj‡L Avb‡Z ej‡Z cv‡ib| G wel‡q **ewwoi KvR, †kwYi KvR, †gŠwLK Dc¯vcbv, †kwY Afxÿv I `jMZ Av‡jvPbvi** Av‡qvRb Ki‡Z cv‡ib|  • cwV¨c¯‡Ki mnvqZvq mvnwi, BdZvi, BwZKvd I mv`vKvZj wdZ‡ii ¸i‡Z Z‡j ai‡eb Ges G wel‡q **†kwYi KvR, †gŠwLK Dc¯vcb I †kwY Afxÿvi** e¨e¯v Ki‡Z cv‡ib| • †ivhv (mvlg) f‡½i Kvi‡Yi ZwjKv ev †cv÷vi wjL‡Z w`‡Z cv‡ib|  †ivhv (mvlg) wKfv‡e mshg, mngwgZv I mwnòZv Abkxj‡b fwgKv cvjb K‡i Zv Rvb‡Z Pvlqvi gva¨‡g **Av‡jvPbvi** mÎcvZ Ki‡eb| me‡k‡l †ivhvi (mvl‡gi) ¸iZ m¤ú‡K wkÿK wbR¯ gZvgZ w`‡eb| G wel‡q **†kwYi KvR, †gŠwLK Dc¯vcbv ev †kwY Afxÿvi** e¨e¯v Ki‡Z cv‡ib|	• mvgwqK cixÿvq eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

ZZxq Aa¨vq : KiAvb I nvw`m wk¶v (20 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Avj KiAv‡bi ¸iæZ eYbv Ki‡Z cvi‡e| 2. gv` I lqvKdmn ZvRwe` Abhvqx we¨ï×fv‡e KiAvb cvV Ki‡Z cvi‡e| 3. KiAv‡bi cvPwU miv A_mn gL¯ ej‡Z I gj e³e¨ e¨vL¨v Ki‡Z cvi‡e| 4. miv¸‡jvi cUfwg (kv‡bbhj) eYbv Ki‡Z cvi‡e| 5. gbvRvZgjK (cv_bvgjK) wZbwU AvqvZ A_mn ej‡Z cvi‡e| 6. nvw`‡mi ¸iæZ eYbv Ki‡Z cvi‡e| 7. cv_bvgjK wZbwU nvw`m A_mn gL¯ ej‡Z cvi‡e| 8. ˆbwZK ¸Yvewj welqK wZbwU nvw`m A_mn ej‡Z cvi‡e| 9. nvw`‡mi Av‡jv‡K gvbe‡cg I cigZmwnòZvi ¸iæZ we‡klY Ki‡Z cvi‡e| **Av‡eMxq** 10. we¨ï×fv‡e KiAvb cv‡V AvMnx n‡e| 11. KiAvb I nvw`‡mi wkÿv Abhvqx ‰bwZK Rxebhvc‡b AbcwYZ n‡e| 12. nvw`‡mi Av‡jv‡K gvbe‡cg I cigZ mwnòZvgjK AvPiY c`k‡b DØ× n‡e|	• KiAv‡bi ¸iæZ • KiAvb cVb: ZvRwe`, gv`, lqvKd • A_ I cUfwgmn (kv‡bbhj) KiAv‡bi K‡qKwU miv: o miv Avj Avw`qvZ o miv KwiAvn o miv ZvKvmi o miv jvnve o miv BLjvm • gbvRvZ (cv_bv) • A_mn gbvRv‡Zi wZbwU AvqvZ • nvw`m • gbvRvZgjK wZbwU nvw`m • gvbe‡cg I cigZmwnòZvgjK wZbwU nvw`m|	• cvV¨c¯‡Ki mnvqZvq wb‡Ri I wkÿv_x‡`i **AwfÁZvi wewbgqceK ck-DË‡ii** gva¨‡g Avj-KiAv‡bi Mi¸Z m¤ú‡K wkÿv_x‡`i avivYv‡K Av‡iv mmsnZ Ki‡Z cv‡ib| • gv` I lqvKdmn ZvRwe‡`i wbqg-Kvbb¸‡jv †cv÷vi wj‡L Avb‡e Ges †kwY‡Z c`kb Ki‡Z cv‡i| • we¨ï×fv‡e KiAvb cv‡Vi wbqgmgn (ZvRwe` I gvLivR) AvqË Ki‡Z Drmwn Z Ki‡eb Ges G‡ÿ‡Î mswkó **mwW** (e¨envi‡ii mweavb cvIqv mv‡c‡ÿ) e¨envi‡ii civgk w`‡Z cv‡ib| • wkÿK we¨ï×fv‡e KiAvb cvV Ki‡eb Ges wkÿv_x‡`i‡K g‡bv‡hvMmnKv‡i **AbKiY I Abkxj‡b** DØ× Ki‡eb| • cUfwgmn mivi A_ I e¨vL¨v **bxi‡e cvV** Ki‡Z ej‡eb Ges **ck-DË‡ii** gva¨‡g wkÿv_x‡`i avivYv‡K Av‡iv mmsnZ Ki‡eb| • bvgv‡hi mweav‡_ wbawiZ miv Ges gbvRvZgjK AvqvZ I nvw`m we¨ï× D"Pvi‡Y gL¯ Kivi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx‡Z GKwaK Kv‡m **†gŠwLK Dc¯vcbvi** Av‡qvRb Ki‡Z cv‡ib| • gvbe‡cg Ges cigZmwnòZvi ¸Y AR‡bi †ÿ‡Î nvw`m Kx fv‡e mnvqZv Ki‡Z cv‡i Gi lci **`jMZ KvR** w`‡Z cv‡ib|	• gv`, lqvKd, miv, AvqvZ I nvw`m **†gŠwLK Dc¯vcbvi** gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡Z cv‡ib| • miv Ges gbvRvZgjK AvqvZ I nvw`m we¨ï× D"Pvi‡Y gL¯ Kiv **ewoi KvR I †kwYi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • KiAv‡bi ¸iæZ, nvw`‡mi Av‡jv‡K gvbe‡cg Ges cigZmwnòZv **†kwY Afxÿv ev `jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hvMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • mvgwqK cixÿvq eûbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

PZ_ Aa¨vq: AvLjvK (PwiÎ) (21 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. m`vPi‡Yi avivYv I KwZcq m`vPi‡Yi ¸iæZ e¨vL¨v Ki‡Z cvi‡e| 2. Am`vPi‡Yi avivYv I Kdj eYbv Ki‡Z cvi‡e| 3. Bmjv‡gi `wó‡Z BfwUwRs I wQbZvB-ivnvRwbi †bwZevPK cfve Ges cwZKv‡ii Dcvq eYbv Ki‡Z cvi‡e| **Av‡eMxq** 4. m`vPi‡Yi ¸iæZ Abaveb K‡i Rxeb cwiPvjbvq AvMnx n‡e| 5. Am`vPiY †_‡K wbR‡K weiZ ivL‡Z Ges Ab¨‡K weiZ Ki‡Z DØ× n‡e| 6. e¨w³MZ Ges `jMZ Kv‡R m`vPiY Ges Am`vPiY wel‡q gZvgZ cKv‡k Drmvnx n‡e| 7. BfwUwRs I wQbZvB Gi AcKwiZv m¤ú‡K m‡PZb n‡e Ges G¸‡jv cwZ‡iv‡a Drmvnx n‡e|	• **m`vPiY (AvLjv‡K nwg`v)** • **m`vPi‡Yi ¸iæZ** • **KwZcq m`vPiY-** o c‡ivcKwiZv o kvjxbZv‡eva o mwói †mev o Avgvb Z iÿv o k‡gi ghv`v o ÿgv • **Am`vPiY (AvLjv‡K hvgxgv)** o wnsmv o †Kva o †jvf o cZviYv o wcZv gvZvi Aeva¨Zv • BfwUwRs • wQbZvB (ivnvRwb)	• cwV¨c¯K I ce-†kwYi AwfÁZvi wfwË‡Z AvLjvK m¤ú‡K wkÿv_x‡`i mv‡_ **AwfÁZv wewbg‡qi** gva¨‡g wkLb-†kLv‡bv Kvhµg kiæ Ki‡Z cv‡ib| • m`vPiY I Am`vPi‡Yi welq¸‡jv KiAvb I nw`‡mi Av‡jv‡K ev¯e D`vni‡Yi mvnv‡h¨ Av‡jvPbv Ki‡eb| • GKRb e¨w³i g‡a¨ †hme ¸YvMY _vK‡j **m`vPiY** Avi †hme **AcQ›`bxq Af¨vm** ev ÎæwU _vK‡j Am`vPiY ejv hvq, Gi GKUv **ZwjKv †ev‡W A_ev †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb** K‡i Av‡jvPbvi Av‡qvRb Ki‡eb Ges wkÿv_x‡`i‡K Gi evB‡i Av‡iv ¸Yv¸Y h³ Ki‡Z ej‡eb A_ev gZvgZ w`‡Z ej‡eb| • eÜ I cwZ‡ekx‡`i ci¯ú‡ii Ges Mwie I `t¯‡`i Kx ai‡bi DcKvi Kiv hvq, Gi GKUv ZwjKv ˆZwii Rb¨ **†kwY ev evwoi KvR** †`lqv †h‡Z cv‡i| • **Brainstorming** Gi gva¨‡g Am`vPi‡Yi d‡j mgv‡R Kx ai‡bi mgm¨v †`Lv w`‡Z cv‡i Gi GKwU ZwjKv GKKfv‡e ˆZwi Ki‡Z ej‡Z cv‡ib| • c‡ivcKwiZv, mwói †mev, Avgvb Z iÿv, k‡gi ghv`v, ÿgv BZ¨w` m¤ú³ gmwjg gbxlxM‡Yi Rxe‡bi D‡jL‡hvM¨ NUbv †kwY‡Z Dc¯vcb K‡i wkÿv_x‡`i mv‡_ AwfÁZvi wewbgq Ki‡Z cv‡ib| • Avgv‡`i mgv‡R †hme kgRxwe k‡gi mwVK ghv`v cv‡"Q bv, Zvi KviY wPwýZ K‡i GKwU ZwjKv ˆZwii Rb¨ †Rvov `‡ji KvR **(†kwYi KvR)** †`lqv †h‡Z cv‡i| • m`vPiY gvbl‡K Agi K‡i iv‡L- Gg‡g †kwY‡Z ÔDcw¯Z e³ZvÕ **(†gŠwLK Dc¯vcbv),** cÎ-cwÎKvq cKwkZ NUbv/Z‡_¨i Av‡jv‡K cwZ‡e`b wjLvi KvR **(evwoi KvR)** †`lqv †h‡Z cv‡i|	• ZwjKv ˆZwi, †cv÷vi ˆZwii cwZ‡hvMZv **†kwYi KvR** A_ev **evwoi KvR** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i| • cwZ‡e`b wjLb **evwoi KvR** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i| • gbxlxM‡Yi Rxe‡bi D‡jL‡hvM¨ NUbv mswkó KvR **†kwYi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • Dcw¯Z e³Zv **†gŠwLK Dc¯vcbvi** gva¨‡g KwZZ hvPvB Ki‡Z cv‡ib| • **†kwY Afxÿvi** gva¨‡g wkÿv_x‡`i AwRZ Ávb I `ÿZv hvPvB Ki‡Z cv‡ib| • e¨w³MZ, mvgwRK Ges ˆbwZK †ÿ‡Î wnsmv, †jvf, †µva, cZviYv, BfwUwRs I wQbZvB Gi †bwZevPK cfve (cwiYwZ) m¤úwKZ Kvhµg **†kwYi KvR, evwoi KvR ev `jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • wbw`ó gvb`‡Þi Av‡jv‡K **AbmÜvbgjK** KvR wnmv‡e gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
		• **ck-DË‡ii** gva¨‡g AwfÁZv wewbgq K‡i Bmjv‡gi `wó‡Z Am`vPi‡Yi Kdj ZwjKve× Ki‡Z ej‡Z cv‡ib| • e¨w³MZ, mvgwRK Ges ˆbwZK †ÿ‡Î wnsmv, †jvf, †µva, cZviYv, BfwUwRs I wQbZvB‡qi †bwZevPK cfve (cwiYwZ) m¤ú‡K **ZwjKv,** PvU ev †cv÷vi ˆZwii Rb¨ **†kwYi KvR, ewoi KvR, †kwY AfxÿvevB `jMZ KvR** †`Iqv †h‡Z cv‡i| • wnsmv, †jvf, †µva, cZviYv, c‡ivcKwiZv, kvjxbZv‡eva, mwói †mev, AvgvbZ iÿv, k‡gi ghv`v, ÿgv BZ¨w` m¤úwKZ bwZevK¨ I gbxlxM‡Yi wewfb Dw³ we`¨vj‡q we‡kl w`em D`hvc‡bi mgq **†cv÷wis** Kivi D‡`¨vM wb‡Z cv‡ib| • BfwUwRs Gi d‡j e¨w³ I cwiewiK Rxe‡b Kx Kx mgm¨v n‡Z cv‡i **Gi Ici AbmÜvbgjK KvR** †`Iqv †h‡Z cv‡i| • cÎ-cwÎKvq cKwkZ wKsev †iwWI ev †Uwjwfk‡b **cPwiZ** wQbZvB I BfwUwRs m¤úwKZ Z‡_¨i Av‡jv‡K **cwZ‡e`b wjLvi KvR ev weZ‡Ki** Av‡qvRb Kiv †h‡Z cv‡i| weZ‡Ki welqe¯i D`vniY: welq: 1. ÒmvgwRK m‡PZbZv ew× BfwUwRs cwZ‡iv‡ai GKgvÎ DcvqÓ 2. ÒagxqI ˆbwZK gj¨‡ev‡ai AeÿqB BfwUwRs Gi gj KviYÓ cwZ `‡j AbwaK wZbRb wkÿv_x _vK‡Z cv‡i| Zviv wbawiZ Zwi‡L cieZx Kv‡m weZ‡K Ask wb‡e| ewo †_‡K weZ‡Ki Rb¨ †bvU ˆZwi K‡i c¯wZ wb‡q Avm‡Z ej‡eb| wkÿK weZ‡Ki wbqg Abmv‡i Abôvb wU cwiPvjbv Ki‡eb|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i welq‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvejx I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • mvgwqK cixÿvq eûbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

cÂg Aa¨vq: Av`k RxebPwiZ (20 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e|  2. c`Ë gbxlxM‡Yi Rxeb PwiZ eYbv Ki‡Z cvi‡e| 3. gbxlxM‡Yi RxebPwi‡Z cùwUZ mgvR‡mev, mv‡g¨i avivYv, MYZwšK †PZbv‡eva, åvZZ‡eva, mngwgZv, cigZmwnòZv, †mŠnv`cY m¤úK, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`wqK `wófw½, b¨vq wePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg, mkvmb cwZôv BZ¨w` ¸Yvewj Ges Zv‡`i Ae`vb I wkÿv e¨vL¨v I gj¨vqb Ki‡Z cvi‡e| **Av‡eMxq** 4. ev¯eRxe‡b gbxlxM‡Yi MYvewj AbmiY K‡i Av`k Rxeb MV‡b DØ× n‡e|  5. `jMZKv‡R MYZwšK gj¨‡eva iÿv Ges †bZZ c`v‡b AvMnx n‡e|	• **KwZcq Av`k RxebPwiZ-** o nhiZ BmgvBj (Av) o nhiZ BDmd (Av) o nhiZ gnv¤§v` (m): ➢ wnhiZ I †`k‡cg ➢ gw`bv mb` I Gi ¸iæZ ➢ gw`bvq ivó cwZôv I mkvmb ➢ û`vqweqvi mwÜ I gnvbwei (m) `i`wkZv • nhiZ Dmgvb (iv) • nhiZ Avjx (iv) • nhiZ dwZgv (iv)	• cvV¨c¯‡Ki mnvqZv wb‡q Av`k Rxeb Pwi‡Zi ˆewkó¨ m¤ú‡K **ck-DË‡ii** gva¨‡g wkLb-†kLv‡bv Kvhµg kiæ Ki‡Z cv‡ib| c‡qvR‡b wb‡R A_ev wkÿv_x‡`i‡K w`‡q **†ev‡W** Av`k Rxeb Pwi‡Zi ˆewkó¨mgn wjL‡Z cv‡ib| • wkÿv_x‡`i‡K wbw`ó GKRb gbxlxi Rexb PwiZ †kwY‡Z **bxi‡e cvV Ki‡Z (†kwYi KvR)** w`‡Z cv‡ib Ges cvV †k‡l †gŠwLK Dc¯vcbvi Av‡qvRb Ki‡Z cv‡ib| • †kwYi wkÿv_x‡`i GKwaK †QvU `‡j wef³ Ki‡Z cv‡ib| c‡Z¨K `j‡K we‡kl †Kv‡bv gbxlxi Rxe‡bi we‡kl we‡kl ¸Yvewji Ici **`jMZ KvR** w`‡Z cv‡ib| HKg‡Z¨i wfwË‡Z GKRb‡K gZvgZ¸‡jv wjwce× Ki‡Z Ges KvR‡k‡l †kwY‡Z Dc¯vcb Ki‡Z ej‡Z cv‡ib| †kwY‡Z Dc¯vc‡bi mgq AwaKvs‡ki g‡Z MnxZ c‡qvU¸‡jv mKj wkÿv_x‡K wbR wbR LvZvq wj‡L wb‡Z ej‡eb| `jxq KvR PjvKv‡j wZwb N‡i N‡i cwZwU `‡ji KvR ch‡eÿY Ki‡eb Ges c‡qvRbxq civgk c`vb Ki‡eb| • we‡kl †Kv‡bv gbxlxi Rxeb PwiZ fv‡jvfv‡e c‡o Avmvi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx Kv‡m Dcw¯Z e³Zv **(†gŠwLK Dc¯vcbv)** A_ev **†kwY Afxÿvi** Av‡qvRb Ki‡Z cv‡ib| • gbxlx‡`i Rxe‡bi we‡kl ˆewk‡ó¨i Ici UxKv wjLb wKsev iPbv cwZ‡hwMZvi Av‡qvRb Kiv †h‡Z cv‡i| (†hgbÑ mvg¨ev`x nhiZ gnv¤§v` (m), nhiZ gnv¤§v` (m) Gi K_v I Kg, nhiZ Dmgvb (iv) Gi Aww_K Z¨vM, nhiZ Avjx (iv) Gi Ava¨wZ‡KZv, nhiZ BDmd (Av) Gi ˆbwZKZv, nhiZ BmgvBj (Av) Gi Avjvn fw³ BZ¨w`) • wkÿv_x‡`i‡K Bmjwg gj¨‡ev‡a DØ× Kivi j‡ÿ¨ HwZnwmK Bmjwg ¯vb, ¯vcbv/cwZôvb **cwi`k‡bi** e¨e¯v Kiv †h‡Z cv‡i| • ev¯e Rxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b AvMnx Kivi D‡Ï‡k¨ we`¨vj‡qi MšvMvi ev Ab¨ †Kv_vI †_‡K Rxebx Mš msMn K‡i Av`k Rxeb PwiZ covi civgk w`‡Z cv‡ib|	• Av`k Rxeb Pwi‡Zi ˆewkó¨ **†kwY Afxÿvi** gva¨‡g wkÿv_x‡`i AwRZ Ávb I `ÿZv hvPvB Ki‡Z cv‡ib| • gbxlx‡`i Rxe‡bi we‡kl ˆewk‡ó¨i Ici UxKv wjLv ev iPbv cwZ‡hwMZv **†kwYi KvR ev ewoi KvR** Ges Kv‡m Dcw¯Z e³Zv †gŠwLK Dc¯vcbvi gva¨‡g wkÿv_x‡`i KwZZ gj¨vqb Ki‡Z cv‡ib| • wbawiZ gvb`‡Êi Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • **mvgwqK cixÿvq** eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

9. wkÿvµg QK
Aóg †kwY

c_g Aa¨vq: AvKvB` (†gŠwjK wekvm) (19 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Bgv‡bi cwiPq I Zvrch we‡klY Ki‡Z cvi‡e| 2. wbdv‡Ki (KcUZv) cwiPq I wbdv‡Ki Kdj e¨vL¨v Ki‡Z cvi‡e Ges wbdvK cwinvi Kivi Dcvq eYbv Ki‡Z cvi‡e| 3. Avjvni K‡qKwU ¸YevPK bv‡gi A_ e¨vL¨v Ki‡Z cvi‡e| 4. belq¨v‡Zi aviYv I c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 5. belq¨vZ I wimvjv‡Zi cv_K¨ e¨vL¨v Ki‡Z cvi‡e| 6. kvdvqvZ, RvbvZ I Rvnvbvg Gi cwiPqmn cKvi‡f` eYbv Ki‡Z cvi‡e| 7. ˆbwZK PwiÎ MV‡b Bgv‡bi fwgKv we‡klY Ki‡Z cvi‡e| **Av‡eMxq** 8. Bmjv‡gi †gŠwjK wel‡q AUj wekvm (Bgvb) ¯vc‡b I Abkxj‡b DØ× n‡e| 9. KcUZvgjK AvPiY cwinvi K‡i Pj‡Z AvMnx n‡e| 10. Avjvni ¸YevPK bv‡g weaZ ¸Y wbR AvPi‡Y cwZdj‡b AvMnx n‡e|	• Bgvb (wekvm) • Bgv‡bi mvZwU wel‡qi weeiY • Bgv‡bi ¸iZ I Zvrch • wbdvK (KcUZv): aviYv I Kdj • AvmgvDj ûmbv (Avjvni m›`i bvgmgn) : Avj-Mvddvi, Avm-mvgv`, Avi-ivDd, Avj-nvwme, Avj-gnvBwgb Gi A_ I e¨vL¨v • wimvjvZ I belq¨vZ • AvwLivZ: kvdvAvZ, RvbvZ I Rvnvbvg • Bgvb I ˆbwZKZv	• ceeZx †kwY‡Z AwRZ Zvlwn` mswkó AwfÁZvi wewbgq (**ck-DË‡ii** gva¨‡g) K‡i Bgvb Gi wel‡q †kwYi Kvhµg kix Ki‡Z cv‡ib| • cwV¨c¯K I wb‡Ri AwfÁZvi Av‡jv‡K Bgv‡bi Zvrch we‡klY Ki‡Z cv‡ib Ges G wel‡q RxebNwbô D`vniY e¨envi Ki‡Z cv‡ib| • cwV¨c¯‡Ki mnvqZvq wbdv‡Ki aviYv I Kdj e¨vL¨v Ki‡Z cv‡ib| • Brainstorming Gi gva¨‡g ev¯e Rxe‡b wbdvK Gi Kdj Ges wbdvK cwinvi Kivi Dcv‡qi ZwjKv ev †cv÷vi ˆZwii KvR w`‡Z cv‡ib| • Avjvni ¸YevPK bvg¸‡jv ï× D”Pvi‡Y cvVmn A_ I Zvrch †kwY‡Z Dc¯vcb Ki‡eb| G¸‡jv gL¯ Kivi Rb¨ **ewoi KvR** w`‡Z cv‡ib Ges cieZx GKwaK Kv‡m **†gŠwLK Dc¯vcbvi** Av‡qvRb Ki‡Z cv‡ib| • belq¨vZ I wimvjv‡Zi aviYv I cv_K¨, AwLivZ- kvdvAvZ, RvbvZ I Rvnvbvg m¤ú‡K **Av‡jvPbv** I wkÿv_x‡`i **bxie cv‡Vi** Av‡qvRb Ki‡Z ev **ck-DËi** wKsev Bm¨wfwËK **Av‡jvPbvq** ¸iZcY c‡q›U wkÿv_x‡`i‡K w`‡q †ev‡W wjLv‡Z cv‡ib| • cwV¨c¯‡Ki mnvqZv wb‡q ev¯e D`vni‡Yi gva¨‡g Bgv‡bi aviYvi Av‡jv‡K ˆbwZKZv‡K Av‡iv ¯úófv‡e we‡klY Ki‡Z cv‡ib| • ÔBgvb I ˆbwZKZvÕ wel‡q **†kwYi KvR/ †gŠwLK Dc¯vcbv ev `jMZ KvR** A_ev iPbv wj‡L Avbvi Rb¨ **ewoi KvR** †`lqv †h‡Z cv‡i|	• ewo †_‡K gL¯ K‡i wb‡q Avmv KvR/ Bgvb I ˆbwZKZv welq **†kwYi KvR ev ewoi KvR** A_ev **†gŠwLK Dc¯vcbv** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • belq¨vZ I wimvjv‡Zi aviYv I cv_K¨, AwLivZ-kvdvAvZ, RvbvZ I Rvnvbvg m¤úwKZ KvR **†kwY Afxÿv** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • Bgvb I ˆbwZKZv mswkó Kvhµg **`jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hvwMZv, †bZ‡Zi ¸Yvejx I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgvwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • **mvgwqK cixÿvq** eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

wØZxq Aa¨vq: Bev`Z (18 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. RvKv‡Zi avivYv e¨vL¨v Ki‡Z cvi‡e| 2. RvKvZ dih nIqvi kZ I e¨‡qi LvZ eYbv Ki‡Z cvi‡e| 3. hvKv‡Zi agxq, mvgwRK I A_‰bwZK ¸i‡Z I Zvrch we‡klY Ki‡Z cvi‡e| 4. n‡Ri avivYv I cUfwg eYbv Ki‡Z cvi‡e| 5. n‡Ri wbqgvewji avivewnK weeiY w`‡Z cvi‡e| 6. n‡Ri dih, IqwRe I mbZmgn eYbv Ki‡Z cvi‡e| 7. nR cvj‡bi ÎwU Ges Zv ms‡kva‡bi Dcvq eYbv Ki‡Z cvi‡e| 8. mvg¨ I wekåvZZ cwZôvq n‡Ri fwgKv we‡klY Ki‡Z cvi‡e| 9. Kiewbi avivYv, cUfwg I wbqgvewj eYbv Ki‡Z cvi‡e| 10. AwKKvi avivYv e¨vL¨v Ki‡Z cvi‡e|	• RvKvZ • RvKvZ dih nIqvi kZ • RvKv‡Zi wbmve • RvKvZ eÈ‡bi LvZ • RvKv‡Zi mvgwRK I A_‰bwZK ¸i‡Z • nR • n‡Ri dih, IqwRe I mbZ • nR cvj‡bi wbqg • n‡Ri mvgwRK-mvs¯wZK ¸iZ • Kiewb I AwKKv: Z¨v‡Mi wk¶v	• ceeZx †kwY‡Z AwRZ wkÿv_x‡`i avivYv c‡kvË‡ii gva¨‡g Rvb‡eb Ges G avivYv mmsnZ Kivi j‡ÿ¨ **Av‡jvPbv** I c‡qvRbxq wdWe¨vK Gi Ici wfwË K‡i Z_¨-DcvË c`v‡bi gva¨‡g bZb avivYvi AeZvivYv Ki‡eb • hvKvZ dih nIqvi kZmgn m¤ú‡K wkÿv_x‡K **†gŠwLK fv‡e** ej‡Z ev †ev‡W wjL‡Z w`‡Z cv‡ib| G †ÿ‡Î GKRb wkÿv_x‡K †ev‡W wjLvi Rb¨ Avnevb Ki‡Z cv‡ib Ges †ev‡W wjLvi mgq Ab¨vb¨ wkÿv_xiv c‡qvRbxq Z_¨mgn wbR LvZvq wj‡L wb‡e **(†kwYi KvR)** • RvKvZ e¨‡qi LvZmgn m¤ú‡K **†kwY Afxÿv** wb‡Z ev †cv÷vi wjL‡Z w`‡Z cv‡ib A_ev c‡Z¨K‡K GKKfv‡e LvZvq wjLvi Rb¨ **†kwYi KvR** w`‡Z cv‡ib • RvKv‡Zi agxq,mvgwRK I A_‰bwZK Mi‡Z m¤ú‡K **`jxq Av‡jvPbvi** e¨e¯v Ki‡Z cv‡ib • RvKv‡Zi agxq/mvgwRK/A_‰bwZK Mi‡Z m¤ú‡K **weZK Abôv‡bil** Av‡qvRb Kiv †h‡Z cv‡i **[weZ‡Ki welqe¯i D`vniY: ÒhvKvZ A_‰bwZK ^elg¨ `ixKi‡Yi GKgvÎ DcvqÓ]**	• hvKvZ dih nIqvi kZmgn **†kwYi KvR ev †gŠwLK Dc¯vcbv** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • hvKvZ e¨‡qi LvZ **†kwY Afxÿv** ev GKKfv‡e LvZvq wjLvi KvR‡K **†kwYi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • n‡Ri wbqgvewj - dih, mbvZ, IqwRe **†kwY Afxÿvi** gva¨‡g gj¨vqb Ki‡Z cv‡ib| • hvKv‡Zi agxq, mvgwRK I A_‰bwZK MiZ **`jMZ KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
11. ev¯eRxe‡b Z¨vM I D`viZv AR‡b Kiewb I AwKKvi ¸i‡Z we‡klY Ki‡Z cvi‡e|  **Av‡eMxq** 12. ev¯e Rxe‡b Z¨vM I D`viZvi wkÿv MnY Ges mvgwRK `wqZ cvj‡b wbR‡K c¯Z Ki‡Z AvMnx n‡e| 13. mvgwRK I A_‰bwZK ˆelg¨ nv‡m hvKv‡Zi fwgKv m¤ú‡K Av‡iv Ávb AR‡b Drmvnx n‡e| 14. n‡Ri wkÿv Abhvqx mvg¨ I wekåvZZ‡ev‡a DØ× n‡e|		• nR m¤ú‡K **bxie cv‡Vi** wb‡`k (5-10wgwbU) w`‡Z cv‡ib| ck K‡i wkÿv_xi AwfÁZv Rvb‡Z cv‡ib Ges cwV¨c¯‡Ki mnvqZvq n‡Ri cUfwg **Av‡jvPbv** Ki‡eb| • n‡Ri wbqgvewj - dih, mbZ, lqwRe m¤ú‡K wkÿv_x‡`i †cv÷vi wj‡L Avbvi Rb¨ ej‡Z (**evwoi KvR)** ev **†kwYi KvR** w`‡Z cv‡ib Ges cieZx Kv‡m wkÿv_x KZK wjwLZ †cv÷vimgn †ev‡W Uwb‡q **Av‡jvPbv** Kiv †h‡Z cv‡i| †ev‡W Uwb‡q ivLv †cv÷vimg‡ni mvie¯ wkÿv_x‡K wbR wbR LvZvq wjL‡Z ej‡Z cv‡ib| G wel‡q **†kwY Afxÿvi** Av‡qvRb Ki‡Z cv‡ib| • mvg¨ I wekåvZZ cwZôvq n‡Ri fwgKv m¤ú‡K **†kwYi KvR** †hgb-c‡ki DËi wjLv, †Kv‡bv Ab‡"Q` ev iPbv wjLv I cwV¨c¯K c‡o UxKv c¯Z Kiv BZ¨w` KvR w`‡Z cv‡ib| ZvQvov G wel‡qi Ici **Av‡jvPbv, †kwY Afxÿv ev †gŠwLK Dc¯vcbvi** Av‡qvRb Kiv †h‡Z cv‡i|  • ev¯eRxe‡b Z¨vM I D`viZv AR‡b Kiewb I AwKKvi ¸i‡Zi Ici **†kwYi KvR** I **†kwY Afxÿvi** Av‡qvRb Kiv †h‡Z cv‡i|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i welqi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvejx I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib • mvg¨ I wekåvZZ cwZôvq n‡Ri fwgKv **†kwYi KvR ev †kwY Afxÿv** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i • **mvgwqK cixÿvq** eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

ZZxq Aa¨vq : KiAvb I nvw`m wk¶v (25 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. ZvRwe‡`i wbqgvewj eYbv Ki‡Z cvi‡e| 2. cvPwU mivi cUfwg (kv‡bbhj) eYbv Ki‡Z cvi‡e| 3. we`¨vjq D"Pvi‡Y KiAv‡bi cvPwU mivi A_mn gL¯ ej‡Z Ges gj e³e¨ e¨vL¨v Ki‡Z cvi‡e| 4. AvqvZjKiwm I mivi nvk‡ii †kl wZb AvqvZ gL¯ ej‡Z Ges A_ wjL‡Z cvi‡e| 5. ˆbwZK I Av`k Rxeb MV‡bi †ÿ‡Î KiAv‡bi fwgKv e¨vL¨v Ki‡Z cvi‡e| 6. ˆbwZK wkÿvi †ÿ‡Î nvw`‡mi ¸i‡Z eYbv Ki‡Z cvi‡e| 7. cv_bvgjK wZbwU nvw`m A_mn we‡klY Ki‡Z cvi‡e|  **Av‡eMxq** 8. we`¨vjq KiAvb cv‡V AvMnx n‡e| 9. KiAvb I nvw`‡mi wkÿv Abhvqx mvgvwRK I ˆbwZK Rxebhvc‡b DØ× n‡e|	• KiAvb cVb: ZvRwe` (bbmwKb, Zvbweb, B`Mvg, BRnvi, BLdv, BKjve I wggmwKb e¨envi‡ii wbqgvewj) • A_ I cUfwgmn (kv‡bbhj) KiAv‡bi K‡qKwU miv: o miv Avj K`i o miv Avj ewq¨bvn o miv Avj whjhvj o miv Avj wdj o miv Avj KivBk o AvqvZjKiwm o miv nvk‡ii †kl wZb AvqvZ • KiAvb I ˆbwZK wkÿv • nvw`m I ˆbwZK wkÿv • gbvRvZgjK (cv_bvgjK) wZbwU nvw`m	• we`¨vjq fv‡e KiAvb cv‡Vi wbqgmgn (ZvRwe` I gvLivR) Av‡jvPbv Ki‡eb I AvqË Ki‡Z DrmwnZ Ki‡eb Ges G‡ÿ‡Î mswkó wmwW (e¨envi‡ii mwea cvIqv mv‡c‡ÿ) e¨envi‡ii civgk w`‡Z cv‡ib|  • we`¨vjq fv‡e KiAvb cvV Ki‡eb Ges wkÿv_x‡`i‡K AbKiY I Abkxjb Ki‡Z ej‡eb|  • wkÿv_x‡`i g‡a¨ we`¨vjq fv‡e KiAvb cv‡V Drmvn ew×i j‡ÿ¨ we‡kl ce D`hvc‡bi mgq (†hgb- C‡` wgjv`bwe/ ewlK mvs¯wZK mßvn) wZjvIqv‡Z KiAvb Gi cwZ‡hvwMZvi Av‡qvRb Ki‡Z cv‡ib **(†kwYi KvR/ewoi KvR)|** • cUfwgmn wbawiZ mivi A_ I e¨vL¨v bxi‡e cvV Ki‡Z ej‡eb Ges **ck-DË‡ii** gva¨‡g wkÿv_x‡`i avivYv‡K Av‡iv mmsnZ Ki‡eb|  • wbawiZ miv, AvqvZjKiwm I mivi nvk‡ii †kl wZb AvqvZ we`¨vjq D"Pvi‡Y †kwY‡Z Abkxjb Kiv‡eb| gL¯ Kivi Rb¨ ewoi KvR w`‡Z cv‡ib Ges cieZx GKwaK Kv‡m **†gŠwLK Dc¯vcb**vi Av‡qvRb Ki‡Z cv‡ib|  • ÔˆbwZK I Av`k Rxeb MV‡b KiAv‡bi fwgKvÕ wk‡ivbv‡g iPbv cwZ‡hvwMZvi Av‡qvRb Ki‡Z cv‡ib **(†kwYi KvR/ewoi KvR)|** • ˆbwZK wkÿvi †ÿ‡Î nvw`‡mi ¸i‡Z Ges cv_bvgjK wbawiZ nvw`m m¤ú‡K †kwY Afxÿvi Av‡qvRb Ki‡Z cv‡ib| • ˆbwZK I gvbweK gj¨‡eva AR‡bi †ÿ‡Î KiAvb I nvw`m Kxfv‡e mnvqZv Ki‡Z cv‡i Gi Ici **`jMZ KvR** c`vb Ki‡Z cv‡ib| `‡j Av‡jvPbv †k‡l HKg‡Z¨i wfwË‡Z Av‡jvPbvi djvdj †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb Kivi Rb¨ ej‡Z cv‡ib|	• we`¨vjq fv‡e KiAvb cvV **†gŠwLK Dc¯vcbv, †kwYi KvR/ewoi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib|  • ˆbwZK I Av`k Rxeb MV‡b KiAv‡bi fwgKv **†kwYi KvR/ewoi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • ˆbwZK wkÿvi †ÿ‡Î nvw`‡mi ¸i‡Z **†kwY Afxÿvi** gva¨‡g KwZZ hvPvB Ki‡Z cv‡ib|  • wbawiZ gvb`‡Ði Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡eb|  • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i we‡qi cwZ AvMn, cvi¯úwiK mn‡hvwMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vjq mnwkÿv Kvhµ‡g) **we`¨vjq wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgvwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib|  • **mvgwqK cixÿvq** eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

PZ_ Aa¨vq: AvLjvK (Pwi Î) (22 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. m`vPi‡Yi avivYv I KwZcq m`vPi‡Yi ¸iæZ I Zvrch Bmjv‡gi `ó‡Z eYbv Ki‡Z cvi‡e|	m`vPiY (AvLjv‡K nwg`v) • **m**`vPi‡Yi ¸iæZ I Zvrch • KwZcq m`vPiY- o ˆah o åvZZ‡eva o bvixi ghv`v o mgvR‡mev o †`k‡cg o cigZmwnòZv	• cwV¨c¯K I ce-†kwYi AwfÁZvi wfwË‡Z AvLjvK m¤ú‡K wkÿv_x‡`i mv‡_ **AwfÁZv wewbg‡qi** gva¨‡g wkLb-†kLv‡bv Kvhµg kiæ Ki‡Z cv‡ib| • m`vPi‡Yi Zvrch I Am`vPi‡Yi **welq¸‡jv** KiAvb I nw`‡mi Av‡jv‡K ev¯e **D`vni‡Yi** mvnv‡h¨ Av‡jvPbv Ki‡eb| • mvgwRK Rxe wnmv‡e c‡Z¨K gvb‡li Am`vPiY cwinvi Kivi ¸iæZ D`vniYmn e¨vL¨v Ki‡eb Ges G wel‡q wkÿv_x‡`i gZvgZ Avnevb Ki‡Z cv‡ib| • ˆah, åvZZ‡eva, bvixi ghv`v, mgvR‡mev BZ¨w` m¤ú³ gmwjg gbxlxM‡Yi Rxe‡bi D‡jL‡hvM¨ NUbv †kwY‡Z Dc¯vcb K‡i wkÿv_x‡`i mv‡_ AwfÁZvi wewbgq Ki‡Z cv‡ib| [D`vniY: gnvbwe‡K (m) Zv‡q‡di †jv‡Kiv AZ¨š Kó †`lqvi cil wZwb ˆah avivY K‡i‡Qb; Zv‡`i‡K Awfkvc †`bwb| mgv‡Ri wewfb Kv‡R mncvVx I †Ljvi mv_x‡`i mv‡_ ˆahmnKv‡i Pjvi †KŠkj m¤ú‡K wkÿv_x‡`i m‡½ gZ wewbgq Ki‡Z cv‡ib]	• m`vPi‡Yi ¸iæZ Ges Am`vPiY cwinvi Kivi Dcvq **†kwYi KvR ev †kwY Afxÿv A_ev ewoi KvR** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i|
2. Am`vPi‡Yi avivYv I G¸‡jv cwinv‡ii ¸iæZ we‡klY Ki‡Z cvi‡e|	• Am`vPiY (AvLjv‡K hwggv) • KwZcq Am`vPiY- o AnsKvi o AkxjZv o cikxKvZiZv o NYv o †PŠhewË	• †Kvb †Kvb KvR K‡i mgv‡Ri †mev ev DbœZ Kiv hvq Ges Kx Kx KvR Ki‡j †`k‡cg cKvk cvq Gwel‡q †kwY‡Z `jMZfv‡e Zwj Kv c¯Z K‡i Dc¯vc‡bi e¨e¯v Ki‡Z cv‡ib| • AnsKvi, AkxjZv, cikxKvZiZv, NYv BZ¨w` Am`vPi‡Yi Kvi‡Y eÜ‡Z eÜ‡Z, cwiev‡ii m`m¨‡`i g‡a¨ wKsev cwZ‡ekx‡`i g‡a¨ Kx ai‡bi Lvivc m¤ú‡Ki mwó n‡Z cv‡i Zv †kwY‡Z fwgKv Awfb‡qi gva¨‡g c`k‡bi A_ev Zwj Kv ˆZwi K‡i gwëwgwWqvi mvnv‡h¨ Dc¯vcb Kiv †h‡Z cv‡i| • †PŠhewË, NI I mšv‡mi Kvi‡Y e¨w³ I mgvR Rxe‡b Kx ai‡bi †bwZevPK cfve co‡Z cv‡i Gi GKUv Zwj Kv †ev‡W A_ev †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb K‡i Av‡jvPbvi Av‡qvRb Ki‡Z Ges Zv‡`i‡K gZvgZ w`‡Z ej‡Z cv‡ib|	• Am`vPi‡Yi Kvi‡Y eÜ‡Z eÜ‡Z, cwiev‡ii m`m¨‡`i g‡a¨ Kx ai‡bi Lvivc m¤ú‡Ki mwó n‡Z cv‡i, Zv **†kwYi KvR/†kwY Afxÿv** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i|
3. NI I †PŠhewË avivYv I cwZKv‡ii Dcvq we‡klY Ki‡Z cvi‡e|	• NI (Dr‡KvP)		• ˆah, åvZZ‡eva, bvixi ghv`v, ÿgv, †`k‡cg BZ¨w` **†kwY Afxÿv** wnmv‡e gj¨vqb Ki‡Z cv‡ib|
4. mšv‡mi avivYv I cwZKv‡ii Dcvq eYbv Ki‡Z cvi‡e|	• mšvm		• †ev‡W A_ev †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb **†kwYi KvR** wnmv‡e KwZZ hvPvB Kiv †h‡Z cv‡i|
			• Bmjv‡gi `ó‡Z bvixi cwZ mwnsmZv cwZ‡iv‡ai Dcvq **`jMZ KvR** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i|
			• cwZ‡e`b wjLb **ewoi KvR** wnmv‡e gj¨vqb Kiv †h‡Z cv‡i|
			• cÎ-cwÎKvq cKwkZ bvixi cwZ mwnsmZv A_ev NI Av`vb-c`vb **†gŠwLK Dc¯vcbvi** wnmv‡e KwZZ hvPvB Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
Av‡eMxq 5. ev¯eRxe‡b ˆbwZK I mvgwRK ¸Yvew‡j Abkxj‡b AvMnx n‡e| 6. ˆ`b»`b Kv‡R †`k‡cg c`k‡b DØ× n‡e| 7. Am`vPiYgjK AvPiY †_‡K wbR‡K weiZ ivL‡Z Ges Aci‡K weiZ Ki‡Z Drmvnx n‡e| 8. mšv‡mi ÿwZKi w`K Dcj‡× Ki‡Z cvi‡e Ges Gi cwZ‡iv‡a DØ× n‡e|		• we‡kl w`em D`hvcb Dcj‡ÿ bvixi cwZ mwnsmZv A_ev Nl m¤ú‡K †cv÷wis Gi Av‡qvRb Kiv †h‡Z cv‡i| ZvQvov bvixi cwZ mwnsmZv A_ev N‡li Kvi‡Y e¨w³ I mgvR Rxe‡b Kx Kx mgm¨v †`Lv w`‡"Q Gi Ici **AbmÜvbgjK KvR** †`lqv †h‡Z cv‡i| • cÎ-cwÎKvq cKwkZ bvixi cwZ mwnsmZv A_ev Nl Av`vb-c`v‡bi NUbv †cv÷v‡i wj‡L †kwY‡Z Dc¯vcb Kiv †h‡Z cv‡i Ges Bmjv‡gi `wó‡Z Gme mgm¨vi cwZ‡iv‡ai Dcvq wb‡q **`jMZ Av‡jvPbvi** Av‡qvRb Kiv †h‡Z cv‡i| • cÎ-cwÎKvq cKwkZ ev †iwWI ev †Uwjwfk‡b cPwiZ Nl I mšvm m¤úwKZ Z‡_¨i Av‡jv‡K **cwZ‡e`b wjLvi KvR ev weZ‡Ki** Av‡qvRb Kiv †h‡Z cv‡i| weZ‡Ki welqe¯i D`vniY: welq: Òagxq I ˆbwZK wkÿvB `bwZ/Nl cwZ‡iv‡ai GKgvÎ Dcvq Ó| cwZ `‡j AbwaK wZbRb wkÿv_x _vK‡Z cv‡i| Zviv wbawiZ Zwi‡L cieZx Kv‡m weZ‡K Ask wb‡e| ewo †_‡K weZ‡Ki Rb¨ †bvU ˆZwi K‡i c¯wZ wb‡q Avm‡Z ej‡eb| wkÿK weZ‡Ki wbqg Abmv‡i AbôvbwU cwiPvjbv Ki‡eb|	• ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i welqi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvew‡j I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • **mvgwqK cixÿvq** eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

cÂg Aa¨vq: Av`k RxebPwiZ (22 wcwiqW)

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
ew×eËxq 1. Av`k RxebPwi‡Zi ˆewkó¨ e¨vL¨v Ki‡Z cvi‡e|  2. wewkó Bmjvwg gbxlxM‡Yi RxebPwiZ eYbv Ki‡Z cvi‡e|  3. gbxlxM‡Yi RxebPwi‡Z cùwUZ mgvR †mev, mvg¨ MYZvwšK †PZbv‡eva, åvZZ‡eva, mngvgZv, cigZmwnòZv, †mŠnv`, gvbweKZv, Z¨vM, ÿgv, Amv¤ú`vwqK `wófw½, b¨vqwePvi, `vbkxjZv, c‡ivcKwiZv, †`k‡cg I mkvmb cwZôv BZ¨vw` ¸Yvewj, Zv‡`i Ae`vb I wkÿv e¨vL¨v I gj¨vqb Ki‡Z cvi‡e |	• K‡qKwU Av`k RxebPwiZ- o nhiZ mjvBgvb (Av) o nhiZ gmv (Av) o nhiZ Cmv (Av) o nhiZ gnv¤§v` (m) o g°v weRq I gnvbwei (m) D`viZv  o gnvwRi I Avbmvi‡`i g‡a¨ åvZZ eÜb o we`vq n‡Ri fvlY-wekåvZZ, mvg¨, bvixi ghv`v, gvbewaKvi, †bZvi cwZ AvbMZ¨, Amv¤ú`vwqKZv  o Av`k gvbe nhiZ gnv¤§v` (m)	• cvV¨c¯‡Ki mnvqZv wb‡q Av`k RxebPwi‡Zi ˆewkó¨ m¤ú‡K **ck-DË‡ii** gva¨‡g wkLb-†kLv‡bv Kvhµg ki‡e Ki‡Z cv‡ib| c‡qvR‡b wb‡R A_ev wkÿv_x‡`i‡K w`‡q †ev‡W Av`k RxebPwi‡Zi ˆewkó¨mgn wjL‡Z cv‡ib| • wkÿv_x‡`i‡K wbw`ó GKRb gbxlxi RxebPwiZ bxi‡e cvV Ki‡Z **†kwYi KvR** w`‡Z cv‡ib Ges cvV †k‡l †gŠwLK Dc¯vcbvi Av‡qvRb Ki‡Z cv‡ib|  • Av`k RxebPwiZ cv‡Vi ¸i‡Zi Ici K‡_vcK_b wjL‡Z w`‡Z cv‡ib| • †Kv‡bv gbxlxi Rxe‡bi we‡kl ¸Yvewji Ici **`jMZ KvR** w`‡Z cv‡ib Ges (m¤ve¨ †ÿ‡Î) Av‡jvPbvi djvdj gwëwgwWqv e¨envi K‡i †kwY‡Z Dc¯vcb Kiv †h‡Z cv‡i|  • we‡kl †Kv‡bv gbxlxi RxebPwiZ fv‡jvfv‡e c‡o Avmvi Rb¨ **ewoi KvR** w`‡q cieZx Kv‡m Dcw¯Z e³Zv **(†gŠwLK Dc¯vcbv) A_ev †kwY AfxÿvI** Av‡qvRb Ki‡Z cv‡ib|	• gbxlxi RxebPwiZ bxi‡e cvV K‡i ck-DË‡ii gva¨‡g †kwY‡Z Dc¯vcb **†kwYi KvR/ †gŠwLK Dc¯vcb** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • K‡_vcK_b **†kwYi KvR ev ewoi KvR** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • gbxlxi RxebPwi‡Zi Ici Dcw¯Z e³Zv **†gŠwLK Dc¯vcbv/†kwY AfxÿvI** wnmv‡e gj¨vqb Ki‡Z cv‡ib| • gbxlx‡`i Rxe‡bi we‡kl ˆewkó¨ **†kwYi KvR/ewoi KvR/‡kwY AfxÿvI** gva¨‡g gj¨vqb Ki‡Z cv‡ib|

wkLbdj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv
Av‡eMxq 4. ev¯eRxe‡b gbxlxM‡Yi MYvewj AbmiY K‡i Av`k Rxeb MV‡b DØ× n‡e| 5. `jMZ Kv‡R MYZwšK gj¨‡eva iÿv Ki‡Z Ges †bZZ c`v‡b AvMnx n‡e|	o nhiZ Awqkv (iv) o nhiZ Dgi Be‡b o Ave`j Avhxh (i) o nhiZ iv‡eqv emix (i)	• gbxlx‡`i Rxe‡bi we‡kl ˆewk‡ó¨i lci c‡ki DËi wjLb, Ab‡"Q`/UxKv wjLb wKsev iPbv cwZ‡hwMZvi Av‡qvRb Kiv †h‡Z cv‡i Ges G‡ÿ‡Î wkÿv_x‡`i‡K Drmvn c`v‡bi j‡ÿ¨ cZxKx ci¯v‡ii e¨e¯v Ki‡Z cv‡ib| **(†kwYi KvR/evwoi KvR/†kwY Afxÿv)** [Ab‡"Q`/UxKvi welqe¯i D`vniY: nhiZ mjvBgvb (Av) Gi h‡M û`û‡`l NUbv/ivR¨ cwiPvjbv, nhiZ gnv¤§v` (m) Gi mgvR ms¯vi, åvZZ cwZôvq nhiZ gnv¤§v` (m), nhiZ Av‡qkv (iv)Gi `vbkxjZv/nvw`m kv‡¯ Ae`vb, nhiZ Dgi Be‡b Ave`j Avhx‡hi mkvmb cwZôv / D`viZv BZ¨w`] • wkÿv_x‡`i‡K Bmjvwg gj¨ev‡a DØ× Kivi j‡ÿ¨ HwZnwmK Bmjvwg ¯vb, ¯vcbv/cwZôvb cwi`k‡bi e¨e¯v Kiv †h‡Z cv‡i| ev¯eRxe‡b gbxlxM‡Yi Gme MYvewj AbmiY K‡i Av`k Rxeb MV‡b AvMnx Kivi D‡Ï‡k¨ we`¨vj‡qi MšvMvi ev Ab¨ †Kv_vI †_‡K Rxebx MŠ msMn K‡i Av`k Rxeb PwiZ covi civgk© `‡Z cv‡ib|	• wbawiZ gvb`‡Êi Av‡jv‡K **`jMZ KvR** gj¨vqb Ki‡Z cv‡ib| • ch‡eÿ‡Yi gva¨‡g wkÿv_x‡`i wel‡qi cwZ AvMn, cvi¯úwiK mn‡hwMZv, †bZ‡Zi ¸Yvewj I Ab¨vb¨ AvPiY (`jMZ Ges we`¨vj‡qi mnwkÿv Kvhµ‡g) **we`¨vj‡q wkÿv_x‡`i AvPiY Ges wkÿv_x‡`i e¨w³K I mvgwRK gj¨‡eva** wnmv‡e gj¨vqb Ki‡Z cv‡ib| mvgwqK cixÿvq eûwbevPwb I mRbkxj c‡ki gva¨‡g wkÿv_x‡`i KwZZ hvPvB Ki‡eb|

10. †jLK wb‡`kbv

wk¶v_x‡`i Rb¨ †evaMg¨, AvKlYxq, Avb›``vqK I gvbm¤§Z cvV¨c¯¿K iPbvi †¶‡Î †jL‡Ki Rb¨ wKQ wb‡`kbvi mcwik Kiv n†jv :

1. †jLK Aek¨B ïi‡Z **Bmjvg I ˆbwZK wkÿv** wel‡qi wk¶vµg `wjjwU fv‡jvfv‡e cvV K‡i Gi D‡Ïk¨, ¸i‡Z I ggv_ Abaveb Ki‡eb| we‡kl K‡i wk¶vµ‡g ewYZ wkLbdj, welqe¯¿, wkLb-†kLv‡bv †KŠkj, D`vniY, gj¨vqb BZ¨w` †gŠj welq¸‡jv fv‡jvfv‡e AvqË K‡i wb‡eb|
2. †jLK‡K Aek¨B cvV¨c¯¿K iPbvi mgq wk¶v_x‡`i eqm, wk¶v¯¿i I cvV`v‡bi m‡hvM mweav we‡ePbvq ivL‡Z n‡e|
3. ZwËK I Abkxjbagx welq¸‡jv Ggbfv‡e ev¯¿e D`vniY, wPÎ, Qwe, PvU, gvbwPÎ BZ¨w` mgš‡q mnRfvlvq Dc¯¿vcb Ki‡Z n‡e hv‡Z †evaMg¨ I wk¶v_xevÜe nq| Kvhµg¸‡jv Aek¨B welqm¤ú³, RxebNwbô, A_cY I ¯úó nlqv evÃbxq|
4. cwZwU cvV Dc¯¿vcbvi mgq welq ev cZ¨‡qi msÁv w`‡q ïi‡ Kivi iwZ wbi‡rmwnZ Kiv n‡"Q| eis cvV iPbvi mgq D`vniYmn eYbv Kivi civgk† `lqv n‡"Q hv‡Z wk¶v_x eYbvi ga¨ w`‡q AbmÜvbgjK `wófw½ wb‡q wel‡qi ggv_ Dcjwä Ki‡Z m¶g nq|
5. e¨w³Rxeb I mgvRRxe‡b agcvb, gv`Kvmw³, BfwUwRs, mšÍvm, wQbZvB, Nl BZ¨w`i †bwZevPK cfve cvV¨c¯¿‡K mwVKfv‡e Dc¯¿vc‡bi Rb¨ †jLK msev`cÎ, Rvbvj, cKwkZ c¯¿K, wbeÜ, cwZ‡e`b, m¤úv`Kxq BZ¨w`i mvnvh¨ wb‡Z cv‡ib| Z‡e G †¶‡Î mswkó Kwc¯¿Z AvBb Aek¨B AbmiY Ki‡Z n‡e|
6. welqe¯¿i Dc¯¿vcbvq mZZv, ˆbwZKZv, †`k‡cg, ag wbi‡cÿZv, cigZmwnòZv BZ¨w` mvgvwRK I ˆbwZK ¸Yvejx e¨vL¨vq Bmjvg wkÿvi jÿ¨ I Av`k Ges Avgv‡`i †MŠi‡ev¾j BwZnvm, gnvb gw³h‡×i †PZbv, wbR¯ HwZn¨ I ms¯‹wZi cwZ Aek¨B ¸i‡Z w`‡Z n‡e|
7. Z‡_¨i †idv‡i›m †`lqvi †ÿ‡Î cPwjZ iwZ Aek¨B AbmiY Ki‡Z n‡e|
8. †jLK cwZwU cvV iPbvi ïi‡Z e‡· wkLbdj wj‡L ïi‡ Ki‡eb| GKB wkLbd‡ji GKwaK cvV n‡Z cv‡i| jÿ¨ ivL‡Z n‡e cwZwU cvV †k‡l wbw`ó wkLbdjwU †hb AwRZ nq| wkÿv_x‡`i Abkxj‡bi Rb¨ cwZ Aa¨vq †k‡l chvß eûwbevPwb, mRbkxj ckmn Ab¨vb¨ Kvhµg ms‡hvRb Ki‡Z n‡e|
9. PwjZ fvlvq evsjv GKv‡Wgxi cwgZ evbvbiwZ AbmiY K‡i iPbv Ki‡Z n‡e| †UKwbK¨vj kã I cwifvlvi †¶‡Î Bs‡iwR/Awfavw e¨envi Ki‡Z cvi‡eb| evsjv e¨envi Ki‡j eÜbxi g‡a¨ Bmjvg cwifvlv e¨envi Ki‡Z n‡e|
10. wk¶vµ‡gi wb‡`kbv Abhvqx cwZwU cvV 50 wgwb‡U Dc¯¿vcbvi Dc‡hvMx K‡i wjL‡Z n‡e| cwZwU cvV cvkvcwk `‡Uv côvq chvß wkLb-†kLv‡bv Kvhµgmn wjL‡Z n‡e| ZvQvov wkLb-†kLv‡bv Kvhµg Z_¨ †kwYi KvR, †gŠwLK Dc¯¿vcbv (weZK, Dcw¯¿Z e³Zv BZ¨w`), ewoi KvR, AbmÜvbgjK KvR I `jMZKvR cwiPvjbv/cixÿY/ Abkxj‡bi Rb¨ AwZwi³ wcwiqW we‡ePbvq †i‡L (c¯¿‡Ki Rb¨ wbawiZ côvi g‡a¨) cvV¨c¯¿K iPbv Ki‡Z n‡e|
11. cvV¨c¯¿‡Ki côv msL¨vt-

    K. lô †kwY- 110-120, L. mßg †kwY - 120-130, M. Aóg †kwY - 130-140 côv|
12. cvÊwjwc : K. d›U mvBR 13 n‡Z n‡e| L. jvBb †¯úm 1.5 n‡Z n‡e| M. cvÊwjwci mvBR 1/8 wWwm (10.5" ×7.75") n‡e| N. K‡›U›U Gwiqv 9.5"×6.25" n‡Z n‡e|

wkÿvµg

Bmjvg I ^bwZK wkÿv

beg I `kg †kwY

1. fwgKv

Avgv‡`i bZb cRb¥K ˆbwZK gj¨‡eva, RvZxq HwZn¨ I gw³h‡×i †PZbvq DØ× K‡i Ávb I chw³‡Z `¶ gvbem¤ú` wnmv‡e M‡o †Zvjvi j‡¶¨ RvZxq wk¶vbxwZ 2010 cYqb Kiv n‡q‡Q| wk¶vbxwZ‡Z ag, weÁvb, Z_¨ I †hvMv‡hvM chw³ Ges KwiMwi wkÿv‡K cvavb¨ †`Iqv n‡q‡Q| ag wkÿv‡K ev¯—e Rxeb mswkó ˆbwZK I gvbweK gj¨‡eva weKv‡k AwaKZi e¨envi Dc‡hvMx Kivi j‡¶¨ welqwU‡K Ôag I ˆbwZK wk¶vÕ bv‡g Awfwnz Kiv n‡q‡Q| G wel‡qi gj D‡Ïk¨ n‡jv wbR ag m¤ú‡K cwiPwZ c`v‡bi gva¨‡g wkÿv_x‡`i AvPiYMZ DrKlmvab, ˆbwZK I gvbweK MYvewjmg× PwiÎ MVb| G we‡ePbvq cPwjZ ÔBmjvg wkÿvÕ welqwU‡K bZb wkÿvµ‡g ÔBmjvg I ˆbwZK wkÿvÕ bv‡g Awfwnz Kiv n‡q‡Q|

Bmjv‡gi gjbxwZ I weavbmgn kvkZ I AcwieZbxq, wKš mgq cwieZbkxj| cÿvš‡i cPwjZ Bmjvg wkÿvi wkÿvµg I cvV¨c¯—K AvR †_‡K c‡bi eQi Av‡M (1995-1996) cYqb I ceZb Kiv nq| B‡Zvg‡a¨ mg‡qi Ave‡Z I cwiewZZ †cÿvc‡U wkÿv_x‡`i Pwn`v I `wófw½i e¨vcK cwieZb N‡U‡Q| GgZve¯—vq, RvZxq wkÿvbxwZi D‡Ï‡k¨i Av‡jv‡K cwiewZZ mgvRe¨e¯—v I wkÿv_x‡`i Pwn`v we‡ePbv K‡i ÔBmjvg I ˆbwZK wkÿvÕ welqwUi wkÿvµg h‡Mvc‡hvMx K‡i †Zvjv Acwinvh n‡q c‡o‡Q|

Bmjvg GKwU cYv½ Rxeb weavb| GwU Rxe‡bi ag, K‡gi ag| wkÿv_x‡`i g‡b Zvlwn`, wimvjvZ, AwLivZ I Bmjv‡gi Ab¨vb¨ †gŠwjK wel‡qi cwZ hv‡Z AUj Av¯—v I wekvm M‡o I‡V Ges Zv‡`i wkÿv †hb AvPvi me¯— bv n‡q Zv‡`i g‡a¨ Bmjv‡gi ggevYxi h_vh_ Dcjwä NUvq †mfv‡e Bmjvg I ˆbwZK wkÿvi wkÿvµg ˆZwi Kiv n‡q‡Q|

Bmjvg BnKvj Ges ciKvj Df‡qi cwZ mgvb ¸iæZ c`vb K‡i| wkÿv_xiv hv‡Z Kwjgv, bvgvh, †ivRv, nR, RvKvZ Ges Ab¨vb¨ Bmjvg gK AvPvi-AbôvbI ixwZbxwZ m¤ú‡K Ávb ARb, MiæZ I Zvrch Dcjwä Ki‡Z Ges †mm‡ei ˆbwZK I gvbweK wkÿv ev¯—e Rxe‡b AbmiY Kivi `ÿZv ARb Ki‡Z cv‡i †m jÿ¨‡K mvg‡b †i‡L G wkÿvµg cYqb Kiv n‡q‡Q|

Bmjvg gvbeZvi ag| Bmjvg gvb‡li e¨w³MZ, cwiewiK, mvgwRK, ivóxq, RvZxq I AvšRwZK mKj †ÿ‡Î ˆbwZK I gvbweK gj¨‡ev‡a D¾xweZ Rxebhvcb cZ¨vkv K‡i| ZvB GB wkÿvµg cYq‡b wkÿv_x‡`i g‡a¨ †`k‡cg, mZZv, b¨vq-wbôv, mnbkxjZv, D`viZv, k‡gi ghv`v, cwievi I mgv‡Ri m`m¨‡`i cwZ KZe¨, mrKv‡R mn‡hwMZv, mvg¨, MYZwšK gj¨‡eva, åvZZ‡eva, †RÛvi mgZv, bvixi cwZ ghv`v‡eva, mgvR‡mev, mwói †mev, Amv¤ú`wqKZv I cMwZkxjZv BZ¨w` ˆbwZK I mvgwRK ¸Yvewj weKv‡ki cvkvcwk ˆbwZK I mvgwRK gj¨‡evawweewRZ ÿwZKi I Am`vPiYgjK KgKvÐ †_‡K weiZ _vKvi Dcvq¸‡jv Rvbv I Abmi‡Yi Ici ¸iæZ †`Iqv n‡q‡Q|

gmwjg gbxl‡`i Ae`vb we‡ePbvq †i‡L Bmjvwg gj¨‡evawfwËK Av`k RxebPwiZ wkÿvµ‡g Ašf³ Kiv n‡q‡Q| wkÿv_x GB me gnvcix‡li Rxe‡bi gnr ¸Yvewjimv‡_ cwiwPZ n‡q Gi Av‡jv‡K wb‡R‡`i Rxeb‡K M‡o Zj‡Z AbcwYZ n‡e Ges e¨w³MZ, cwiewiK, mvgwRK I ivóxq Rxe‡b BwZevPK fwgKv ivL‡Z mÿg n‡e|

beg I `kg †kwYi Rb¨ ÔBmjvg I ˆbwZK wkÿvÕ wkÿvµg cYq‡b wkLbdj, welqe¯—, wcwiqW, wkLb-†kLv‡bv Kvhµg, gj¨vqb †KŠkj I †jLK wb‡`kbv †KŠk‡ji mgš‡q GKwU Ôwkÿvµg bKkvÕ (Curriculum Matrix) AbmiY Kiv n‡q‡Q| agxq Aviwe-dwm kã I cwifvlv mnR‡eva¨ Kivi j‡ÿ¨ A‡bK †ÿ‡Î cPwjZ evsjv kã I Awfav e¨envi‡ii Ici ¸iæZ †`Iqv n‡q‡Q| Avkv Kiv hvq, bZb wk¶vµg cvV`vb c×wZ I welqe¯— AvKlYxq I Avb›`gq K‡i wk¶v_x‡`i h_v_ wk¶vjv‡f mn‡hwMZv`v‡b m¶g n‡e|

2. D‡Ïk¨

1. Bmjv‡gi cwiPq jvf K‡i ev¯eRxe‡b Bmjvg PPv I Abkxj‡b DØ× nIqv|
2. mekw³gvb GK Avjvni cwZ AUj Av¯v I wekvm ¯vcb, Zvi ivm‡ji cwZ wekvm I AvbM‡Z¨i aviYv jvf Ges G wekv‡mi Av‡jv‡K ˆbwZK I gvbweK gj¨‡ev‡a weKwkZ nIqv|
3. Bmjv‡gi †gŠwjK AwK`v ev wekvm m¤‡Ü cwi"Qb aviYv jvf Ges G¸‡jvi gg Dcjwäi gva¨‡g ˆbwZK Rxeb MV‡b DØ× nIqv|
4. Bmjwg kwiÅAv‡Zi gjwfwË KiAvb mbvn, BRgv I wKqvm m¤ú‡K cwiwPwZ jvf Ges PwiÎ MVb, ˆbwZK I gvbweK gj¨‡eva m¤úwKZ miv I nw`m wkÿvi gva¨‡g Av`k Rxeb MV‡b AbcwYZ nIqv|
5. Bmjv‡gi †gŠwjK Bev`vZ¸‡jv m¤‡Ü Rvbv Ges wbR Rxe‡b Bev`v‡Zi Af¨vm M‡o †Zvjv|
6. Bmjv‡gi `wó‡Z m`vPiY PPvi gva¨‡g Av‡jvwKZ gvbl wnmv‡e M‡o IV‡Z AvMnx nIqv|
7. Av`k RxebPwiZ cv‡Vi gva¨‡g wewfb †ÿ‡Î gmwjg gbxl‡`i Ae`vb m¤ú‡K AewnZ n‡q †m Av‡jv‡K wb‡R‡`i Rxeb MVb Kiv|
8. Bmjwg wkÿvi Av‡jv‡K ˆbwZK I gvbweK gj¨‡evam¤úb MYZšgbv, Amv¤ú`wqK, bvix-ci‡l wbwe‡k‡l mK‡ji cwZ k×vkxj Ges †`k‡cwgK Av`k bvMwiK wn‡m‡e M‡o IVv|
9. RwZ, ag, eY, wbwe‡k‡l mK‡ji cwZ mg‡SvZv, mn‡hwMZv, mngwgZv I mnbkxjZvi g‡bvfve ARb|
10. we`¨vjq I mvgwRK gvb`‡Ê mwµq AskMn‡Yi gva¨‡g †`k I RwZi cwZ wb‡Ri KZe¨ I `wqZ m¤ú‡K m‡PZbZv jvf|

3. Aa¨vq web¨vm I wcwiqW eÈb

wkÿv µ‡g Bmjvg ag I ˆbwZK wkÿv wel‡qi cwZwU Kv‡mi Rb¨ 50 wgwbU mgq eivÏ ivLvi mcwik Kiv n‡q‡Q| mßv‡n `‡Uv Kvm AbwôZ n‡e| ewlK †gvU Kv‡mi msL¨v n‡e 72wU| 10g †kwYi wØZxqv‡a cvK wbevPwb I wbevPwb cixÿv Ges wkÿv_x‡`i GmGmwm cixÿvi c¯wZi K_v we‡ePbvq †i‡L wcwiqW eÈb Ki‡Z n‡e| †m‡ÿ‡Î ewlK wcwiqW msL¨vq Aš f³ Abkxjb Kvmmgn wkÿv_x‡`i mwweK c¯wZi †ÿ‡Î mnvqK n‡e| Abkxj‡bi gva¨‡g `ÿZv Dbq‡bi Rb¨ A_ev ¸i‡ZcY wel‡q cvV`v‡bi Rb¨ wkÿK GKwaK wcwiqW GKmv‡_ †blqvi e¨e¯v Ki‡Z cv‡ib| c‡Z¨K Aa¨v‡qi wcwiqW msL¨v eiv‡Ïi mgq wkLb-†kLv‡bv wb‡`kbv I gj¨vqb wb‡`kbv ev¯evq‡bi Rb¨ c‡qvRbxq msL¨K Abkxjb Kvm eivÏ ivLv n‡q‡Q|

Aa¨vq	beg-`kg †kwY	
	Aa¨v‡qi wk‡ivbvg	wcwiqW msL¨v
c_g Aa¨vq	AvKvB` I ˆbwZK Rxeb	28
wØZxq Aa¨vq	kixÔAvZ Gi Drm	30
ZZxq Aa¨vq	Bev`Z	28
PZ_ Aa¨vq	AvLjvK (PwiÎ)	28
cÂg Aa¨vq	Av`k RxebPwiZ	30
	†gvU=	**144**

4. wkÿvµg QK

beg I `kg †kwY

c_g Aa¨vq : AvKvB` I ^bwZK Rxeb(22 wcwiqW)

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 1. Bmjv‡gi cwiPq, Bmjvg I ^bwZK wk¶v cv‡Vi ¸iæZ e¨vL¨v Ki‡Z cvi‡e|	• Bmjvg : cwiPq, Bmjv‡gi fwgKv, Bmjvg wk¶v cv‡Vi ¸iæZ	• **`jxq KvR** GKRb cKZ gmwj‡gi ¸Yvejx ZwjKv ^Zwi **Bw½Z:** | | KgKvÛ | | 1 | Bmjv‡gi †gŠwjK wel‡q AeMZ _vKv | | 2 | | | 3 | |	• wkÿK c`Ë bgbv Abhvqx welq mswkó KvR w`‡q GmwGG-Gi †Kvmlqv‡Ki gvb`Ð we‡ePbv K‡i wkÿv_xi KwZZ gj¨vqb Ki‡eb|	ceeZx cô‡q D‡jwLZ c¯K iPbvi mvavi Y wbqgvewj Abmi‡Yi cvkvcwk Av‡iv †hme wel‡q we‡kl ¸iæZ w`‡Z n‡eÑ
2. Bmjvg I Bgv‡bi m¤úK Ges Bgv‡bi †gŠwjK mvZwU wel‡qi avi Yv e¨vL¨v Ki‡Z cvi‡e|	• Bgvb I Bmjv‡gi m¤úK • Bgv‡bi mvZwU gj welq	• **c‡kvËi Av‡jvPbv** Bgvb I Bmjv‡gi m¤úK Abave‡bi Rb¨ ev¯e D`vni‡Yi mvnv‡h¨ Dc¯vcb • **GKK KvR** Bgv‡bi mvZwU wel‡qi ZwjKv ^Zwi	• wkÿK wkÿv_x‡`i GmwGG-Gi †Kvmlqv‡Ki gvb`‡Ði Av‡jv‡K Dc¯vcbvq, evK¨ MVb I D”PviY fw½, welqe¯i mwVKZv we‡ePbv K‡i KwZZ gj¨vqb Ki‡eb| • GmwGG-Gi †Kvmlqv‡Ki gvb`‡Ði Av‡jv‡K gj¨vqb Ki‡eb|	• wkÿv cv‡Vi ¸iæZ e¨vL¨v Kivi †ÿ‡Î †jLK 9g-10g †kwYi welqe¯i w`‡K †Lqvj †i‡L G mKj wel‡q agxq ¸iæ‡Zi cvkvcwk ^bwZKZv Dbq‡bi ¸iæZ mnR I msweavß fv‡e Z‡j ai‡eb|
3. Zvlwn‡` wekv‡mi cfve I gnvb Avjvni cwiPq eYbv Ki‡Z cvi‡e|	• Zvlwn` : cwiPq I ¸iæZ • Avjvni cwiPq	• **evwoi KvR** Bgv‡b gdvmmvj (evsjv A_ev Avi we‡Z) wj‡L Avbv		• Zvlwn‡`i ¸iæZ Z‡j aivi mgq ^bwZKZvi Dbq‡b Zvlwn‡`i cfve Z‡j ai‡eb|
4. Zvlwn‡`i Zvrch we‡klY Ki‡Z cvi‡e|		• **†kwY‡Z welqwfwËK Av‡jvPbv** ÔAvjvni GKZev‡`i c‡ÿ hw³ Dc¯vcbÕ **Bw½Z :** †Zvgv‡`i †kwY‡Z hw` GKwaK Kvm K¨v‡Þb _v‡K, Z‡e Kx Kx Amwea v n‡Z cv‡i? Zvi Av‡jv‡K weke²v‡Ð GKwaK mwóKZv _vK‡j Kx Kx Amwea v n‡Zv?.....		• Avjvni cwiPq Ggbfv‡e Z‡j ai‡Z n‡e †hb wkÿv_x‡`i g‡a¨ G mKj ^ewkó¨ AR‡bi AvMn mwó nq|
5. Kdi, wkiK I wbdv‡Ki avi Yv e¨vL¨v Ki‡Z cvi‡e Ges G¸‡jvi cwiYwZ I cwinvi Kivi Dcvq eYbv Ki‡Z cvi‡e|	• Kdi: cwiPq, Kdj I cwiYwZ • wkiK : cwiPq, Kdj I cwZKvi • wbdvK : cwiPq, Kdj I cwZKvi	• **`jxq KvR** Kdi, wkiK I wbdvK nq Ggb wKQ AvPiwYK ^ewkó¨ †kwYK‡ÿ Dc¯vcb • **GKK / `jxq KvR** Kdi, wkiK I wbdvK eR‡bi d‡j Zwg Kxfv‡e DcKZ n‡e	• **wb‡Pi AvPiwYK ^ewk‡ó¨i g‡a¨ †KvbwU Kdi, †KvbwU wkiK I †KvbwU wbdvK kbv³ Ki :** | AvPiwYK ^ewkó¨ | Kdi | wkiK | wbdvK | | 1. Nl ^ea g‡b Kiv | | | | | 2. e¨w³i bv‡g ev gvRv‡i gvbZ Kiv | | | | | 3. bvgvR A¯xKvi | | | | | 4. `‡a cwb †gkv‡bv | | | | | 5. gvQ /djg‡j digwjb †gkv‡bv | | | |	

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 6. gvbweK gj¨‡eva weKv‡k Bgv‡bi ¸iæZ we‡klY Ki‡Z cvi‡e| 7. wimvjvZ I belqv‡Zi aviYv Ges bwe-ivmj †ci‡Yi D‡Ïk¨ eYbv Ki‡Z cvi‡e| 8. bwe-ivmjM‡Yi ¸Yvewj, Zv‡`i AvMg‡bi aviv, bwe-ivm‡j wekvm I Zv‡`i‡K AbmiY Kivi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 9. LZ‡g belqv‡Zi aviYv Ges me‡kl I me‡kô bwe wn‡m‡e nhiZ gnv¤§` (m.)-Gi lci wekvm ¯vc‡bi ¸iæZ e¨vL¨v Ki‡Z cvi‡e| 10. ^bwZK gj¨‡eva weKv‡k wimvjvZ I belqv‡Zi c‡qvRbxqZv e¨vL¨v Ki‡Z cvi‡e| 11. Avmgwb wKZv‡ei cwiPq I wekv‡mi ¸iæZ eYbv Ki‡Z cvi‡e| 12. ^bwZK Rxeb MV‡b Avmgwb wKZv‡ei ¸iæZ we‡klY Ki‡Z cvi‡e| 13. mv¤c`wqK m¤cwZ, cigZmwnòZv I D`vi `wófw½ MV‡b Avj-KiAv‡bi fwgKv e¨vL¨v Ki‡Z cvi‡e| 14. AwLiv‡Zi aviYv I wekv‡mi ¸iæZ eYbv Ki‡Z cvi‡e|	• Bgv‡bi ¸iæZ • wimvjvZ : cwiPq, ¸iæZ, bwe-ivmj †ci‡Yi D‡Ïk¨, bwe-ivmjM‡Yi ¸Yvewj, belqv‡Zi aviv, me‡kl I me‡kô bwe, LZ‡g belqv‡Zi A_ I ¸iæZ| • ^bwZK gj¨‡eva weKv‡k wimvjvZ I belqvZ • cigZmwnòZvq I mv¤c`wqK m¤úwZ cwZôvq wimvjvZ I belqv‡Zi fwgKv • Avmgwb wKZve : cwiPq I Avmgwb wKZv‡e wekv‡mi ¸iæZ • cwm× Avmgwb wKZvemgn	**GKK KvR** Bgvb Avbvi d‡j †h mKj gvbweK ¸Yvewji Dbqb N‡U Gi GKwU ZwjKv ^Zwi I Dc¯vcb • **QK ciY** **cv_K¨ wjLb** • **`jxq KvR** bwe-ivmjM‡Yi AvMg‡bi µgaviv Pv‡Ui gva¨‡g c`kb (10 Rb bwe-ivm‡ji) • **evwoi KvR** bwe-ivmjM‡Yi ¸Yvewji ZwjKv ^Zwi • **`jxq KvR** nhiZ gnv¤§v` (m) me‡kl I me‡kô bwe Ges Zvici Avi †Kv‡bv bwe Avm‡e bv Gi KviY wjLb • **Dcw¯Z e³Zv** welqe¯ 1. me‡kô bwe nhiZ gnv¤§v` (m) 2. LZ‡g belqvZ 3. ^bwZK gj¨‡eva weKv‡k bwe I ivm‡ji fwgKv µgvbmv‡i bwe ivmjM‡Yi bvg I Zv‡`i Dci AeZxY Qwndvmg‡ni msL¨v I wKZv‡ei bvg Q‡K c`kb	• GmwèG-Gi †Kvmlqv‡Ki gvb`‡Êi Av‡jv‡K wkÿK QK ci‡Yi mwVKZv hvPvB K‡i wkÿv_x‡`i KwZZ gj¨vqb Ki‡eb| • GmwèG-Gi †Kvmlqv‡Ki gvb`‡Êi Av‡jv‡K wkÿK wkÿv_xi Dc¯vc‡b evPb fw½, welqe¯i mwVKZv, mgqvbewZZv BZ¨vw` we‡ePbv K‡i (Dcw¯Z e³Zvi) KwZZ gj¨vqb Ki‡eb| • QK ciY	• Kdi, wkiK I wbdv‡Ki cwiYwZ †jLvi mgq we‡klfv‡e e¨w³MZ cwiewiK I mvgwRK I Rxe‡b Gi cwiYwZ D`vniYmn (c‡hvR¨ †ÿ‡Î) D‡jL Ki‡eb| • Bgv‡bi ¸iæZ †jLvi mgq gvbweKZv weKv‡k Gi cfve/¸iæZ we‡klfv‡e D‡jL Ki‡Z n‡e|

µgvbmv‡i bwe-ivmjM‡Yi bvg	Qwndvi msL¨v I wKZv‡ei bvg

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 15. AwLiv‡Zi Rxe‡bi ¯imgn- gZ¨, Kei, wKqvgZ, nvki, wePvi, wghvb, cjwmivZ, kvdvqvZ m¤ú‡K eYbv Ki‡Z cvi‡e| 16. RvbvZ I Rvnvbv‡gi cwiPq, RvbvZ I Rvnvbv‡gi bvg, RvbvZ jv‡fi Ges Rvnvbvg †_‡K cwiÎv‡Yi Dcvq eYbv Ki‡Z cvi‡e| 17. ^bwZK Rxeb MV‡b AwLiv‡Z wekv‡mi Zvrch we‡klY Ki‡Z cvi‡e| **Av‡eMxq** 18. Bmjv‡gi †gŠwjK wekv‡mi cwZ Av¯v ¯vcb I Abkxj‡b DØ× n‡e| 19. ev¯eRxe‡b Kdi, wkiK I wbdvK cwinvi K‡i Pj‡e| 20. Bgvb I Bmjv‡gi Av‡jv‡K gvbweK I ^bwZK Rxeb MV‡b AvMnx n‡e| 21. wimvjv‡Zi cwZ wekvm Ges Gi ¸i“Z I Zvrch Dcjwä K‡i wb‡R‡`i Rxe‡b wimvjv‡Zi wk¶v ev¯evq‡b AvMnx n‡e| 22. Avmgwb wKZvemgn I KiAvb gwR‡`i cwiPq I ^ewkó¨ Dcjwä K‡i Zv cwV Ki‡Z Ges Z`vbhvqx mv¤c`wqK m¤cwZ, cigZmwnò, D`vi `wófw½ m¤úb ^bwZK Rxebhvcb Ki‡e| 23. AwLiv‡Z wekvm I Zvrch Abaveb K‡i cvcg³, mrKgkxj, bwZevb, gvbewnkZlx e¨w³ wn‡m‡e Rxeb MV‡b AbcwYZ n‡e|	• ^bwZK Rxeb-MV‡b Avmgwb wKZv‡ei fwgKv • AwLivZ : cwiPq I ¸i“Z • AwLiv‡Zi Rxe‡b K‡qKwU ¯i- gZ¨, Kei, wKqvgZ, nvki, wePvi, wghvb, cjwmivZ, kvdvqvZ, RvbvZ I Rvnvbv‡gi bvg, RvbvZ jvf I Rvnvbvg †_‡K cwiÎv‡Yi Dcvq mrKgkxj I ^bwZK Rxeb MV‡b AwLiv‡Z wekv‡mi fwgKv	• **GKK KvR** Avmgwb wKZvemgn cv‡Vi gva¨‡g th mKj ^bwZK ¸Yvewj weKwkZ nq Zvi GKwU Zwjkv ^Zwi • **ewoi KvR** Ab‡”Q` wjLb: K. KiAv‡bi Av‡jv‡K mv¤ú`wqK m¤úxwZ L. KiAv‡bi Av‡jv‡K cigZmwnòZv M. KiAv‡bi Av‡jv‡K D`viZv • **GKK KvR** RvbvZ I Rvnvbv‡gi Zwjkv ^Zwi Ges Rvnvbvg †_‡K evPvi 5wU Dcvq	• Bmjv‡gi †gŠwjK wekv‡mi GKwU Zwjkv ^Zwi K‡i Zv wkÿv_x‡K AbmiY Ki‡Z ej‡eb Ges ch‡eÿ‡Yi gva¨‡g Zv Dbq‡bi civgk c`vb Ki‡eb|	

wØZxq Aa¨vq: kixAvZ Gi Drm (30 wcwiqW)

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq **1.** kwiAvZ I Gi Dr‡mi aviYv Ges c‡qvRbxqZv eYbv Ki‡Z cvi‡e| **2.** KiAvb I nw`‡mi msi¶Y I msKj‡bi msw¶ß BwZnvm eYbv Ki‡Z cvi‡e| **3.** gw° I gv`wb mivi msL¨v I ˆewkó¨ eYbv Ki‡Z cvi‡e| **4.** KiAvb wZjvlqv‡Zi ¸iZ I gvnvZ¨ we‡klY Ki‡Z cvi‡e| **5.** wbewPZ miv¸‡jv ï×fv‡e gL¯ ej‡Z Ges A_ I cUfwgmn (kv‡b bhj) G mKj mivi wk¶v eYbv Ki‡Z cvi‡e| **6.** wbewPZ 10wU nw`‡mi A_ I wk¶v eYbv Ki‡Z cvi‡e| **7.** ˆah I mwnòZv AR‡bi †¶‡Î nw`‡mi ¸iZ gj¨vqb Ki‡Z cvi‡e| **Av‡eMxq** 8. KiAv‡bi wbewPZ mivmg‡ni wkÿv wbR Rxe‡b c‡qv‡M DØ× n‡e| 9. wbewPZ nw`mmg‡ni wk¶vi Av‡jv‡K gvbweK I ˆbwZK gj¨evam¤úb Rxeb MV‡b AbcwYZ n‡e|	• kwiÅAvZ • kwiÅAvZ Gi Drm: Avj-KiAvb, mbvn, BRgv I wKqvm • Avj-KiAvb: AeZiY, msi¶Y, msKjb, gw° miv, gv`wb miv • wZjvlqvZ: wZjvlqv‡Zi aviYv, ¸iZ I gvnvZ¨ • A_ I cUfwgmn (kv‡b bhj) KiAv‡bi KwZcq miv: o miv Avk kvgm o miv Av` `nv o miv Avj Bbwkivn o miv AvZ-Zxb o miv Avj gvDb • nw`m: cKvi‡f`, msi¶Y I msKjb, • gnvbwe (m:) Gi 10wU nw`m (wbqZ, Bgvb, bvgvh, †ivRv, hvKvZ, nR, `vbkxjZv, eÿ‡ivcY, eÜ wbevPb, gvbe‡cg, c‡ivcKwiZv, e¨emv‡q mZZv, ˆah I mwnòZv m¤úwKZ)	• **ewoi KvR** kwiAv‡Zi Drm¸‡jvi GKwU K‡i D`vniY †cv÷v‡i wjLb| **BswMZ:** kwiAv‡Zi Drm | D`vniY 1. KiAvb | bvgvR Kv‡qg Ges hvKvZ Av`vq 2. | 3. | 4. |  • **`jMZ KvR** KiAvb gwR` msiÿY c×wZi eYbv| **c‡kvË‡ii** gva¨‡g wbewPZ nw`‡mi wkÿv †ev‡W Dc¯vcb| • **GKK KvR** gw° I gv`wb mivi ˆewkó¨mgn Q‡K Dc¯vcb| • **GKK/`jMZ** e¨w³ Rxe‡b KiAvb wZjvlqv‡Zi 5wU mdj| • **GKK KvR** wbewPZ mivmgn gL¯ Dc¯vcb Ges A_ wjLb| • **Ab‡"Q` wjLb** nw`m msi¶Y I msKjb| • **ewoi KvR** ewo †_‡K c‡Z¨‡K GKwU nw`m AvqË K‡i †cv÷v‡i (Avi we/evsjvq) wj‡L wb‡q Avm‡e Ges †kwY‡Z c`kb Ki‡e| **c‡kvË‡ii** gva¨‡g wbewPZ nw`‡mi wkÿv †ev‡W Dc¯vcb|	• wkÿK GmweG Gi †Kvm lqv‡Ki gj¨vq‡bi gvb`‡Ði Av‡jv‡K †kwY I †kwYi evB‡ii hveZxq KvR gj¨vqb Ki‡eb	• KiAvb wZjvlqv‡Zi ¸iZ I gvnvZ¨e¨vL¨v Kivi mgq wbqwgZ KiAvb wZjvlqvZ e¨w³ Rxeb‡K Kxfv‡e cfweZ K‡i Zv D‡jL Ki‡eb| • gw° I gv`wb mivi msL¨v D‡jL Ki‡Z n‡e|  • wbewPZ mivmg‡ni A_ †jLvi mgq ¸iZcY / KwVb kã¸‡jvi A_ Avjv`vfv‡e D‡jL Kiv hvq|

ZZxq Aa¨vq : Bev`vZ (28 wcwiqW)

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 1. nv°jvn (móvi cwZ KZe¨) I nv°j Bev‡`i (mwói cwZ KZe¨) avivYv Ges G¸‡jv Av`v‡qi c×wZ eYbv Ki‡Z cvi‡e| 2. mvjv‡Zi cwiPq I ¸i“Z eYbv Ki‡Z cvi‡e| 3. mvl‡gi (†ivhvi) ¸i“Z I wkÿv we‡klY Ki‡Z cvi‡e| 4. hvKv‡Zi fwgKv I ¸i“Z we‡klY Ki‡Z cvi‡e| 5. n‡Ri avivYv I wbqgvewj eYbv Ki‡Z cvi‡e| 6. åvZZ‡eva, k•Ljv‡eva I ˆbwZKZv AR‡b n‡Ri wk¶v eYbv Ki‡Z cvi‡e 7. Amnvq I `wi‡`i AwaKvi eYbv Ki‡Z cvi‡e|	• nv°jvn (móvi cwZ KZe¨) I nv°j Bev` (mwói cwZ KZe¨) • mvjvZ (bvgvh): cwiPq I ¸i“Z • mvlg (†ivhv) : wkÿv I ¸i“Z • hvKvZ: fwgKv I ¸i“Z • Amnvq I `wi‡`i AwaKvi • nR: ¸i“Z I Zvrch	• **†cv÷vi c`kb:** nv°jvn I nv°j Bev‡`i Zwi jKv cYqb| • **†kwY Awfÿv:** nv°jvn I nv°j Bev` Av`v‡qi c×wZ| • **`jxq Av‡jvPbv:** mvjv‡Zi mvgvwRK I agxq ¸i“Z| • **Dcw¯Z e³Zv :** mvl‡gi wkÿvi wewfb †ÿÎ- 1. AvZ‡Z¨vM 2. mshg 3. ZvKlqv ARb 4. mngwgZv 5. ˆah • **c‡R± lqvK :** wbR gnjvq hvKv‡Zi gva¨‡g `wi`¨ we‡gvP‡bi lci GKwU cwiKíbv ˆZwi • **wfwWI wPÎ / gvbwPÎ c`kb:** n‡Ri wewfb ûKg-AvnKvg cvj‡bi c×wZ I ¯vb wb‡`kceK gvbwPÎ ˆZwi wKsev wfwWI c`kb I Ae‡jvK‡bi ci n‡Ri wkÿv / dwRjZ GKKfv‡e †ei Ki‡e|	• wkÿK GmweG Gi †Kvm lqv‡Ki gvb`‡Ði Av‡jv‡K †kwY I †kwYi evB‡ii hveZxq KvR gj¨vqb Ki‡eb|	• mvjvZ, mvlg I nR Gi ¸i“Z D‡jL Kivi mgq e¨w³, cwievi I mvgwRK Rxeb MV‡b Gi cfve we‡klfv‡e D‡jL (c‡hvR¨ ‡ÿ‡Î D`vniYmn) Ki‡Z n‡e| • hvKv‡Zi ¸i“Z eYbvi mgq we‡klfv‡e `wi`¨ `ixKi‡Y Gi cfve †`Lv‡Z n‡e| • nR Gi ¸i“Z I Zvrch eYbvi mgq åvZZ‡eva, ksLjv‡eva I ˆbwZKZv cwZôvq Gi cfve D‡jL Ki‡Z n‡e|

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
8. gwnjK-kwgK m¤úK e¨vL¨v Ki‡Z cvi‡e| 9. Bjg (Ávb) Gi avivYv, cKvi‡f` I ¸iZ eYbv Ki‡Z cvi‡e|  10. wk¶v_xi ˆewkó¨ I wk¶‡Ki ¸Yvewj eYbv Ki‡Z cvi‡e| 11. Qv Î-wk¶K m¤úK Ges wk¶v I ˆbwZKZvi avivYv eYbv Ki‡Z cvi‡e|  12. wRnv‡`i avivYv, cKvi‡f` I ¸iZ eYbv Ki‡Z cvi‡e| 13. wRnv` I mšvmev‡`i cv_K¨ e¨vL¨v Ki‡Z cvi‡e Ges mšvmev‡`i Kdj eYbv Ki‡Z cvi‡e| **Av‡eMxq** 14. nv°jvn (móvi cwZ KZe¨) I nv°j Bev` (mwói cwZ KZe¨) wPwýZ K‡i ev¯e Rxe‡b Gi h_vh_ c‡qvM Ki‡Z DØ× n‡e| 15. wRnv` I mšvmev‡`i cv_K¨ Ababeb K‡i mšvmg³ gvbeZvev`x Rxebhvc‡b DØ× n‡e| 16. †gŠwjK Bev`vZ¸‡jv cvj‡bi gva¨‡g ˆbwZK I gvbweK Rxeb MV‡b AvMnx n‡e|	• gwnjK-kwgK m¤úK • Bjg (Ávb) : avivYv, cKvi‡f` I ¸iZ  • wk¶v_xi ˆewkó¨ • wk¶‡Ki ¸Yvewj • Qv Î-wk¶K m¤úK • wk¶v I ˆbwZKZv • wRnv`: avivYv, cKvi‡f`, I ¸iZ • wRnv` I mšvmev`	• gwnjK-kwg‡Ki m¤ú‡K Am‡šv‡li KviY¸‡jv **GKKfv‡e** wjwce×KiY| • **`jxq KvR:** †kwY‡Z GKRb wkÿv_xi ˆewkó¨mgn Ges GKRb wkÿ‡Ki ¸Yvewj `jxqfv‡e wjwce×KiY I Dc¯vcb| • **Ab‡"Q` ^Zwi:** wRnv‡`i ¸iZ • mšvmev‡`i Kdj¸‡jv †cv÷v‡i wj‡L †kwY‡Z c`kb|		• wkÿv_xi ˆewkó¨, wkÿ‡Ki ¸Yvewj I Qv Î wkÿK m¤úK †jLvi mgq G mKj wel‡qi BwZevPK cfve Z‡j ai‡Z n‡e| • wRnv‡`i avivYv, cKvi‡f` I ¸iZ Av‡jvPbvi mgq Kcwëi wei‡× wRnv`‡K ¸iZ w`‡Z n‡e Ges †Lqvj ivL‡Z n‡e †hb †Kvgjgwz wkÿv_xiv wRnv‡`i mv‡_ mšvm‡K ¸wj‡q bv †d‡j|

PZ_ Aa¨vq: AvLjvK (PwiÎ) (28 wcwiqW)

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 1. AvLjv‡Ki avivYv, cKvi I ¸iZ eYbv Ki‡Z cvi‡e| 2. ZvKIqvi avivYv I ¸iZ e¨vL¨v Ki‡Z cvi‡e| 3. Avgvb‡Zi avivYv, Avgvb iÿvi Dcvq I Avgvb‡Zi ¸iZ e¨vL¨v Ki‡Z cvi‡e| 4. mZ¨ewm`Zvi avivYv I ¸iZ we‡klY Ki‡Z cvi‡e| 5. Iqv`vcvj‡bi ¸iZ we‡klY Ki‡Z cvi‡e| 6. kvjxbZvi avivYv I ¸iZ eYbv Ki‡Z cvi‡e| 7. åvZZ‡eva I Gi mdj eYbv Ki‡Z cvi‡e| 8. Bmjv‡gi `wó‡Z bvixi ghv`v eYbv Ki‡Z cvi‡e| 9. ¯‡`k‡c‡gi ¸iZ gj¨vqb Ki‡Z cvi‡e| 10. KZe¨civqYZvi ¸iZ eYbv Ki‡Z cvi‡e| 11. cwi”QbZvi avivYv, ¸iZ I Zvrch e¨vL¨v Ki‡Z cvi‡e| 12. wgZe¨wqZvi avivYv c‡qvRbxqZv I ¸iZ eYbv Ki‡Z cvi‡e| 13. AvZ¥mw×i avivYv I ¸iZ eYbv Ki‡Z cvi‡e|	• AvLjvK • AvLjv‡Ki cKvi • AvLjv‡Ki ¸iæZ • K‡qKwU m`vPiY (AvLjv‡K nwg`v) o ZvKIqv: ¸iæZ I ˆbwZK Rxe‡b cfve o Iqv`v cvjb: ¸iæZ o mZ¨ewm`Zv o kvjxbZv o Avgvb‡Z`wi o gvbe‡mev o åvZZ‡eva I mv¤ú`wqK m¤úxwZ o bvixi cwZ m¤§vb‡eva o ¯‡`k †cg o KZe¨civqYZv o cwi”QbZv o wgZe¨wqZv o AvZ¥ïw×	• **`jxq KvR** AvLjv‡K nwg`vi mdj Ges AvLjv‡K hwggvi Kdj Gi Ici GKwU **PvU ˆZwi** K‡i †kwY‡Z Dc¯vcb | • **weZ‡Ki Av‡qvRb** ÒZvKIqvB me mr ¸‡Yi gj|Ó • **†kwY Awfÿv** Avgvb‡Z`vi nIqvi d‡j GKRb gvb‡li e¨w³ Rxe‡bi mweav| • **PvU ˆZwi** **mZ¨ewm`Zvi DcKvwiZv** ↓ **1. e¨w³ Rxeb** — **K. L. M.** **2. cwievwiK Rxeb** — **K. L. M.** **3. mgvwRK Rxeb** — **K. L. M.** • **†kwYi GKK KvR** Iqv`v cvj‡bi mweavmgn • **†kwY‡Z c‡kvË‡ii gva¨‡g Av‡jvPbv** Akvjxbzvi mvgwRK Kdj • **`jxq Av‡jvPbv** åvZZ‡ev‡ai Afv‡e cwievi I mgv‡R Kx Kx ÿwZ nq?	• wkÿK GmwewG Gi †Kvm Iqv‡Ki gvb`‡Ði Av‡jv‡K †kwY I †kwYi evB‡ii hveZxq KvR gj¨vqb Ki‡eb|	• m`vPiYmg‡ni Mi¸æZ e¨vL¨v Kivi cvkvcwk e¨w³, cwievi I mgvR Rxe‡b Gi cfve D`vniYmn (c‡hvR¨ †ÿ‡Î) D‡jL Ki‡Z n‡e • Am`vPiYmg‡ni Kdj I Zv cwinvi Kivi Dcvq D‡jL Ki‡Z n‡e|

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 14. mrKv‡Ri Av‡`k I AmrKv‡Ri wb‡l‡ai ¸iæZ gj¨vqb Ki‡Z cvi‡e|	o mrKv‡Ri Av‡`k I AmrKv‡Ri wb‡la • KwZcq Am`vPiY (AvLjv‡K hvwggv) • cZviYv	• **†kwY‡Z Av‡jvPbvi Av‡qvRb** Bmjv‡gi `wó‡Z mv¤úwZ GKwU mbvMwi‡Ki ¸Y| • **msjvc ^Zwi** Bmjv‡gi `wó‡Z bvixi ghv`v|		
15. wMeZ ev ciwb›`v, cZviYv, I wnsmv-we‡Ø‡li Kdj we‡klY Ki‡Z cvi‡e|	• wMeZ • wnsmv-we‡×I • †dZbv dvmv`	• **`jxq Av‡jvPbv** Bmjv‡gi `wó‡Z †`‡ki ¯vaxbZv I mve‡fŠgZ iÿvq AskMnY| • **Zwwjkv ^Zwi** cwiewiK I RvZxq m¤ú` iÿvq wgZe¨wqZvi c‡qvRbxqZv|		
16. wdrbv-dvmv‡`i AcKwiZv e¨vL¨v Ki‡Z cvi‡e|	• KgwegLZv • AjmZv • m`-Nl	• **`jxq Av‡jvPbv** mrK‡g D¾xweZ Kivi †ÿ‡Î Av‡Z¦ïwi×i c‡qvRbxqZv| • **Dcw¯Z e³Zv** welq- 1. wMeZ, 2. cZviYv, 3. ciwb›`v, 4. wnsmv-we‡Ø| • **AbmÜvbgjK KvR (Investigation)**		
17. m` I N‡li Kdj we‡klY Ki‡Z cvi‡e|		**welq:** cZviYvi mvgwRK ÿwZ I Gi cwZKvi [wkÿv_xiv Zvi cwiev‡ii m`m¨, cwZ‡ekx Ges wkÿK‡`i KvQ †_‡K GKwU ckgvjvi gva¨‡g ck K‡i cZviYv Kxfv‡e mvgwRK ÿwZ mvab Ki‡Q Ges DËi`vZv‡`i gZvg‡Zi wfwË‡Z GB mgm¨v mgvav‡bi Dcvq¸‡jv wjwce× K‡i cwZ‡e`b ^Zwi Ki‡e|]		
Av‡eMxq 18. wbR Rxe‡b Am`vPiY cwinvi K‡i m`vPiY Abkxj‡b DØ× n‡e|				

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
		• **AbmÜv‡bi avc** K. wk‡ivbvg L. Z_¨ msM‡ni ckgvjv ^Zwi M. Z_¨ msMn N. Z_¨ †kwYweb¨vm O. cwZ‡e`b ^Zwi  • **cwZ‡e`b ^Zwii ms‡KZ** K. fwgKv L. AbmÜv‡bi D‡Ïk¨ M. Z_¨ msM‡ni c×wZ N. Z_¨ chv‡jvPbv/we‡klY/cvß djvdj O. Dcmsnvi • **GKK KvR** wdZbv-dvmv‡`i d‡j cwiewiK I mvgvwRK Rxe‡bi AcKvwiZv  • **msjvc ^Zwi** m` I N‡li mvgvwRK Kdj		

cÂg Aa¨vq: Av`k RxebPwiZ (30 wcwiqW)

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 1. Av`k RxebPwi‡Zi ˆewkó¨ eYbv Ki‡Z cvi‡e| 2. cvK Bmjwg h‡M Avi‡ei mvgwRK I mvs¯wZK Ae¯v eYbv Ki‡Z cvi‡e| 3. gnvbwe (m) Gi Rb¥ I ˆkkeKv‡ji NUbvewj I Gi wkÿv eYbv Ki‡Z cvi‡e| 4. gnvbwe (m) Gi ˆK‡kvi eq‡mi mZZv, mn‡hwMZv I mngwgZvi Abb¨ `óvš eYbv Ki‡Z cvi‡e| 5. gnvbwe (m:) Gi †hŠebKv‡ji mD"P ˆbwZK I gvbweK ¸Yvewj we‡klY Ki‡Z cvi‡e| 6. gnvbwe (m) Gi belq¨vZ cwß I Bmjvg cPvi m¤ú‡K eYbv Ki‡Z cvi‡e| **7.** gnvbwe (m) Gi gv`wb Rxe‡bi NUbvejx eYbv Ki‡Z cvi‡e| **8.** gnvbwe (m) Gi gw`bvmb` I mv¤ú`wqK m¤úxwZ eYbv Ki‡Z cvi‡e| 9. gnvbwe (m) Gi we`vq n‡¾i fvlY I fvl‡Y cwZdwjZ gvbewaKvi I mv‡g¨i avivYv, bvixi cwZ m¤§vb‡eva Ges wekåvZZ cwZôvi ¸i‡Z we‡klY Ki‡Z cvi‡e|	• Av`k RxebPwiZ- o Av`k RxebPwi‡Zi ˆewkó¨ o gnvbex nhiZ gnv¤§v` (m) o cvK-Bmjwg h‡M Avi‡ei mvgwRK I mvs¯wZK Ae¯v o gnvbwe (m) Gi Rb¥, ˆkke, ˆK‡kvi I †hŠebKvj o belq¨vZ cwß I Bmjvg cPvi o gv`wb Rxeb o gw`bv mb` I g°v weRq o we`vq nR I n‡Ri fvlY • Ljvdv‡q iv‡k`‡bi Rxebv`k o nhiZ Ave eKi (iv) o nhiZ Dgi (iv) o nhiZ Dmgvb (iv) o nhiZ Avjx (iv) • gmwjg gbxlx o nhiZ Bgvg eLwi (i) o nhiZ Bgvg Ave nwbdv(i)	• **wfwWI wPÎ c`kb** cvK Bmjwg h‡M Avi‡ei Av_-mvgwRK Ae¯vi Ici GKwU wfwWI wPÎ ˆZwi I †kwY‡Z c`kb| • **c‡kvË‡ii gva¨‡g Av‡jvPbv** ˆkk‡e Kx Kx ¸Y _vK‡j gv-evev I Ab¨vb¨iv cQ› `K‡i| gnvbwe (m) Gi ˆkk‡ei ¸Yvewji Zjbvgjk Av‡jvPbv|  • **`jxq Av‡jvPbv** ivmj (m) Gi wnjdj dhj AbKi‡Y Avgv‡`i mgv‡Ri †cÿvc‡U Kx Kx c`‡ÿc †blqv hvq? • **PvU ˆZwi** gnvbwe (m) Gi Bmjvg cPv‡ii †KŠkj • **Ab‡"Q` wjLb** gnvbwe (m) Gi gw`bv AvMgb Dcj‡ÿ gw`bvevmx KZK m¤abv  • **†cv÷vi c`kb** gw`bv mb‡`i Av‡jv‡K Avgv‡`i mgv‡R Kxfv‡e mv¤ú`wqK m¤úxwZ Avm‡Z cv‡i Zv †cv÷vi wj‡L †kwY‡Z c`kb	• wkÿK GmweG Gi †Kvm lqv‡Ki gvb`‡Ði Av‡jv‡K †kwY I †kwYi evB‡ii hveZxq KvR gj¨vqb Ki‡eb|	• Ljvdv‡q iv‡k`‡bi Rxebv`k Dc¯vc‡bi mgq 6ô I 7g †kwY‡Z D‡jwLZ ¸bvewj I Ae`vbmgn we‡ePbvq †i‡L Ab¨vb¨ D‡jL‡hvM¨ ¸Yvewj‡K cvavb¨ w`‡Z n‡e| • Ávb-weÁvb I chw³ PPvq wbawiZ gbxlxM‡Yi Ae`vb Ggbfv‡e Dc¯vcb Ki‡Z n‡e †hb wkÿv_x gvbeKj¨v‡Y Ávb-weÁvb I chw³ PPvq DØ× nq|

cÂg Aa¨vq: Av`k RxebPwiZ (30 wcwiqW) **Pjgvb 2**

wkLb dj	welqe¯	wkLb-†kLv‡bv wb‡`kbv	gj¨vqb wb‡`kbv	we‡kl †jLK wb‡`kbv
ew×eËxq 10. gnvbwe (m) Gi g°v weRq I ÿgvi Av`k eYbv Ki‡Z cvi‡e| 11. Ljvd‡q iv‡k`‡bi cwiPq I Rxebv`k eYbv Ki‡Z cvi‡e|  12. Ljvdv‡q iv‡k`‡bi Pwi‡Î cùwUZ ¸Yvewj: gvbe‡mev, `vbkxjZv, D`viZv, Ávb PPv, cRvevrmj¨, b¨vqwePvi I mkvmb eYbv Ki‡Z cvi‡e| 13. gmwjg gbxlxM‡Yi Pwi‡Î cùwUZ ¸Yvejx: mgvR‡mev, mvg¨, MYZwšK †PZbv, åvZZ‡eva, mngwgZv †mŠnv`, wek¯Zv, Z¨vM I ¶gv, †`k‡cg, c‡ivcKwiZv I wk¶v we¯v‡i Ae`vb m¤ú‡K eYbv Ki‡Z cvi‡e| 14. Ávb-weÁvb I chw³i †ÿ‡Î we‡klZ wPwKrmv, imvqb, f‡Mvj I MwYZ kv‡¯ gmjgvb‡`i Ae`vb eYbv Ki‡Z cvi‡e| **Av‡eMxq** 15. gmwjg gbxlxM‡Yi Pwi‡Î cùwUZ ¸Yvejx Abmi‡Y wbR Rxeb MV‡b DØ× n‡e| 16. weÁvb I chw³ PPvq gmjgvb‡`i Ae`v‡bi K_v ¯§iY K‡i weÁvb I chw³ PPvi gva¨‡g gvbe‡mevq AvZ¥b‡qvM Ki‡Z AvMnx n‡e|	o nhiZ Bgvg hhvjx (i) o Be‡b Rwii AvZZvewi(i) • Ávb-weÁvb I chw³ PPvq gmjgvb‡`i Ae`vb • **wPwKrmv kv‡¯-** o Ave eKi gnv¤§`Beb hvKwiqv Avj iwh o Avj wei“wb o Be‡b mxbv o Be‡b i“k` • **imvqb kv‡¯-** o Rv‡ei Be‡b nvBqvb o Avj-wKw›` o Rbbb wgmwi o Be‡b Avãj gv‡jK Avj-KwQ • **f‡Mvj kv‡¯-** o Avj-†gvKv‡Ïwm o Avj-gvmw` o BqvKZ Beb Ave`jvn o Be‡b Lvj`b • MwYZ kv‡¯Ñ o Avj-Lvlqvihwg o Be‡b nvqmvg o Igi ^Lqvg o bwmiÏxb Zmx	• **†kwY‡Z Av‡jvPbv** we`vq n‡Ri fvl‡Yi Av‡jv‡K eZgvb mgv‡R Kxfv‡e bvixi cwZ m¤§vb‡eva / gvbewaKvi cwZôv Kiv hvq  • **c‡kvË‡ii gva¨‡g Av‡jvPbv** Avgv‡`i ev¯eRxe‡b gnvbwe (m) Gi ÿgvi Av`k Kxfv‡e AbmiY Kiv hvq Gi Ici †kwY‡Z Av‡jvPbvi Av‡qvRb  • **Dcw¯Z e³Zv** †Lvjvdv‡q iv‡k`‡bi Pwiwî ¸Yvewj- 1. gvbe‡mev 2. `vbkxjZv 3. Ávb PPv 4. b¨vqwePvi 5. mkvmb  • **†cv÷vi c`kb** gmwjg gbxlxM‡Yi Pwi‡Î cùwUZ ¸Yvewj †cv÷v‡i wj‡L †kwY‡Z c`kb Ges Avgv‡`i mgv‡R G me ¸Yvewj ev¯‡e KZUK †`Lv hvq, Gi Ici Av‡jvPbvi Av‡qvRb  • **`jxq Av‡jvPbv** Ávb-weÁvb I chw³i †ÿ‡Î gmjgvb‡`i Ae`v‡bi Ici `jxq Av‡jvPbvi Av‡qvRb Ges djvdj Dc¯vcb		

5. †jLK wb‡`kbv

wk¶v_x‡`i Rb¨ †evaMg¨, AvKlYxq, Avb›``vqK I gvbm¤§Z cvV¨c¯K iPbvi †¶‡Î †jL‡Ki Rb¨ wKQ wb‡`kbvi mcwik Kiv n†jv :

1. †jLK‡K Aek¨B ïi‡Z **Bmjvg I ^bwZK wkÿv** wel‡qi wk¶vµg `wjjwU fv‡jvfv‡e cvV K‡i Gi D‡Ïk¨, ¸i‡Z I ggv_ Abaveb Ki‡Z n‡e| we‡kl K‡i wk¶vµ‡g ewYZ wkLbdj, welqe¯, wkLb-†kLv‡bv †KŠkj, D`vniY, gj¨vqb BZ¨w` †gŠj welq¸‡jv fv‡jvfv‡e AvqË K‡i wb‡eb|
2. †jLK‡K Aek¨B cvV¨c¯K iPbvi mgq wk¶v_x‡`i eqm, wk¶v¯i I cvV`v‡bi m‡hvM mweav we‡ePbvq ivL‡Z n‡e|
3. ZwËK I Abkxjbagx welq¸‡jv Ggbfv‡e ev¯e D`vniY, wPÎ, Qwe, PvU, gvbwPÎ BZ¨w` mgš‡q mnRfvlvq Dc¯vcb Ki‡Z n‡e hv‡Z †evaMg¨ I wk¶v_xevÜe nq| Kvhµg¸‡jv Aek¨B welqm¤ú³, RxebNwbô, A_cY I ¯úó nlqv evÃbxq|
4. cwZwU cvV Dc¯vcbvi mgq welq ev cZ¨‡qi msÁv w`‡q ïi‡ Kivi ixwZ wbi‡rmwnZ Kiv n‡"Q| eis cvV iPbvi mgq D`vniYmn eYbv Kivi civgk †`lqv n‡"Q hv‡Z wk¶v_x eYbvi ga¨ w`‡q AbmÜvbgjK `wófw½ wb‡q wel‡qi ggv_ Dcjwä Ki‡Z m¶g nq|
5. e¨w³ I mgvRRxe‡b m`vPi‡Yi BwZevPK I Am`vPi‡Yi †bwZevPK cfve cvV¨c¯‡K mwVKfv‡e Dc¯vc‡bi Rb¨ †jLK msev`cÎ, Rvbvj, cKwkZ c¯K, wbeÜ, cwZ‡e`b, m¤úv`Kxq BZ¨w`i mvnvh¨ wb‡Z cv‡ib| Z‡e G †¶‡Î mswkó Kwc¯Z AvBb Aek¨B AbmiY Ki‡Z n‡e|
6. welqe¯i Dc¯vcbvq mZZv, ^bwZKZv, †`k‡cg, ag wbi‡cÿZv, cigZmwnòZv BZ¨w` mvgwRK I ^bwZK ¸Yvewji e¨vL¨vq Bmjvg wkÿvi jÿ¨ I Av`k Ges Avgv‡`i †MŠi‡ev¾j BwZnvm, gnvb gw³h‡×i †PZbv, wbR¯ HwZn¨ I ms¯‹Zi cwZ Aek¨B ¸i‡Z w`‡Z n‡e|
7. Z‡_¨i †idv‡i›m †`lqvi †ÿ‡Î cPwjZ ixwZ Aek¨B AbmiY Ki‡Z n‡e|
8. †jLK cwZwU cvV iPbvi ïi‡Z e‡· wkLbdj wj‡L ïi‡ Ki‡eb| GKB wkLbd‡ji †hgb GKwaK cvV n‡Z cv‡i †Zgwb GKwaK wkLbd‡ji GKwU cvV n‡Z cv‡i| jÿ ivL‡Z n‡e cwZwU cvV †k‡l wbw`ó wkLbdjwU †hb AwRZ nq| wkÿv_x‡`i Abkxj‡bi Rb¨ cwZ Aa¨vq †k‡l chvß eûwbevPwb, mRbkxj ckmn Ab¨vb¨ Kvhµg ms‡hvRb Ki‡Z n‡e|
9. Pjw Z fvlvq evsjv GKv‡Wgxi cwgZ evbvbixwZ AbmiY K‡i iPbv Ki‡Z n‡e| †UKwbK¨vj kã I cwifvlvi †¶‡Î Bs‡iwR/Awi we kã/Awfav e¨envi Ki‡Z cvi‡eb| evsjv e¨envi Ki‡j eÜbxi g‡a¨ Bmjvg cwifvlv e¨envi Ki‡Z n‡e|
10. wk¶vµ‡gi wb‡`kbv Abhvqx cwZwU cvV 50 wgwb‡U Dc¯vcbvi Dc‡hvMx K‡i wjL‡Z n‡e| cwZwU cvV cvkvcwk `‡Uv côvq chvß wkLb-†kLv‡bv Kvhµgmn wjL‡Z n‡e| ZvQvov wkLb-†kLv‡bv Kvhµg Z_v †kwYi KvR, †gŠwLK Dc¯vcbv (weZK, Dcw¯Z e³Zv BZ¨w`), ewnoi KvR, AbmÜvbgjK KvR I `jMZKvR cwiPvjbv/cixÿY/ Abkxj‡bi Rb¨ AwZwi³ wcwiqW we‡ePbvq †i‡L (c¯‡Ki Rb¨ wbawiZ côvi g‡a") cvV¨c¯K iPbv Ki‡Z n‡e|
11. cvV¨c¯‡Ki côv msL¨vt 130-140 côv|
12. cvÊwjwc : K. d›U mvBR 13 n‡Z n‡e| L. jvBb †¯úm 1.5 n‡Z n‡e| M. cvÊwjwci mvBR 1/8 wWm (10.5″ ×7.75″) n‡e| N. K‡›U›U Gwiqv 9.5″×6.25″ n‡Z n‡e|

জাতীয় শিক্ষাক্রম ও পাঠ্যপুস্তক বোর্ড, ৬৯-৭০, মতিঝিল বাণিজ্যিক এলাকা, ঢাকা-১০০০